

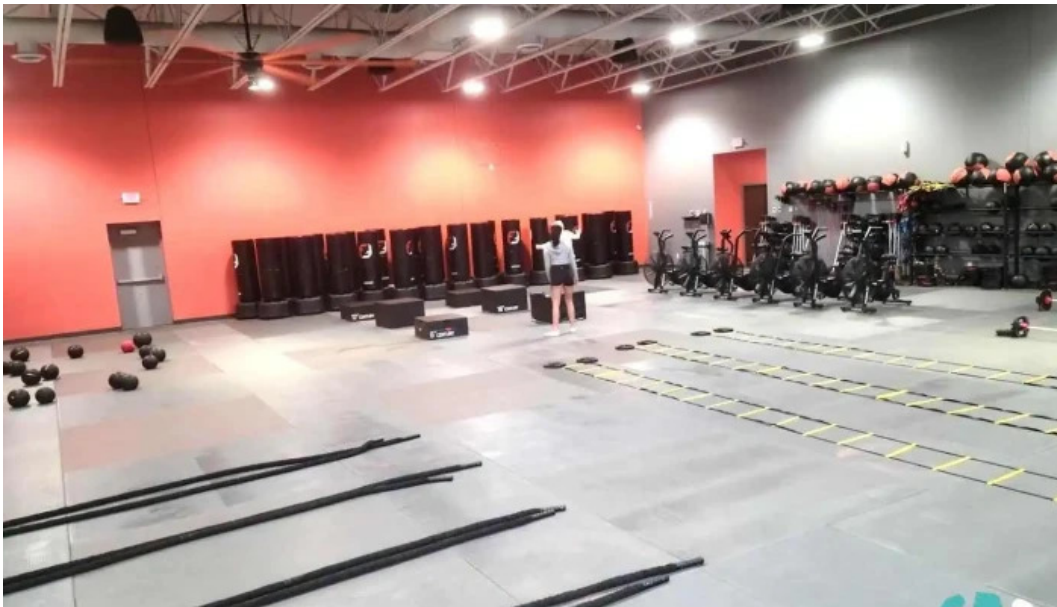
Fitaholic Fitness - Ham Lake - Ham Lake

ham lake

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https://www.electrofitness.com/gym/ham-lake/fitaholic-fitness-ham-lake-ham-lake_351850.php



ham lake

Fitaholic Fitness - Ham Lake - Ham Lake

Discover Fitaholic Fitness - Ham Lake

Located in the vibrant community of Ham Lake, Minnesota, **Fitaholic Fitness** stands out as a premier gym that caters to individuals seeking a supportive and motivating environment. With a range of **on-site services**, this gym has become a popular choice for fitness enthusiasts of all levels.

Membership and Accessibility

Joining Fitaholic Fitness requires a **membership**, which opens the door to numerous amenities, including dynamic workout classes, personalized training, and a welcoming community atmosphere. The gym prides itself on its **accessibility**, featuring a **wheelchair-accessible entrance** and **wheelchair-accessible car park**. Additionally, members can enjoy the convenience of a clean and accessible **toilet** facility.

Comprehensive Amenities

Fitaholic Fitness offers an array of **amenities** designed to enhance the workout experience. Members appreciate the spacious layout, state-of-the-art equipment, and a refreshing **swimming pool** for relaxation. The gym's commitment to providing a variety of workouts ensures that every visit is exciting and different, with classes including HIIT, strength training, and kickboxing.

Flexible Class Schedules and Online Options

With group fitness classes available six days a week, including morning and afternoon options, Fitaholic Fitness accommodates various schedules. Members have also praised the availability of **online classes**, allowing them to stay active from the comfort of their homes.

A Women-Owned Business

Identifying as **women-owned**, Fitaholic Fitness fosters a welcoming environment for all individuals. The owners and trainers are passionate about empowering members on their fitness journeys, creating a strong sense of community.

Community Feedback

With numerous glowing reviews, it is clear that Fitaholic Fitness has made a significant impact on its members' lives. As one member stated, "This gym has truly been a game-changer for me," highlighting the supportive atmosphere that helps individuals rediscover their strength and health. Another member emphasized the quality of instruction, noting that the trainers are "knowledgeable, motivating, and awesome." The diverse range of participants creates an inclusive setting where everyone feels welcome, regardless of their fitness level.

Join the Fitaholic Family

If you're looking for a fun, engaging, and results-driven fitness environment, look no further than **Fitaholic Fitness in Ham Lake**. Explore your potential

alongside a community that supports and encourages every step of your journey. Experience firsthand why so many have found success and joy within these walls.

The location of our premises is

13352 Aberdeen St NE, 55304 Ham Lake, Minnesota - United States (US)

The contact phone of this **Gym** is +1612-208-3305

And if you want to send a WhatsApp, you can do so at +1612-208-3305

Our public attention hours are:

Day Hours
Monday

4:30–10:30?AM 3–5:30?PM

Tuesday

4:30–10:30?AM 3–5:30?PM

Wednesday

4:30–10:30?AM 3–5:30?PM

Thursday

6–9:30?AM

Friday
Closed

Saturday

4:30–10:30?AM 3–5:30?PM

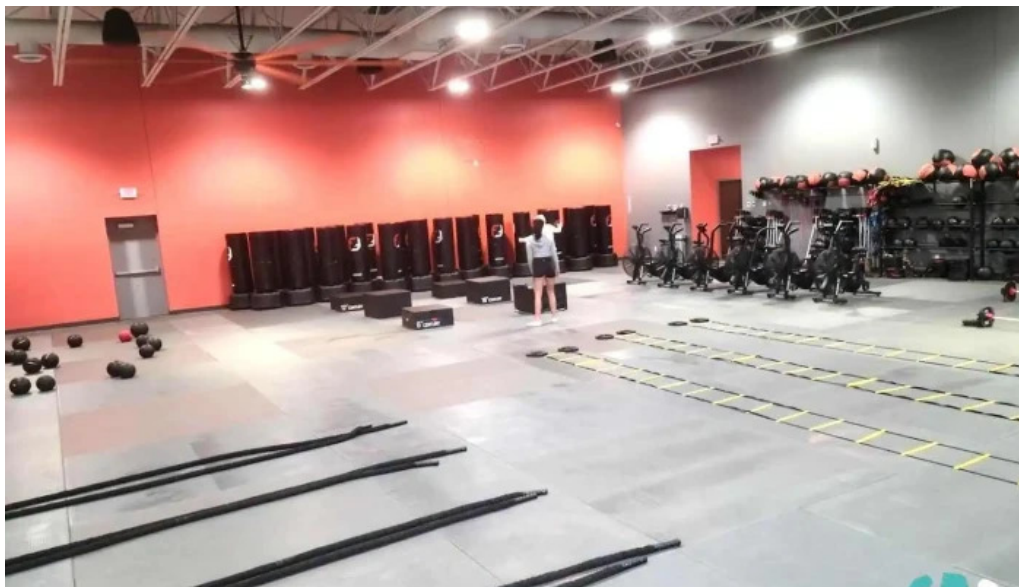
Sunday

4:30–10:30?AM 3–5:30?PM

The website is Fitaholic Fitness - Ham Lake

If necessary to adjust any data that you believe is not accurate concerning this site, we urge you to deliver a message so we can we will adjust it promptly. With anticipation thank you very much.

Images



Fitaholic fitness ham lake ham lake



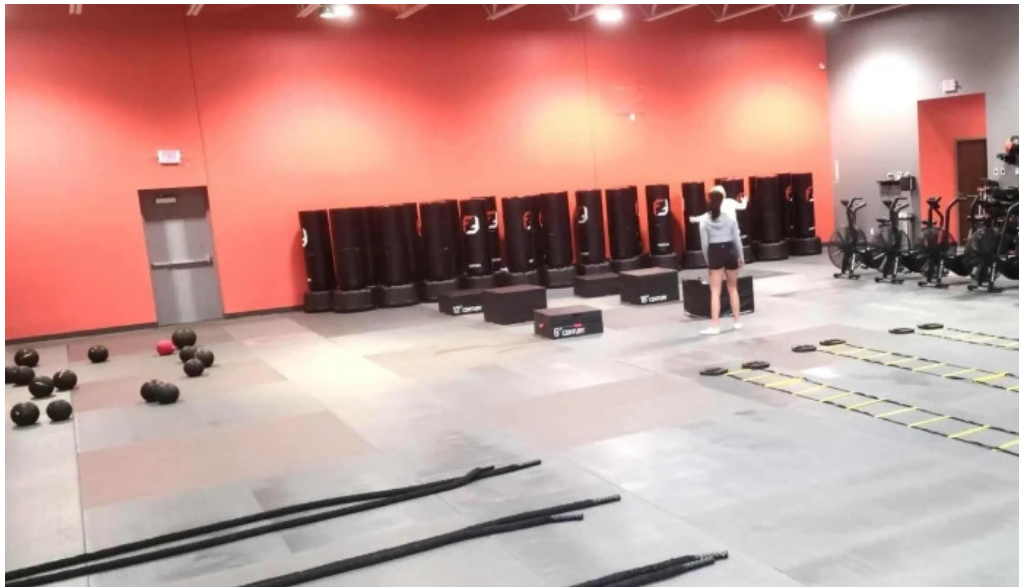
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Fitaholic fitness ham lake website



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Fitaholic fitness ham lake near me



Fitaholic fitness ham lake map



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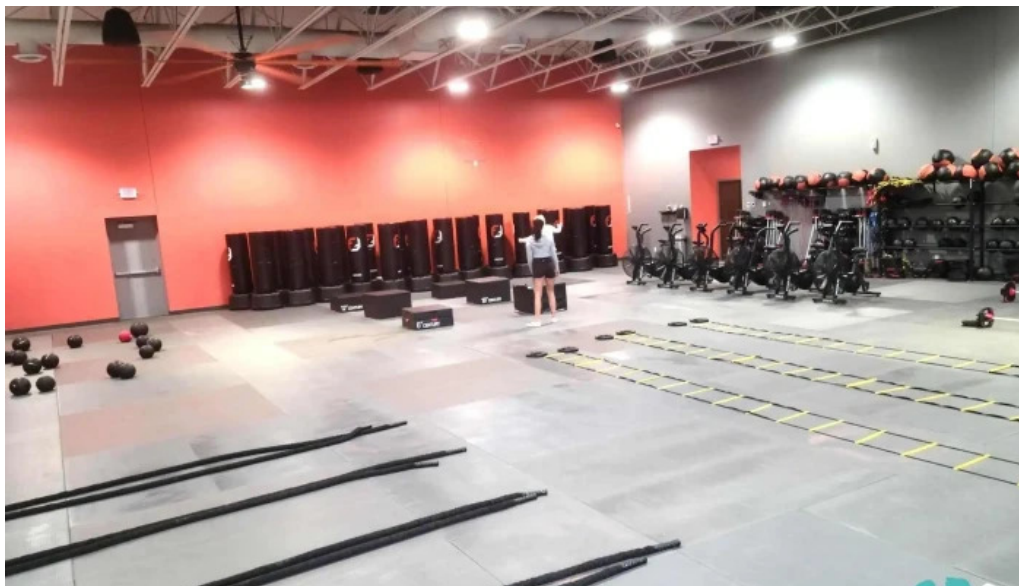
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Fitaholic fitness ham lake catalog



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Tags

Accessibility, Swimming pool, Identifies as women-owned, From the business, Wheelchair-accessible entrance, Online classes, On-site services, Membership required, Service options, Wheelchair-accessible car park, Toilet, Planning, Amenities

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