

The Dam Gym - Labelle

labelle

☐ I'm not a robot
 

Published on: 24/05/25	Hits: 690
Comments: 0	See comments
Votes: 69	Score: 4.4

https://www.electrofitness.com/gym/labelle/the-dam-gym-labelle_333103.php



labelle

The Dam Gym - Labelle

Discover The DAM Gym: A Hidden Gem in LaBelle, Florida

If you're searching for a welcoming place to work out in LaBelle, look no further than ****The DAM Gym****. This gym may be small in size, but its atmosphere and community spirit make it feel big. Whether you're into cardio or heavy lifting, this facility has everything you need.

Accessibility Matters

One of the key features of The DAM Gym is its ****accessibility****. The gym offers a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car****

park**, making it an inclusive space for everyone. These thoughtful amenities ensure that all members of the community can enjoy their workout experience without any barriers.

Amenities That Cater to Your Fitness Needs

The DAM Gym is not just about the equipment; it also provides essential **amenities** to enhance your fitness journey. Members can enjoy: - Showers and restrooms - Elliptical machines and treadmills - Stationary bikes and weight machines - Free weights. Additionally, the gym has **Wi-Fi**, allowing you to stay connected while you focus on your fitness goals. With an array of supplements and vitamins available for sale, this gym truly caters to your overall health and fitness needs.

Planning Your Workout at The DAM Gym

Though it may be compact, The DAM Gym is well-equipped with machines and free weights necessary for various workouts. Many members appreciate the friendly atmosphere, where they can focus on their sets without interruptions. As one member noted, "You can build good gym friendships," which adds to the overall experience. However, some have pointed out inconsistencies regarding its claimed **24-hour access**. Potential members should clarify details about key access and after-hours services before joining.

Membership Insights

While a **membership is required**, the prices at The DAM Gym are reasonable compared to other local options. Many members recommend taking advantage of longer membership periods on auto-pay to maximize your access. Discounts are often available, making it an attractive choice for those looking to stay fit without breaking the bank.

A Community for Everyone

The DAM Gym prides itself on being a **friendly** environment catering to various fitness levels. From beginners to dedicated lifters aspiring for fitness model status, everyone feels welcomed here. Although some have raised concerns over crowdedness during peak hours and equipment condition, the overwhelming sentiment remains positive. In conclusion, if you're in LaBelle, The DAM Gym offers a **clean**, **safe**, and **well-maintained** space to pursue your fitness journey. With great staff and community support, it's a place worth checking out for anyone dedicated to becoming a better version of themselves.

The business is situated at

283 S Bridge St, 33935 LaBelle, Florida - United States (US)

The phone number of the mentioned **Gym** is +1863-675-0338
And if you want to send a WhatsApp, you can do so at +1863-675-0338

Our opening hours are:

Day Hours
Monday
8?AM–9?PM
Tuesday
8?AM–5?PM
Wednesday
Closed
Thursday
8?AM–9?PM
Friday
8?AM–9?PM
Saturday
8?AM–9?PM
Sunday
8?AM–9?PM

The website is The DAM Gym

If you need to adjust any detail that you think is not precise regarding this site, we kindly request forward a message so that we will adjust it quickly.
Thanks beforehand we appreciate it.

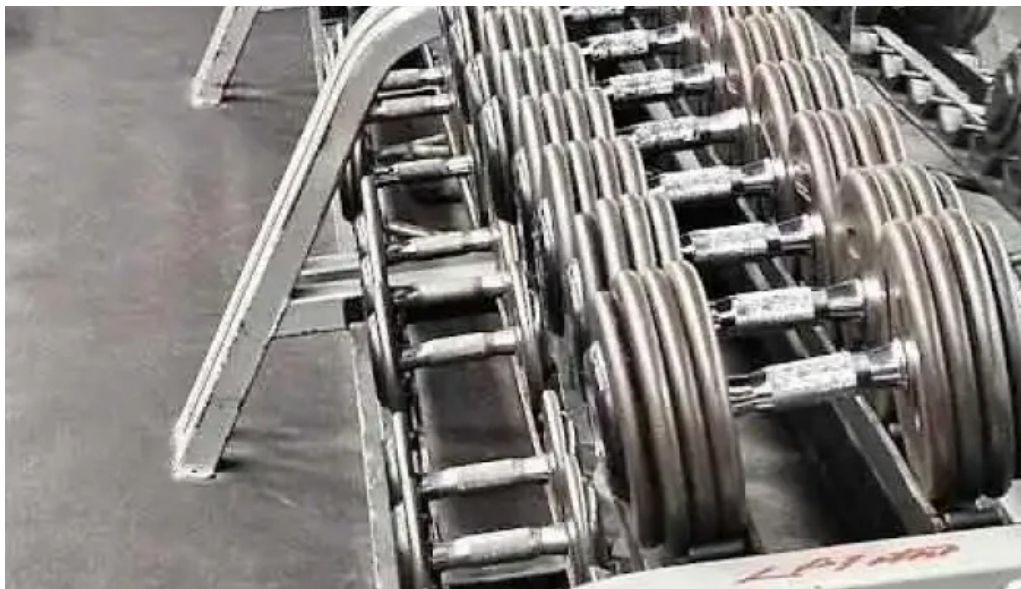
Images



The dam gym street view 360deg



The dam gym map



The dam gym labelle



The dam gym gym



The dam gym exercise machine



The dam gym by owner



The dam gym all

Tags

Wheelchair-accessible car park, Amenities, Planning, Membership required, Wheelchair-accessible entrance, Accessibility, Wi-Fi

Related content

4.5 * *Meditation Therapy - Brandon*

4.9 * *Hardcore Gym Spokane - Spokane*

4.4 * *Powerhouse Gym Saddle Brook - Saddle Brook*

3.9 * *Gold's Gym - Bowie*

4.5 *	<i>Gym Stars Gymnastics - Boise</i>
3.9 *	<i>Gold's Gym - Burlington</i>
4.0 *	<i>Powerhouse Gym Miami - Miami</i>
4.1 *	<i>Gold's Gym Cerritos - Cerritos</i>
4.6 *	<i>J B Fitness Gym 24 Hour Access - Sultan</i>
5.0 *	<i>Hard Way Club - Sparks</i>

Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple
cafe
children's party service
chiropractor

church
club
coffee shop
college
community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
golf club
golf course
golf instructor
grocery store
gun club
gym
gymnasium school

gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school

taekwondo school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization