

## CrossFit Lafayette - Lafayette

lafayette

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*lafayette*

## *CrossFit Lafayette - Lafayette*

### **Discover CrossFit Lafayette: A Premier Fitness Destination in Louisiana**

If you are looking for a welcoming and comprehensive fitness facility, look no further than **CrossFit Lafayette** in Louisiana. With its friendly community, knowledgeable coaches, and top-notch amenities, this gym stands out among the many options available.

### **A Warm Welcome Awaits**

One of the most notable aspects of **CrossFit Lafayette** is the welcoming atmosphere created by both the members and coaches. Newcomers are

greeted with enthusiasm, making it easy to feel at home right from the start. As one visitor mentioned, "The coach and members were very welcoming." This sense of community is vital for anyone looking to pursue their fitness goals.

## **Top-Notch Amenities**

The facility boasts a range of impressive **amenities** that support your workout journey: - **Wi-Fi:** Stay connected while working out or catching up on emails during breaks. - **Accessibility:** The gym features a wheelchair-accessible entrance and a designated **wheelchair-accessible car park**, ensuring that everyone can enjoy the facilities without hindrance. - **Sauna:** Unwind after an intense session in the sauna, providing a perfect way to relax your muscles. - **Restrooms:** With accessible toilets, members can have a comfortable experience throughout their visit.

## **Quality Coaching Experience**

The core of CrossFit Lafayette lies in its exceptional coaching staff. Taylor, the owner, and coaches like Trey are praised for their dedication and expertise. From offering personalized consultations to teaching proper form and breathing techniques, the coaches ensure that every member receives the attention and guidance they need. "There is no coach or gym comparable to his level of focus on each individual," one member stated, highlighting the individualized approach taken here.

## **A Variety of Equipment for All Levels**

CrossFit Lafayette is equipped with a wide array of high-quality gear, including bars, dumbbells, kettlebells, rowers, and assault bikes—all well-maintained and easily accessible. This extensive selection allows members to engage in diverse workouts tailored to their fitness levels. Whether you're a beginner or an experienced athlete, you will find everything you need to challenge yourself.

## **Community and Support**

What makes CrossFit Lafayette truly special is its supportive community. Regular members appreciate the motivation they receive from both the coaches and fellow athletes. As one visitor aptly noted, "The vibe of the gym is great." Members celebrate each other's achievements, and the positivity in the environment encourages everyone to strive for their personal best.

## **Your Fitness Journey Awaits**

In conclusion, **CrossFit Lafayette** offers a unique blend of community support, quality coaching, and excellent amenities that cater to all fitness levels. With offerings such as a **wheelchair-accessible entrance**, sauna, and reliable Wi-Fi, you can enjoy a seamless experience while focusing on your health. If you are in the Lafayette area, make sure to drop in and experience this remarkable gym for yourself!

**We are located at**

313 Pinehurst St, 70508 Lafayette, Louisiana - United States (US)

The contact phone of the mentioned **Gym** is +1337-412-4555

And if you want to send a WhatsApp, you can do so at +1337-412-4555

**We are available at these times:**

Day Hours  
Monday

*4–5:30?PM*

Tuesday

*5?AM–6:30?PM*

Wednesday

*5?AM–6:30?PM*

Thursday

*5?AM–7:30?PM*

Friday

*5?AM–7:30?PM*

Saturday

*5?AM–6:30?PM*

Sunday

*Closed*

The website is CrossFit Lafayette

If you wish to update any data that you believe is incorrect regarding this site, we urge you to deliver a message and we will adjust it at the earliest convenience. Thank you in advance thanks for your cooperation.

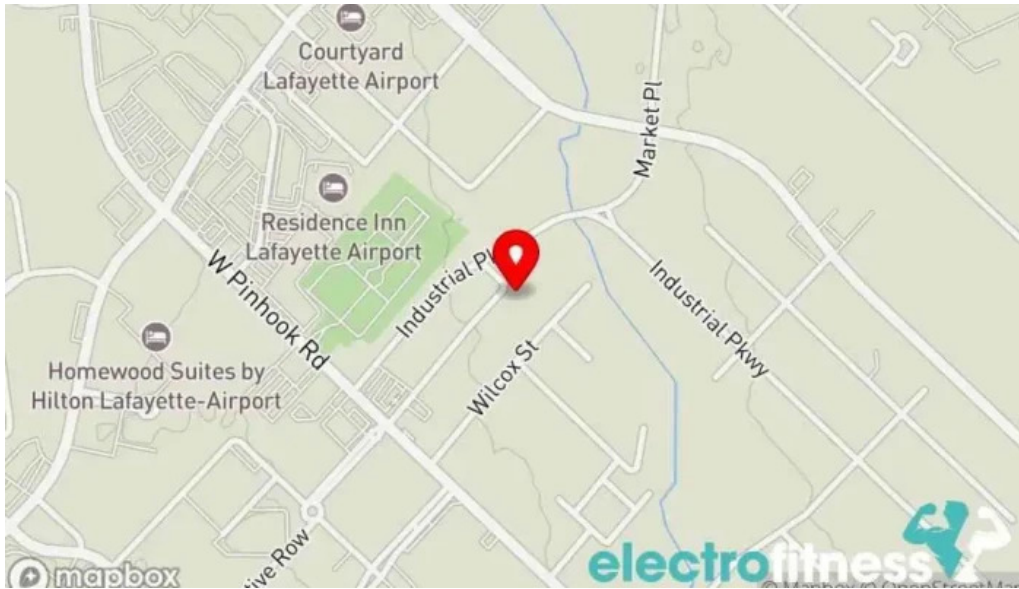
**Images**



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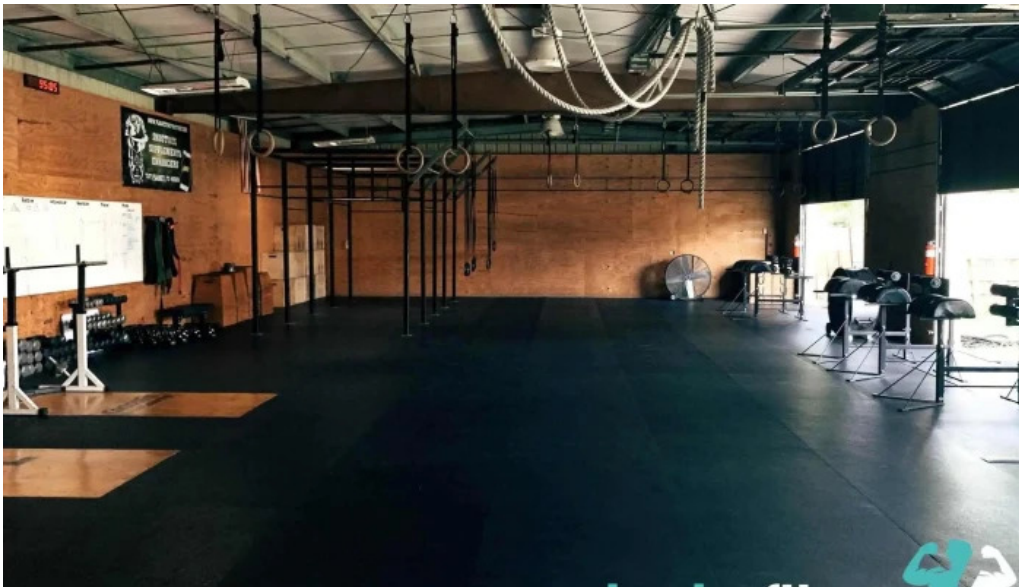
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## Tags

*Sauna, Wheelchair-accessible entrance, Accessibility, Amenities, Toilet, Wheelchair-accessible car park, Wi-Fi*

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5.0 \* *Crossfit 611 - Southern Pines*

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golf club
grocery store
gym
gymnastics center
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hospital
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karate school
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public educational institution
recreation center
rock climbing gym
school district office
shooting range
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sports school
tennis club
thrift store



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