

## Border Flex Fitness - Hidalgo

hidalgo



Published on: 17/03/25	Hits: 280
Comments: 0	See comments
Votes: 28	Score: 4.9

[https://www.electrofitness.com/gym/hidalgo/border-flex-fitness-hidalgo\\_165929.php](https://www.electrofitness.com/gym/hidalgo/border-flex-fitness-hidalgo_165929.php)



*hidalgo*

### *Border Flex Fitness - Hidalgo*

#### **Discover Border Flex Fitness: The Premier Gym in Hidalgo, Texas**

If you're on the lookout for a top-notch gym experience in Hidalgo, Texas, look no further than **Border Flex Fitness**. Known for its immaculate cleanliness and welcoming atmosphere, this gym stands out as a beacon for fitness enthusiasts.

#### **Amenities That Impress**

Border Flex Fitness offers a variety of **amenities** that cater to all of your workout

needs. From old-school machinery like the **Cybex hack squat** and **chest-supported row** to modern cardio equipment, members can enjoy a comprehensive fitness experience. The gym is well-maintained, ensuring that every machine is in great condition and ready for use. Members appreciate the availability of equipment, allowing everyone to pursue their workouts without hassle.

## **Accessibility Features**

One of the outstanding features of Border Flex Fitness is its focus on **accessibility**. The gym boasts a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, making it easy for all individuals to access the facility. This commitment to inclusivity ensures that everyone feels welcome and can partake in their fitness journey. Furthermore, the gym provides a clean and functional **toilet** that adheres to accessibility standards, enriching the overall experience for its members.

## **Cleanliness and Maintenance**

The importance of cleanliness cannot be overstated at Border Flex Fitness. Many members have praised the gym as "the cleanest and best smelling gym" they have ever visited. The friendly staff, including the owner, are dedicated to maintaining an environment that is not only appealing but also hygienic. With well-kept showers, restrooms, and a constant presence of the owner to assist with any issues, members feel valued and cared for while they work towards their fitness goals.

## **A Friendly Atmosphere**

Border Flex Fitness has cultivated a friendly atmosphere where members feel like part of a community. The helpful demeanor of both the staff and fellow gym-goers creates an encouraging environment, making it an ideal place to start or continue your fitness journey. The positive experiences shared by members highlight the supportive nature of the gym, resulting in many expressing a strong desire to return consistently.

## **Conclusion**

Whether you're a seasoned gym-goer or just starting out, **Border Flex Fitness** in Hidalgo, Texas, offers an exceptional fitness experience with its outstanding amenities, commitment to cleanliness, and a welcoming atmosphere. This gym truly embodies what it means to create a space where everyone feels comfortable and motivated to achieve their fitness goals. For anyone in the area looking for a gym that ticks all the boxes, Border Flex

Fitness comes highly recommended—your journey to fitness starts here!

**The location of our business is in**

123 International Blvd D, 78557 Hidalgo, Texas - United States (US)

The phone number of the respective **Gym** is +1956-457-3221

And if you want to send a WhatsApp, you can do so at +1956-457-3221

**We look forward to seeing you at:**

Day	Hours
Monday	8?AM–5?PM
Tuesday	4?AM–10?PM
Wednesday	4?AM–10?PM
Thursday	4?AM–10?PM
Friday	4?AM–10?PM
Saturday	4?AM–10?PM
Sunday	8?AM–5?PM

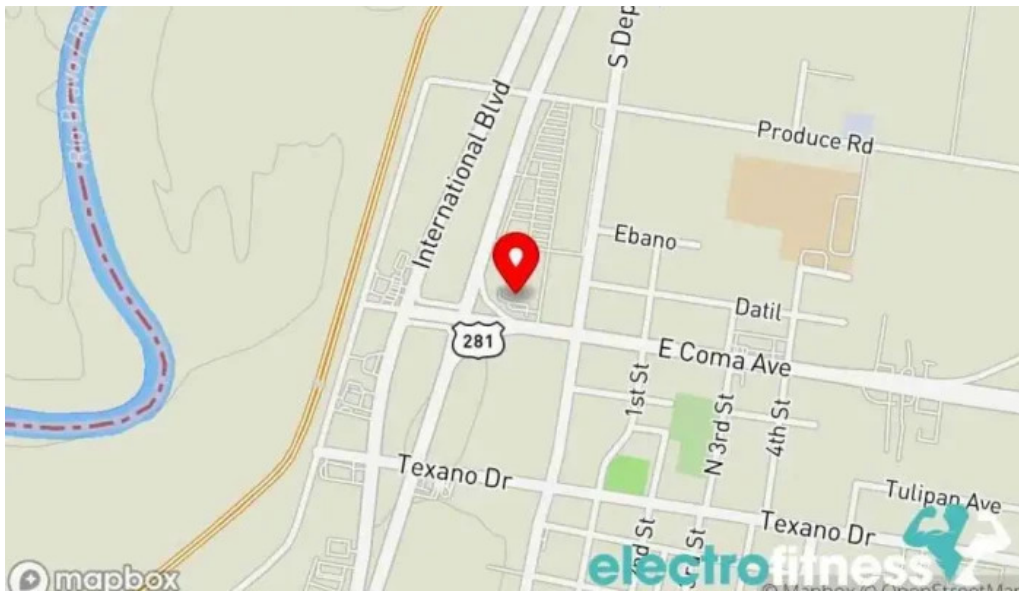
The website is Border Flex Fitness

If necessary to update any information that you consider is not correct concerning this web, we urge you to send a message so that we will handle it quickly. Thanks beforehand thank you very much.

**Images**



*Border flex fitness street view 360deg*



*Border flex fitness map*



*Border flex fitness hidalgo*



*Border flex fitness gym*



*Border flex fitness by owner*



*Border flex fitness all*

## Tags

[Wheelchair-accessible entrance](#), [Amenities](#), [Accessibility](#), [Wheelchair-accessible car park](#), [Toilet](#)

## Related content

---

4.8 \* [Fitness Evolution - St John](#)

---

4.9 \* [Orangetheory Fitness - Dyer](#)

---

5.0 \* [Hyperthrive Athletics Texas - Abilene](#)

---

4.7 \* [Hendrick Health Club - Abilene](#)

5.0 *	<i>The Yoga Room - Crown Point</i>
5.0 *	<i>United Athletics Fitness - Littlestown</i>
5.0 *	<i>Integrated Movement - Valparaiso</i>
3.8 *	<i>Abbotsford Elementary School - Abbotsford</i>
4.3 *	<i>Anytime Fitness - Aberdeen</i>
4.9 *	<i>Hotworx - Abilene, Tx - Allen Ridge - Abilene</i>

## Categories

amusement park ride
arena
association / organization
boxing gym
boxing ring
church
community center
convenience store
country club
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
health consultant
hospital
hotel
indoor cycling
jujitsu school
kickboxing school
martial arts club
martial arts school
non-profit organization
personal trainer
physical fitness program
physical therapy clinic

pilates studio
public educational institution
recreation center
rock climbing gym
school district office
shooting range
sports complex
tennis club
thrift store
vitamin & supplements store
wellness center
yoga studio