

Iowa Strength - Independence

independence

☐ I'm not a robot


ReCAPTCHA

Published on: 15/05/25	Hits: 351
Comments: 0	See comments
Votes: 39	Score: 5

https://www.electrofitness.com/gym/independence/iowa-strength-independence_299186.php



independence

Iowa Strength - Independence

Welcome to Iowa Strength Gym in Independence, Iowa

If you're looking for a gym that has everything you need to achieve your fitness goals, look no further than ****Iowa Strength****. This state-of-the-art facility offers a variety of amenities that cater to all fitness enthusiasts, whether you're just starting out or are an experienced lifter.

Amenities and Offerings

Iowa Strength boasts a diverse range of ****equipment****, including cardio machines, free weights, lifting platforms, and more. The gym is always kept

spotless, ensuring a clean environment for your workouts. Members can enjoy the following amenities: - **Gender-neutral toilets** for a comfortable experience. - **Wi-Fi** access throughout the facility, allowing you to stay connected. - **Online classes** for those who prefer to workout from home. - A relaxing **sauna** to help you unwind after an intense training session. - Convenient **free parking lot** available for all gym-goers.

Accessibility and Service Options

Iowa Strength makes accessibility a priority, featuring a **wheelchair-accessible entrance** and a designated **wheelchair-accessible car park**. The friendly staff is knowledgeable and always ready to assist you with any questions regarding the equipment, nutrition, or training plans. The gym also offers various **on-site services**, including a supplement store where you can find everything from protein powders to pre-workout formulas. With such an extensive selection, you won't have to worry about where to get your fitness essentials.

Community and Culture

One of the standout features of Iowa Strength is its welcoming atmosphere. Many members praise the supportive culture and the staff's dedication to helping you achieve your fitness goals. The owner, Chris, is often highlighted for his approachability and willingness to provide advice and support.

Conclusion

If you're considering joining a gym in Buchanan County, Iowa Strength stands out as a top choice. With exceptional equipment, knowledgeable staff, and an inviting atmosphere, it's a fantastic place to pursue your fitness journey. Whether you're interested in personal training or simply want to use the gym's vast offerings, Iowa Strength caters to everyone's needs. Come visit and experience it for yourself!

Our business is found at

2349 Jamestown Ave Ste 10, 50644 Independence, Iowa - United States (US)

The phone number of said **Gym** is +1319-334-8232

And if you want to send a WhatsApp, you can do so at +1319-334-8232

Our public attention hours are:

Day Hours
Monday

7?AM–7?PM
Tuesday
8?AM–12?PM
Wednesday
Closed
Thursday
6?AM–7?PM
Friday
6?AM–7?PM
Saturday
6?AM–7?PM
Sunday
6?AM–7?PM

The website is Iowa Strength

If necessary to alter any data that you believe is not correct concerning this site, we urge you to deliver a message so we can we will handle it quickly. With anticipation thank you very much.

Images



Iowa strength map



Iowa strength independence



Iowa strength gym



Iowa strength by owner



Iowa strength all

Tags

Amenities, Toilet, Free parking lot, Online classes, Wi-Fi, Offerings, Accessibility, Wheelchair-accessible entrance, Sauna, Parking, Gender-neutral toilets, Service options, On-site services, Wheelchair-accessible car park

Related content

4.2 * *Northeast Iowa Wellness & Recreation Center - Postville*

5.0 * *Mo's Gym - Iowa Falls*

4.4 * *Anytime Fitness - Iowa*

4.8 *	<i>Arsenal Strength - Pittsburgh</i>
5.0 *	<i>The Strength Lab, Llc - Clemmons</i>
4.2 *	<i>Anytime Fitness Adel Iowa - Adel</i>
5.0 *	<i>Rocky Mountain Strength - Centennial</i>
5.0 *	<i>Warehouse Strength - Reading</i>
5.0 *	<i>Pr Strength - Gaithersburg</i>
5.0 *	<i>Ballatore Strength - Gainesville</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club

coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel

indoor cycling
jujitsu school
karate club
karate school
kenel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization