

Iron Lab Fitness - Holland

holland

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https://www.electrofitness.com/gym/holland/iron-lab-fitness-holland_284324.php



holland

Iron Lab Fitness - Holland

Discover Iron Lab Fitness: The Premier Gym in Holland, Michigan

If you're in Holland, Michigan, and looking for a gym that offers an extensive range of amenities and excellent service, look no further than Iron Lab Fitness. This versatile facility has become a favorite among fitness enthusiasts for its comprehensive offerings and welcoming atmosphere.

Planning Your Fitness Journey

At Iron Lab Fitness, planning your fitness journey has never been easier. Whether you are a seasoned athlete or just starting, the gym provides **online

classes** to cater to every fitness level. Members can access various workouts from the comfort of their homes, ensuring that everyone stays on track with their goals.

Amenities That Enhance Your Workout

Iron Lab Fitness boasts an impressive array of **amenities** designed to support your fitness needs. The gym features a large space filled with top-of-the-line equipment, including free weights, cardio machines, and dedicated deadlift platforms. Additionally, members can enjoy **on-site services** such as a sauna available 24/7, providing a perfect way to relax after an intense workout. The gym also includes: - **Sauna** for post-workout relaxation - **Wi-Fi** for easy access to workout plans and online classes - A **wheelchair-accessible car park** to ensure that all members can easily access the gym

Accessibility and Community

Iron Lab Fitness is committed to being accessible to everyone. The facility includes a **wheelchair-accessible car park** and fully accommodates individuals with disabilities, ensuring everyone has the opportunity to reach their fitness goals. Moreover, the friendly staff and supportive community create an inviting atmosphere where members can feel comfortable seeking help and advice.

Membership Required for Full Access

To make the most of what Iron Lab Fitness has to offer, a **membership is required**. Luckily, membership options are straightforward and come without long-term contracts, making it easy for anyone to join the community. The gym's management prioritizes a friendly relationship with members, making it easier for newcomers to acclimate and find their footing.

On-Site Services for Every Need

In addition to fitness equipment, Iron Lab Fitness provides various **on-site services** such as tanning booths and locker rooms with showers. While some may find the facilities occasionally disorganized, the overall cleanliness and maintenance of the gym have received praise. Regular updates and communication are priorities for the owners, demonstrating their commitment to creating a fantastic experience for all members.

Experience the Iron Lab Difference

With a positive atmosphere and dedicated owners who genuinely care about their members, Iron Lab Fitness stands out as one of the best gyms in Holland. Whether you're here for strength training, cardio, or to unwind in the sauna, this gym has everything you need to succeed in your fitness journey. Join today and become part of a thriving community focused on health, fitness, and personal

growth!

We are found at

147 Veterans Dr, 49423 Holland, Michigan - United States (US)

The contact phone of the respective **Gym** is +1616-848-7776

And if you want to send a WhatsApp, you can do so at +1616-848-7776

We are open during the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

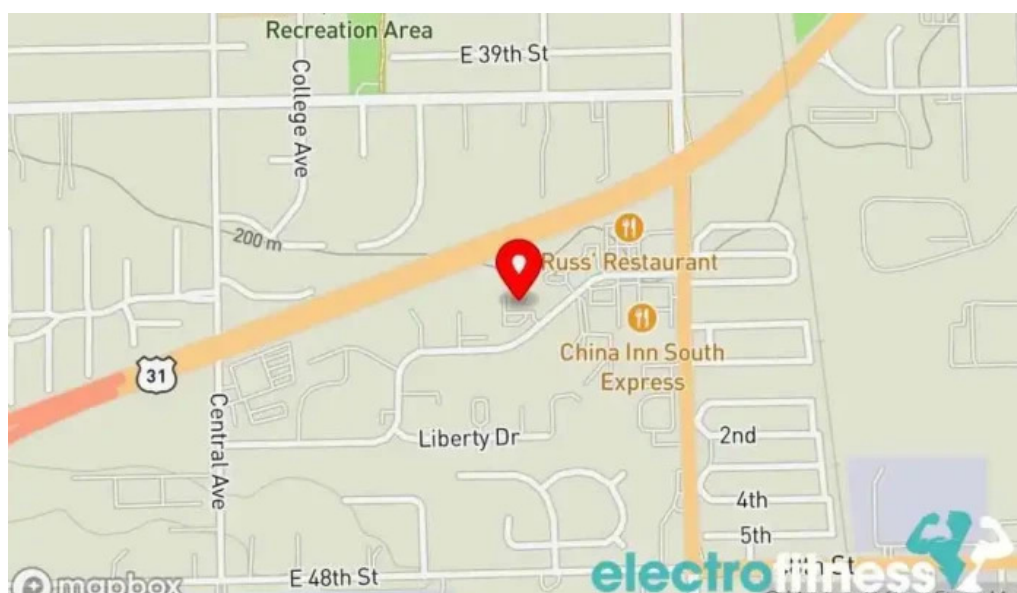
The website is Iron Lab Fitness

If necessary to alter any information that you believe is not precise related to this page, please send a message so we can we will correct it quickly. With anticipation thanks for your cooperation.

Images



Iron lab fitness street view 360deg



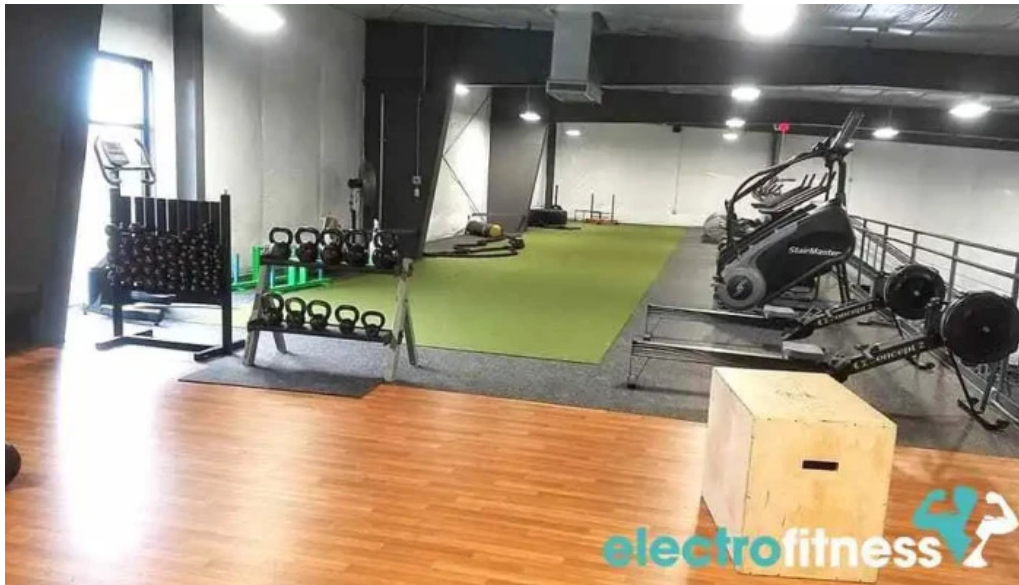
Iron lab fitness map



Iron lab fitness holland



Iron lab fitness gym



Iron lab fitness by owner



Iron lab fitness all

Tags

Service options, Planning, Membership required, Wheelchair-accessible car park, Amenities, Online classes, Wi-Fi, Sauna, On-site services, Accessibility

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Comments

Scott Morales	09-05-25 09:50
<p><i>This gym is top-notch! It's sparkling clean and fully equipped to help you smash your fitness goals.</i></p> <p><i>The staff is super friendly, and they even have two dry rock saunas for a luxurious post-workout relax.</i></p> <p><i>The members are also really welcoming and supportive, especially if you're new to the gym scene.</i></p>	

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counselor
country club
coworking space
cultural center
dance company
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disc golf course
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educational institution
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facial spa
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fitness center
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food producer
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gym
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health consultant
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karate school
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