

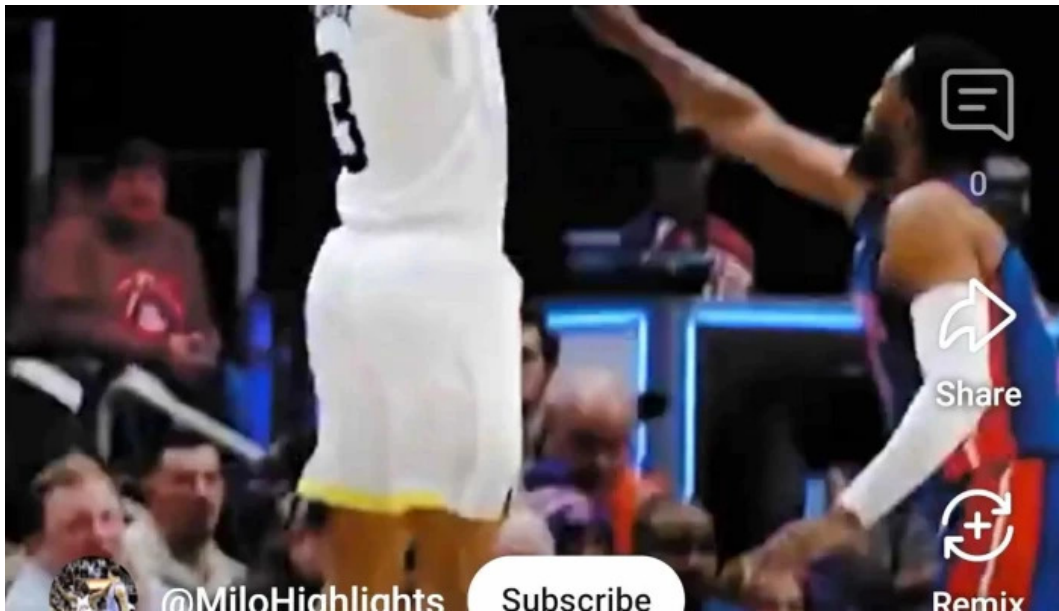
Andrews Afb West Fitness Center - Joint Base Andrews

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Andrews Afb West Fitness Center - Joint Base Andrews

Discover the Andrews AFB West Fitness Center

The Andrews AFB West Fitness Center, located at Joint Base Andrews in Maryland, is a well-equipped gym catering to military personnel and their families. It provides a variety of amenities designed to support health and fitness for individuals of all ages and backgrounds.

Amenities That Enhance Your Fitness Experience

One of the standout features of the Andrews West Fitness Center is its

****extensive amenities****. The facility includes: - ****Indoor Track****: Ideal for running or walking regardless of the weather. - ****Basketball Court****: A perfect space for sports enthusiasts, as many visitors praise its quality. - ****Sauna****: A great way to relax after an intense workout session. - ****Volleyball Court****: For those who enjoy team sports, volleyball is another option available. Additionally, the center boasts a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that all guests can access the facility.

Accessibility and Convenience

The Andrews West Fitness Center prioritizes ****accessibility**** for everyone, including those with mobility challenges. Its design allows easy navigation throughout the gym, making it a welcoming environment for all users. Members have also noted the convenience of the gym's operating hours, which accommodate various schedules, providing flexibility for workouts at any time of day.

User Experiences and Feedback

Feedback from members highlights a strong sense of community within the gym. Many appreciate the ****cleanliness**** of the facility and the ****helpful staff****. However, some members have expressed concerns about equipment availability during peak hours. The comments indicate that while the gym is generally well-maintained, further improvements could be made with additional lat pulldown machines, as noted by frequent gym-goers. One user shared, "So much to choose from that I never get bored with my workout," demonstrating the diverse range of equipment available, including weight machines and free weights. Despite the occasional overcrowding, particularly after work hours, the facility remains a favorite among many due to its ****spacious layout**** and ****inviting atmosphere****.

Challenges and Opportunities for Improvement

While the Andrews AFB West Fitness Center is praised for its range of equipment, some reviews mention a desire for upgrades and maintenance. Users have pointed out issues such as mismatched weights and the need for more updated cardio machines. In particular, comments about the sauna indicate a demand for improved access, especially for women's facilities. Additionally, members highlighted the need for better management of equipment use to ensure that all members have access to what they need without long waiting times.

Conclusion

Overall, the Andrews AFB West Fitness Center serves as a robust gym for military personnel and their families. With its comprehensive amenities, wheelchair accessibility, and a strong community spirit, it offers a valuable

resource for maintaining physical fitness. While there are opportunities for enhancements, the facility remains a top choice for those seeking a dedicated space to achieve their fitness goals. Whether it's enjoying a game on the basketball court or unwinding in the sauna, visitors can find everything they need for a fulfilling workout experience.

You can visit us at the address:

, 20762 Joint Base Andrews, Maryland - United States (US)

The contact line of the mentioned **Gym** is +1301-981-7101

And if you want to send a WhatsApp, you can do so at +1301-981-7101

Our public attention hours are:

- Day Hours
- Monday
Closed
- Tuesday
4:30?AM–9?PM
- Wednesday
4:30?AM–9?PM
- Thursday
4:30?AM–9?PM
- Friday
4:30?AM–9?PM
- Saturday
4:30?AM–9?PM
- Sunday
7?AM–3?PM

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Images



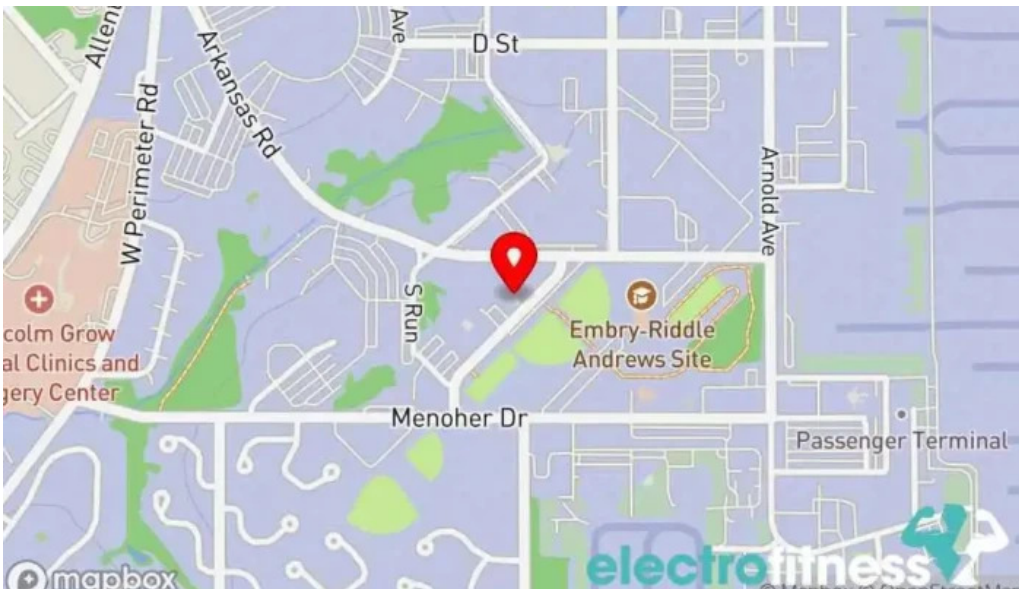
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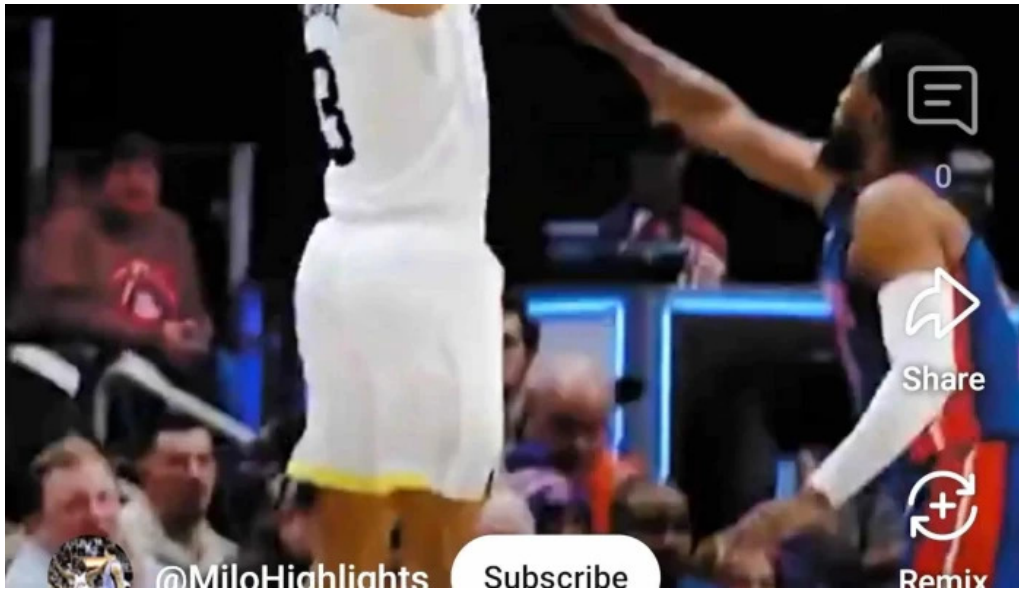
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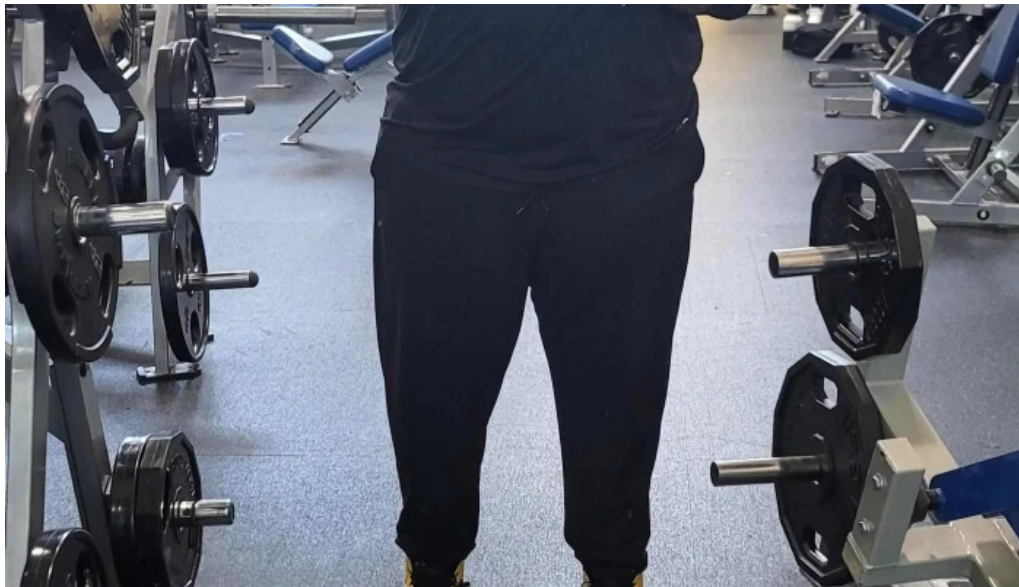
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Andrews afb west fitness center map



Andrews afb west fitness center joint base andrews



Andrews afb west fitness center how to get there



Andrews afb west fitness center gym



Andrews afb west fitness center all

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