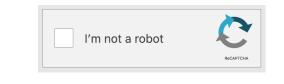


Electro Fitness: Best Electro Fitness

Iowa Strength - Independence

independence



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https://www.electrofitness.com/gym/independence/iowa-strength-independence_299186.php



independence

Iowa Strength - Independence

Welcome to Iowa Strength Gym in Independence, Iowa

If you're looking for a gym that has everything you need to achieve your fitness goals, look no further than **lowa Strength**. This state-of-the-art facility offers a variety of amenities that cater to all fitness enthusiasts, whether you're just starting out or are an experienced lifter.

Amenities and Offerings

Iowa Strength boasts a diverse range of **equipment**, including cardio machines, free weights, lifting platforms, and more. The gym is always kept

spotless, ensuring a clean environment for your workouts. Members can enjoy the following amenities: - **Gender-neutral toilets** for a comfortable experience. - **Wi-Fi** access throughout the facility, allowing you to stay connected. - **Online classes** for those who prefer to workout from home. - A relaxing **sauna** to help you unwind after an intense training session. -Convenient **free parking lot** available for all gym-goers.

Accessibility and Service Options

lowa Strength makes accessibility a priority, featuring a **wheelchair-accessible entrance** and a designated **wheelchair-accessible car park**. The friendly staff is knowledgeable and always ready to assist you with any questions regarding the equipment, nutrition, or training plans. The gym also offers various **on-site services**, including a supplement store where you can find everything from protein powders to pre-workout formulas. With such an extensive selection, you won't have to worry about where to get your fitness essentials.

Community and Culture

One of the standout features of Iowa Strength is its welcoming atmosphere. Many members praise the supportive culture and the staff's dedication to helping you achieve your fitness goals. The owner, Chris, is often highlighted for his approachability and willingness to provide advice and support.

Conclusion

If you're considering joining a gym in Buchanan County, Iowa Strength stands out as a top choice. With exceptional equipment, knowledgeable staff, and an inviting atmosphere, it's a fantastic place to pursue your fitness journey. Whether you're interested in personal training or simply want to use the gym's vast offerings, Iowa Strength caters to everyone's needs. Come visit and experience it for yourself!

Our business is found at

2349 Jamestown Ave Ste 10, 50644 Independence, Iowa - United States (US)

The phone number of said **Gym** is $\pm 1319 - 334 - 8232$ And if you want to send a WhatsApp, you can do so at $\pm 1319 - 334 - 8232$

Our public attention hours are:

Day Hours Monday 7?AM-7?PM Tuesday 8?AM-12?PM Wednesday Closed Thursday 6?AM-7?PM Eriday 6?AM-7?PM Saturday 6?AM-7?PM Sunday 6?AM-7?PM

The website is lowa Strength

If necessary to alter any data that you believe is not correct concerning this site, we urge you to deliver a message so we can we will handle it quickly. With anticipation thank you very much.



lowa strength map



lowa strength independence



lowa strength gym



lowa strength by owner

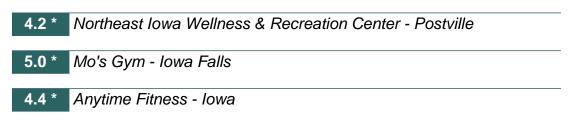


Iowa strength all

Tags

Amenities, Toilet, Free parking lot, Online classes, Wi-Fi, Offerings, Accessibility, Wheelchair-accessible entrance, Sauna, Parking, Gender-neutral toilets, Service options, On-site services, Wheelchair-accessible car park

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shooting range
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