

## CrossFit Amis - Lafayette

lafayette



Published on: 20/03/25	Hits: 488
Comments: 0	See comments
Votes: 61	Score: 5

[https://www.electrofitness.com/gym/lafayette/crossfit-amis-lafayette\\_166135.php](https://www.electrofitness.com/gym/lafayette/crossfit-amis-lafayette_166135.php)



*lafayette*

## CrossFit Amis - Lafayette

### Welcome to CrossFit Amis: A Community Like No Other in Lafayette, Louisiana

At CrossFit Amis, the heart of fitness and community blend seamlessly. Located in Lafayette, this gym is not just a place to work out; it's a sanctuary for all fitness enthusiasts. With outstanding **\*\*service options\*\***, planning your visit to this exceptional facility has never been easier.

### Accessibility and Inclusivity

CrossFit Amis prides itself on being an **\*\*accessible\*\*** gym for everyone. It

features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all members of the community can participate fully in their fitness journey. This commitment to accessibility means that both newcomers and seasoned athletes can feel at home here.

## **The CrossFit Experience**

Upon entering CrossFit Amis, you're welcomed by a dedicated team of coaches who genuinely care about your fitness goals. Many visitors describe their experiences as welcoming, with members feeling like part of a family rather than just a gym. The community spirit is palpable, as everyone cheers each other on, making it a perfect environment for both beginners and advanced athletes. The coaches at CrossFit Amis, such as Coach Mike and Kristin, are renowned for their incredible support and motivation. They adapt workouts for various levels including RX, intermediate, and beginner. As one member noted, "I didn't have to think about how to scale; it was done for me." This thoughtful programming ensures that everyone can participate and benefit from the workouts.

## **Facilities and Equipment**

Equipped with a massive facility, CrossFit Amis offers an impressive range of equipment for all types of training. The gym is known for its organization and cleanliness, providing a pleasant atmosphere to work out. Members appreciate the separate Olympic weightlifting area, allowing for focused training without disrupting class sessions.

## **Membership Requirements and On-site Services**

CrossFit Amis operates on a **membership required** basis, providing access to a wealth of resources including **online classes** for those who prefer to train at home or need flexibility in their schedules. The facility maintains **on-site services**, making it easy for members to connect with coaches for guidance and support.

## **A Strong Sense of Community**

The culture at CrossFit Amis fosters friendships and camaraderie. Many visitors have left with new friends after their first class, as the atmosphere encourages bonding over fitness goals. Whether you're a local or just dropping in, you'll find the members and coaches alike to be friendly and welcoming. One satisfied member shared, "The atmosphere is wonderful, and I always feel right at home." This sentiment captures the essence of what makes CrossFit Amis stand out: it's not just about the workouts; it's about being part of a supportive community.

## **Conclusion**

If you find yourself in Lafayette, Louisiana, don't miss the opportunity to

experience CrossFit Amis. From its welcoming community and skilled coaches to its commitment to accessibility and top-notch facilities, it's a place where you can pursue your fitness goals in a supportive environment. Whether you're a first-timer or a seasoned athlete, CrossFit Amis will make you feel like you belong.

**You can visit us at the address:**

1553 Verot School Rd, 70508 Lafayette, Louisiana - United States (US)

The contact line of the respective **Gym** is +1337-345-6329

And if you want to send a WhatsApp, you can do so at +1337-345-6329

**Visit us during the following hours:**

Day	Hours
Monday	Closed
Tuesday	5?AM–6:30?PM
Wednesday	5?AM–6:30?PM
Thursday	5?AM–6:30?PM
Friday	5?AM–6:30?PM
Saturday	5?AM–6:30?PM
Sunday	9?AM–12?PM

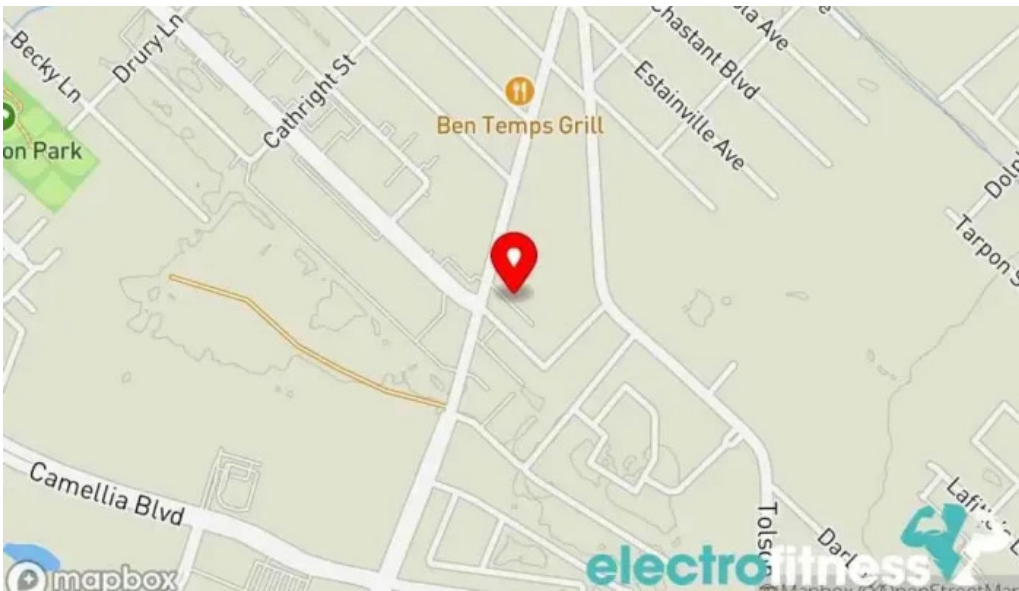
The website is [CrossFit Amis](#)

If necessary to update any information that you consider is incorrect related to this page, please forward a message and we will fix it as soon as possible. Thank you in advance thanks.

## Images



*Crossfit amis street view 360deg*



*Crossfit amis map*



*Crossfit amis lafayette*



*Crossfit amis gym*





*Crossfit amis discounts*



*Crossfit amis by owner*



*Crossfit amis all*

## Tags

*Service options, Membership required, Online classes, Accessibility, On-site services, Planning, Wheelchair-accessible entrance, Wheelchair-accessible car park*

## Related content

4.8 \* *Southern Pines CrossFit - Southern Pines*

5.0 \* *CrossFit Cayenne - Abbeville*

4.9 \* *CrossFit Abilene - Abilene*

4.9 \* *Top Fuel CrossFit - Valparaiso*

4.7 \* *CrossFit Grays Harbor - Aberdeen*

4.9 \* *Verse CrossFit - Abbeville*

4.6 \* *Crossfit Rails - Aberdeen*

4.8 \* *Crossfit 325 - Abilene*

5.0 \* *WiscoFit - Home of CrossFit Muskego - New Berlin*

5.0 \* *Crossfit 611 - Southern Pines*

## Categories

amusement park ride

arena
association / organization
bar
body shaping class
boxing gym
boxing ring
church
coffee shop
community center
convenience store
country club
dollar store
elementary school
exercise equipment store
fitness center
golf club
grocery store
gym
gymnastics center
health consultant
hospital
hotel
indoor cycling
jujitsu school
karate school
kickboxing school
martial arts club
martial arts school
non-profit organization
personal trainer
physical fitness program
physical therapy clinic
pilates studio
public educational institution
recreation center
rock climbing gym
school district office
shooting range
sports complex
sports school
tennis club
thrift store



vitamin & supplements store
-----------------------------

wellness center
-----------------

yoga studio
-------------