

## Cajun Prep Powerlifting - Lafayette

lafayette

I'm not a robot   
RECAPTCHA

Published on: 19/03/25	Hits: 270
Comments: 0	See comments
Votes: 30	Score: 5

[https://www.electrofitness.com/gym/lafayette/cajun-prep-powerlifting-lafayette\\_166084.php](https://www.electrofitness.com/gym/lafayette/cajun-prep-powerlifting-lafayette_166084.php)



*lafayette*

## *Cajun Prep Powerlifting - Lafayette*

### **Discover Cajun Prep Powerlifting in Lafayette, Louisiana**

Cajun Prep Powerlifting is not just a gym; it's a community that thrives on support, motivation, and camaraderie. Here, lifters of all backgrounds come together to share their journey of strength, personal growth, and achievement.

### **A Welcoming Environment for All**

One of the standout features of Cajun Prep Powerlifting is its **\*\*wheelchair-accessible entrance\*\*** and **\*\*wheelchair-accessible car park\*\***. This commitment to accessibility ensures that everyone, regardless of physical

ability, can partake in this enriching experience. The welcoming atmosphere allows individuals to feel at home, fostering friendships while celebrating collective achievements.

## **Community and Support**

Members frequently express how Cajun Prep has transformed their lives. Many share stories of personal challenges, including health struggles. One member remarked, "About 2 years ago, I went through a seizure, and later a stroke during surgery. Fortunately, Cajun Prep let me back in, and from the ground up, helped me become a strong lifter again." Such experiences highlight the unwavering support that defines the Cajun Prep community.

## **Exceptional Coaching**

The quality of coaching at Cajun Prep is unparalleled. Coaches are known for their understanding nature and willingness to provide personalized guidance. As one member noted, "The coaches are super helpful and understanding... they helped me grow to get to where I am today." This dedication ensures that every member, whether new or seasoned, receives the attention necessary to succeed.

## **Lasting Friendships**

Cajun Prep Powerlifting is also about forging connections. Many members have commented on the friendships they've developed, saying things like, "Made lots of friends and even more memories here!" This sense of belonging makes every workout enjoyable, encouraging participants to return and uplift one another.

## **Strength and Achievement**

The program emphasizes teamwork and individual goals, creating an environment where everyone can thrive. One member proudly shared, "With one year of lifting with Cajun Prep... I met my goals of making it on the podium at state." This testament reflects the powerful impact of training within such a supportive community.

## **Why Join Cajun Prep Powerlifting?**

If you're considering powerlifting, Cajun Prep Powerlifting comes highly recommended. The combination of top-notch equipment, exceptional coaching, and a friendly atmosphere creates a unique and unforgettable gym experience. So, whether you are a beginner or an experienced lifter, Cajun Prep welcomes you to join this inspiring community dedicated to strength and growth.

## **We are situated in**

*1553-B Verot School Rd, 70508 Lafayette, Louisiana - United States (US)*

**Our business hours are:**

Day Hours  
Monday  
9–11?AM  
Tuesday  
Closed  
Wednesday  
7–9?PM  
Thursday  
Closed  
Eriday  
7–9?PM  
Saturday  
Closed  
Sunday  
Closed

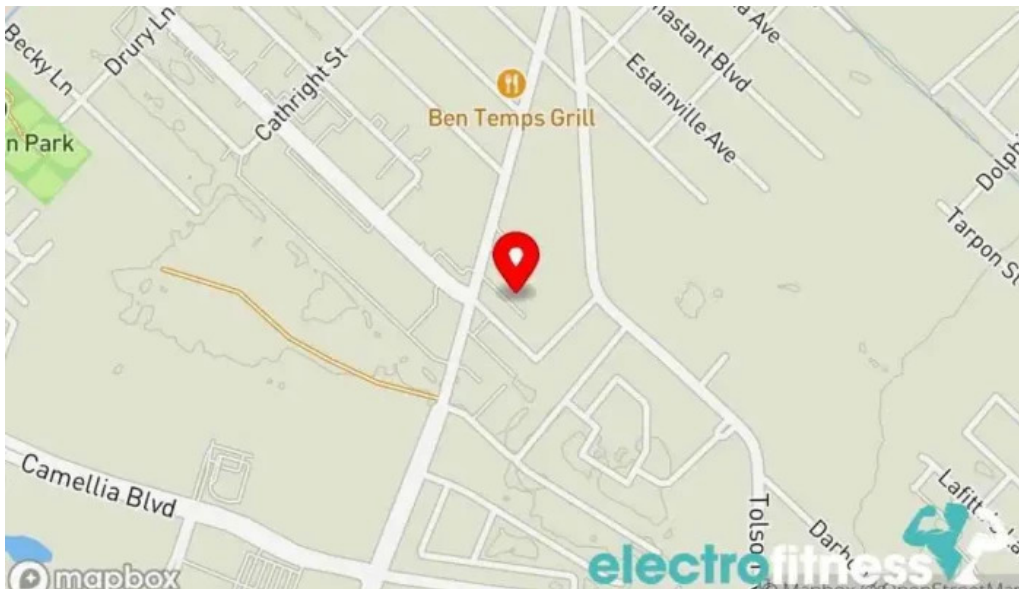
The website is [Cajun Prep Powerlifting](#)

In case you want to update any data that you consider is not correct regarding this page, please deliver a message and we will fix it at the earliest convenience. In advance we appreciate it.

**Images**



*Cajun prep powerlifting street view 360deg*



*Cajun prep powerlifting map*



*Cajun prep powerlifting lafayette*



*Cajun prep powerlifting gym*



*Cajun prep powerlifting by owner*



*Cajun prep powerlifting all*

## Tags

*Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park*

## Related content

5.0 \* *Hyperthrive Athletics Texas - Abilene*

4.7 \* *Hendrick Health Club - Abilene*

4.9 \* *Orangetheory Fitness - Dyer*

4.8 \* *Fitness Evolution - St John*

5.0 \* *The Yoga Room - Crown Point*

3.8 \* *Abbotsford Elementary School - Abbotsford*

4.7 \* *Class Ufc Gym Winfield - Crown Point*

4.3 \* *Anytime Fitness - Aberdeen*

5.0 \* *Integrated Movement - Valparaiso*

4.9 \* *D1 Training Merrillville - Merrillville*

## Categories

amusement park ride

arena

association / organization
bar
body shaping class
boxing gym
boxing ring
church
coffee shop
community center
convenience store
country club
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
health consultant
hospital
hotel
indoor cycling
jujitsu school
karate school
kickboxing school
martial arts club
martial arts school
non-profit organization
personal trainer
physical fitness program
physical therapy clinic
pilates studio
public educational institution
recreation center
rock climbing gym
school district office
shooting range
sports complex
sports school
tennis club
thrift store
vitamin & supplements store

wellness center
-----------------

yoga studio
-------------