

Balance Fitness - Hillsboro

hillsboro

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https://www.electrofitness.com/gym/hillsboro/balance-fitness-hillsboro_303948.php



hillsboro

Balance Fitness - Hillsboro

Discover Balance Fitness: Your Community Gym in Hillsboro, Oregon

Welcome to ****Balance Fitness****, a hidden gem nestled in the heart of Downtown Hillsboro, Oregon. This locally owned gym offers a welcoming atmosphere that embraces inclusivity and community spirit, making it a popular choice for fitness enthusiasts.

An LGBTQ+ Friendly Environment

Balance Fitness identifies as ****LGBTQ+ owned**** and is proud to provide a ****transgender safe space**** where all individuals can feel comfortable and

accepted. The gym emphasizes respect and kindness, creating a supportive environment for everyone, regardless of their background or fitness level.

Accessibility for All

Accessibility is a priority at Balance Fitness. With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, the gym ensures that all members can enjoy its facilities without barriers. Whether you are coming for a workout or just to check out the amenities, you will find everything designed for ease of access.

A Unique Atmosphere and Amenities

Walking into Balance Fitness feels like stepping into a second home. The **atmosphere** is warm, friendly, and unpretentious, making it an ideal place for both newcomers and seasoned gym-goers. The gym is equipped with top-notch machines and offers various **on-site services**, including personal training and a sauna for relaxation post-workout. Members rave about the cleanliness of the facility, which is meticulously maintained by the owners, Mike and Eddie. The availability of **Wi-Fi** adds an extra layer of convenience, allowing you to stay connected while focusing on your fitness goals.

Flexible Offerings and Service Options

Balance Fitness offers a diverse array of **online classes** and in-person sessions tailored to meet the needs of its members. With no need for appointments to drop in (though they may be required for specific classes), you can easily fit a workout into your busy schedule. Additionally, the gym provides excellent shower facilities and changing rooms, ensuring a comfortable experience for all.

A Community Like No Other

What sets Balance Fitness apart is its passionate community. Members describe the gym as a place where friendships flourish and support is abundant. The trainers, including popular instructors for classes like Zumba and yoga, are dedicated to helping you achieve your fitness aspirations while fostering an encouraging environment. Join a community that motivates each other and feels more like family than a fitness center. As one member said, "Support local. Lift heavy. Feel at home."

Plan Your Visit Today

If you're looking for a gym that provides an exceptional blend of accessibility, community, and tailored fitness offerings, look no further than Balance Fitness in Hillsboro, Oregon. Whether you're new to fitness or a seasoned athlete, you'll find everything you need to succeed. Take advantage of the **free trial week** offered for prospective members. Experience firsthand the warmth and dedication that make Balance Fitness truly special. Come in, explore the space,

and find your place among the supportive community that awaits you.

You can find us at

115 SE 2nd Ave, 97123 Hillsboro, Oregon - United States (US)

The contact phone of the mentioned **Gym** is +1503-303-6993

And if you want to send a WhatsApp, you can do so at +1503-303-6993

Visit us during the following hours:

| Day | Hours |
|-----------|------------|
| Monday | 3?AM–12?AM |
| Tuesday | 3?AM–12?AM |
| Wednesday | 3?AM–12?AM |
| Thursday | 3?AM–12?AM |
| Friday | 3?AM–12?AM |
| Saturday | 3?AM–12?AM |
| Sunday | 3?AM–12?AM |

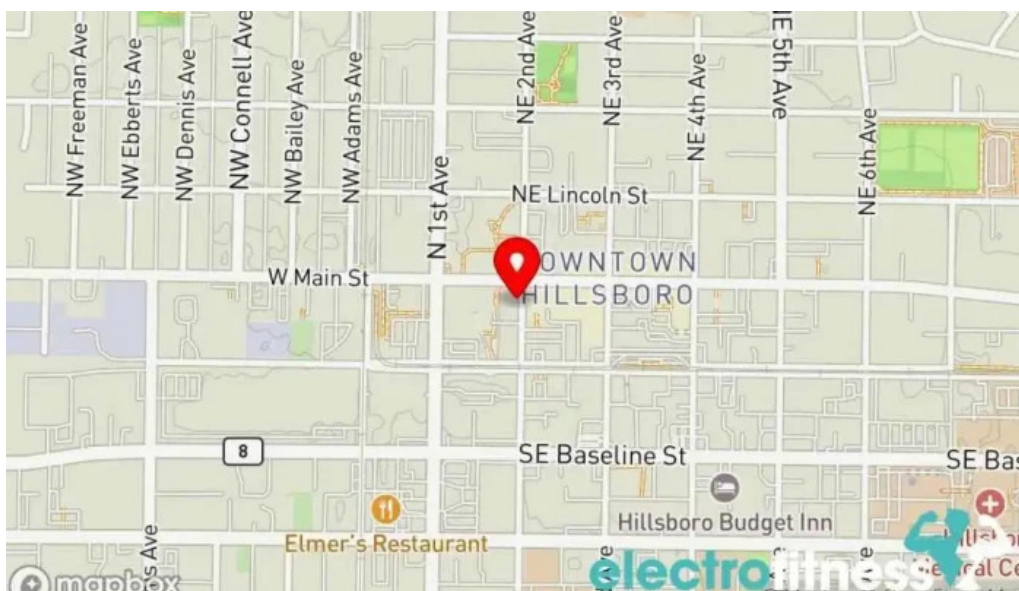
The website is Balance Fitness

If you wish to modify any data that you think is not precise about this site, we urge you to send a message so that we will correct it as soon as possible. In advance we appreciate it.

Images



Balance fitness street view 360deg



Balance fitness map



Balance fitness hillsboro



Balance fitness gym



Balance fitness by owner



Balance fitness all

Tags

Service options, Transgender safe space, Appointment required, On-site services, Offerings, Planning, Wheelchair-accessible car park, Accessibility, Identifies as LGBTQ+ owned, Sauna, Crowd, From the business, Shower, Wheelchair-accessible entrance, Wi-Fi, LGBTQ+ friendly, Amenities, Online classes, Atmosphere

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| 5.0 * | <i>Athletic Balance, LLC d/b/a Chinese Martial Arts - Acton</i> |

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| apartment complex |
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| athletic club |
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| batting cage center |
| body shaping class |
| boot camp |
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| boxing gym |
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| church |
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| health food store |
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