

CrossFit Herd - Lafayette

lafayette



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CrossFit Herd - Lafayette

Welcome to CrossFit Herd: Your Fitness Home in Lafayette, Louisiana

If you're looking for a gym that not only prioritizes fitness but also inclusivity, **CrossFit Herd** in Lafayette, Louisiana, is the perfect place for you! With a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, this gym ensures that everyone can participate in their fitness journey.

A Community Like No Other

At CrossFit Herd, members experience an incredible sense of community. Many visitors have commented on the **warm and welcoming atmosphere**. One visitor shared, "Amazing gym with incredible coaches who will assist you in whatever level of fitness you are current in." This shows that no matter your starting point, you will find support and encouragement from both staff and fellow members.

Expert Coaching

The coaches at CrossFit Herd are highly knowledgeable and dedicated to helping you achieve your fitness goals. As one member noted, "Patti is very dedicated to helping you reach your goals and inspiring to be around!" Such motivation can be crucial for anyone, especially those who might find CrossFit intimidating. The staff provides excellent coaching tips and ensures that every workout is effective and enjoyable.

Accessibility for Everyone

CrossFit Herd stands out for its commitment to accessibility. The **wheelchair-accessible entrance** and **wheelchair-accessible car park** allow individuals of all abilities to join in on the fun. As described by a guest, "Everyone is very welcoming... I can't recommend them enough." This sentiment resonates with anyone seeking an inclusive environment where they can work out without barriers.

Your Next Workout Destination

Many visitors have said that CrossFit Herd will be their go-to gym upon returning to Lafayette. "I dropped in at CrossFit Herd when I was visiting Lafayette... I will definitely be coming back," one member mentioned. Whether you are a seasoned athlete or just starting, you'll find workouts that fit your needs.

Final Thoughts

With its positive vibes, killer workouts, and friendly coaches, CrossFit Herd is more than just a gym; it's a community that empowers everyone to push their limits. Join us and experience the growth and support that comes from being part of the Herd!

Our location is in

209 Southpark Rd, 70508 Lafayette, Louisiana - United States (US)

The contact phone of the respective **Gym** is [+1337-839-0081](tel:+1337-839-0081)

And if you want to send a WhatsApp, you can do so at [+1337-839-0081](https://wa.me/13378390081)

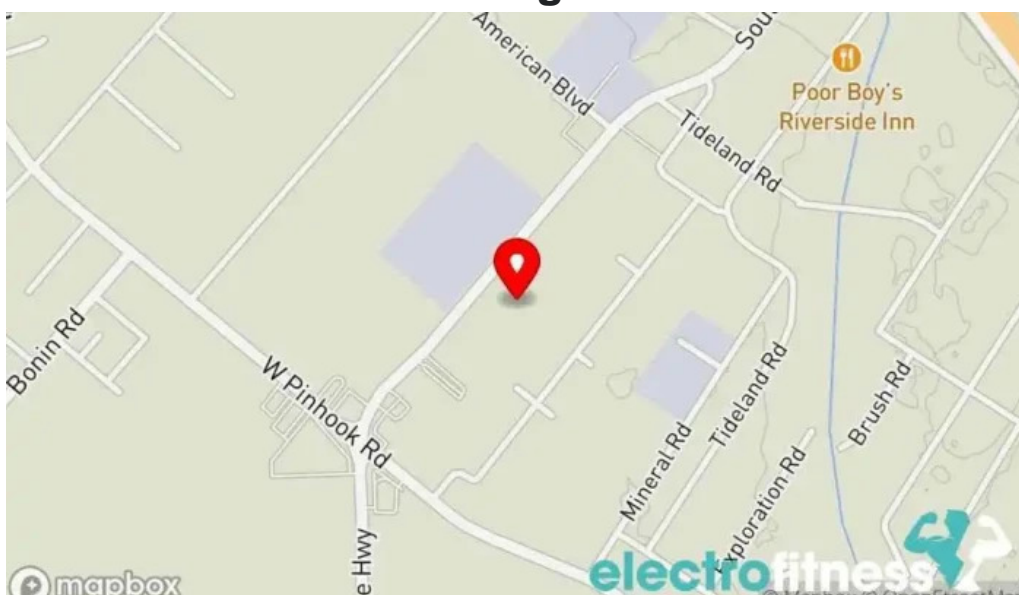
We are open during the following hours:

Day Hours
Monday
Closed
Tuesday
5?AM–7?PM
Wednesday
5?AM–7?PM
Thursday
5?AM–7?PM
Friday
5?AM–7?PM
Saturday
5?AM–7?PM
Sunday
9–11?AM

The website is [CrossFit Herd](#)

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Images



Crossfit herd map



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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