

Indian Head Weight House Fitness Center - Indian Head

indian head

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indian head

Indian Head Weight House Fitness Center - Indian Head

Welcome to Indian Head Weight House Fitness Center

If you're looking for a fitness center that combines quality amenities with a welcoming atmosphere, the **Indian Head Weight House Fitness Center** in Indian Head, Maryland, is an excellent choice. This gym may be smaller compared to others, but it offers a wide range of features that cater to the needs of its members.

Amenities Galore

One of the highlights of the Indian Head Weight House Fitness Center is its impressive array of **amenities**. Whether you're an avid swimmer or prefer weight training, this gym has it all! - **Swimming Pool**: Dive into the refreshing swimming pool for a great workout after strength training or cardio. It's perfect for those looking to mix up their routine. - **Basketball Court**: Enjoy some fun and competitive play on the basketball court. Although you need to bring your own balls, the setup is ideal for a quick game or practice session. - **Wi-Fi Access**: Stay connected while you work out with complimentary Wi-Fi throughout the facility.

Accessibility for Everyone

The Indian Head Weight House Fitness Center is committed to ensuring accessibility for all. This includes a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it convenient for everyone to enjoy their fitness journey.

Clean and Well-Maintained Facilities

Members often comment on the cleanliness and maintenance of the gym. The locker rooms are spacious, providing ample space for changing and storing personal items. The equipment is well-kept, ensuring a safe environment for all who wish to train.

Friendly Staff and Community Atmosphere

One of the standout features of this fitness center is its friendly staff. Reviews highlight how attentive the front staff is, always ready to assist with any questions. The patrons also create a pleasant environment where everyone respects each other's space, yet help is readily available when needed.

Perfect for Every Schedule

The gym offers **great hours** for those seeking flexibility in their workouts. While it can get crowded during peak times, many members find it easy to access equipment during off-peak hours, especially between morning and lunch crowds.

An Ideal Environment for Workout Enthusiasts

Despite being a smaller gym, Indian Head Weight House Fitness Center packs a punch with its extensive range of free weights and machines. With plenty of room to move around, members can focus solely on their fitness goals without feeling restricted. In summary, the Indian Head Weight House Fitness Center stands out due to its comprehensive amenities, accessibility, friendly staff, and community-focused atmosphere. Whether you are visiting for casual workouts or intense training sessions, this gym has everything you need to succeed in your fitness pursuits.

You can come to our business at

Farnum Rd, 20640 Indian Head, Maryland - United States (US)

The phone number of the mentioned **Gym** is +1301-744-4661

And if you want to send a WhatsApp, you can do so at +1301-744-4661

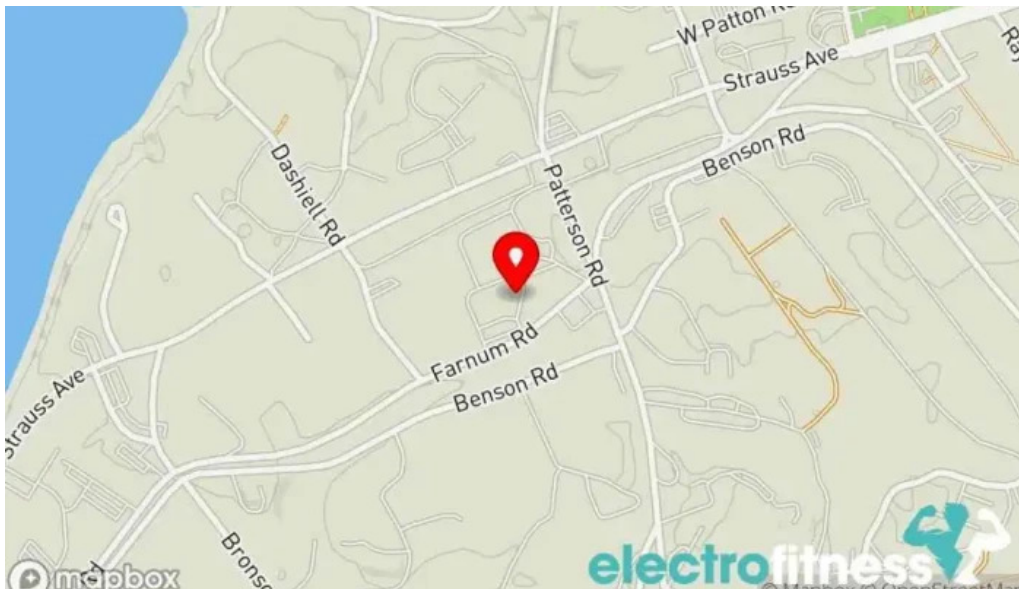
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6?AM–9?PM
Friday
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Saturday
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The website is Indian Head Weight House Fitness Center

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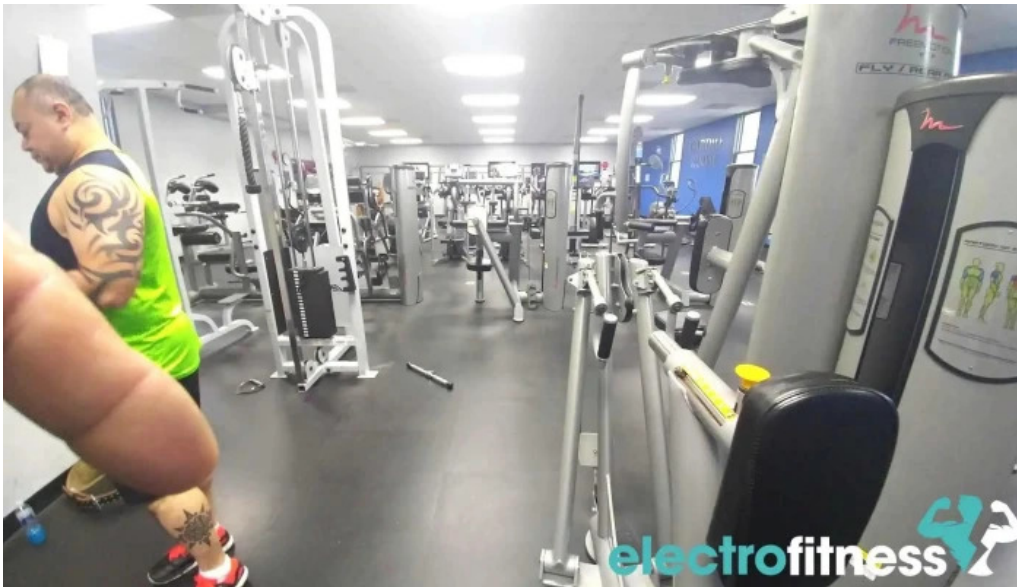
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Indian head weight house fitness center map



Indian head weight house fitness center indian head



Indian head weight house fitness center gym



Indian head weight house fitness center exercise machine



Indian head weight house fitness center all

Tags

Basketball court, Wi-Fi, Swimming pool, Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Amenities

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