

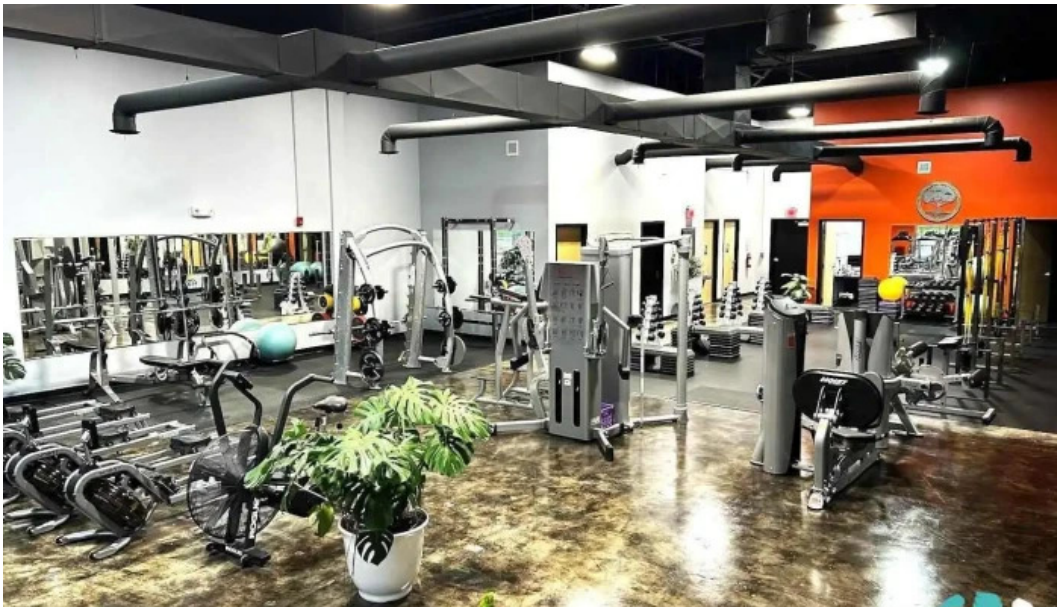
## Fitness Escape - Hastings

hastings

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*hastings*

### *Fitness Escape - Hastings*

#### **Welcome to Fitness Escape in Hastings, Nebraska**

Fitness Escape is not just a gym; it's a community designed for everyone, regardless of their fitness level. With an emphasis on **\*\*accessibility\*\***, this facility ensures that every member feels welcome and supported throughout their fitness journey.

#### **Accessibility for All**

One of the standout features of Fitness Escape is its commitment to accessibility. The **\*\*wheelchair-accessible entrance\*\*** and

**\*\*wheelchair-accessible car park\*\*** allow individuals with disabilities to participate fully in all activities. This inclusivity makes it a perfect choice for anyone looking to start or continue their fitness journey.

### **On-Site Services**

At Fitness Escape, you'll find a variety of **\*\*on-site services\*\*** that enhance your workout experience. Offering everything from **\*\*InBody scans\*\*** to an **\*\*infrared sauna\*\***, this gym is equipped with the tools necessary for comprehensive health and wellness. Members appreciate the high-quality, clean environment that promotes a positive atmosphere for workouts.

### **Flexible Service Options**

Flexibility is key, and at Fitness Escape, there are multiple **\*\*service options\*\*** available to fit different schedules. With group classes offered at various times throughout the day, members can easily find a class that works for them. The 24/7 open gym access also allows for workouts at any time, making it convenient for all lifestyles.

### **A Supportive Community**

The warm and welcoming environment at Fitness Escape is echoed in the testimonials from its members. Jacque, the head trainer, is praised for her knowledge and support, catering to clients regardless of where they are in their **\*\*fitness journey\*\***. Many members have noted that they feel right at home, describing the gym as a place where they can grow stronger together.

### **Why Choose Fitness Escape?**

If you're looking for a gym that takes into consideration accessibility, offers excellent on-site services, and provides flexible options to suit your needs, Fitness Escape is the place for you. Join a community that encourages growth and positivity, ensuring that your experience is both fulfilling and enjoyable. With dedicated trainers like Jacque and an array of supportive members, your fitness goals are within reach. The first class is free, so why not give it a try? Experience the difference at Fitness Escape and unlock your potential today!

### **Our business is located at**

*905 Theatre Dr Suite 102, 68901 Hastings, Nebraska - United States (US)*

The phone of the mentioned **Gym** is +1402-303-6420

And if you want to send a WhatsApp, you can do so at +1402-303-6420

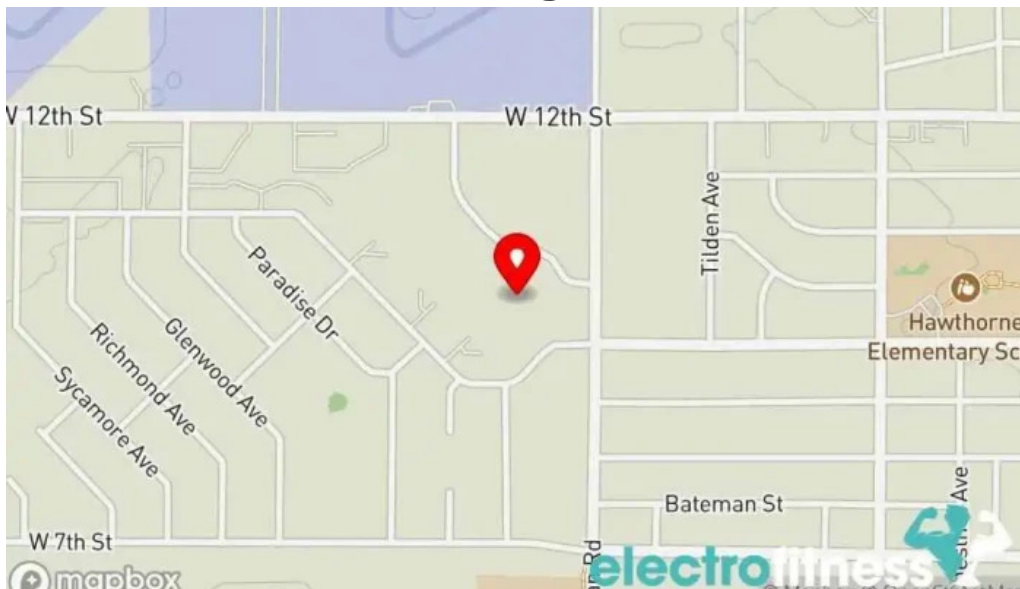
### **Our public attention hours are:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

The website is [Fitness Escape](#)

If necessary to change any data that you think is not accurate about this site, we kindly request send a message and we will correct it promptly. With anticipation we appreciate it.

## Images



*Fitness escape map*



*Fitness escape hastings*



*Fitness escape gym*



*Fitness escape by owner*



*Fitness escape all*

## Tags

*Wheelchair-accessible entrance, On-site services, Service options, Wheelchair-accessible car park, Accessibility*

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<b>4.7 *</b>	<i>United Fitness - Augusta</i>
<b>5.0 *</b>	<i>Ibx Fitness - Albany</i>
<b>5.0 *</b>	<i>FiTrain Llc - Valparaiso</i>
<b>4.7 *</b>	<i>Become Fitness - Westford</i>

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academic department
amusement park ride
arena
association / organization
athletic club
bar
body shaping class
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boxing ring
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chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store

gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club

sporting goods store
sports club
sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weightlifting area
wellness center
wellness program
yoga instructor
yoga studio
youth organization