

Excel Strength and Performance - Lafayette

lafayette



Published on: 20/03/25	Hits: 80
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Excel Strength and Performance - Lafayette

Excel Strength and Performance: A Gym that Prioritizes Accessibility and Individual Growth

When it comes to finding a gym that truly caters to individual needs while ensuring accessibility, **Excel Strength and Performance** in Lafayette, Louisiana stands out as an exceptional choice. The gym not only provides top-notch coaching but also prioritizes an inclusive environment where everyone can thrive.

Wheelchair-Accessible Car Park for Convenience

Excel Strength and Performance recognizes the importance of accessibility. With a **wheelchair-accessible car park**, members can easily find parking without any hassle. This thoughtful feature ensures that all individuals, regardless of their mobility needs, can enjoy the gym facilities without worry.

A Welcoming Wheelchair-Accessible Entrance

Upon arrival, the **wheelchair-accessible entrance** offers seamless access to the gym. This commitment to inclusion allows everyone to participate in workouts and fitness routines designed specifically for diverse needs. Members have expressed their appreciation for such features, citing the convenience and comfort they provide.

Personalized Coaching for Everyone

Kenny, a dedicated coach at Excel, is noted for his commitment to each member's personal growth. His personalized workouts cater to people of all ages, weights, and fitness levels. Many have praised his ability to create routines that require no planning—just arrive and follow the prescribed workout. This approach has been highlighted as a significant benefit, making fitness a stress-free experience.

A Clean and Motivating Environment

Reviews consistently mention the cleanliness and motivating atmosphere of Excel Strength and Performance. The gym is equipped with **high-quality equipment**, ensuring that members have what they need to succeed. The friendly staff and supportive community add to the positive experience, making it one of the best gyms around.

High Expectations Met and Exceeded

As a coach, it's vital to have high expectations from your training facility. Excel has exceeded these expectations, according to fellow coaches and members alike. The appreciation for the exceptional coaching and programming available reinforces the gym's reputation as a place where goals are not only met but surpassed.

Your Next Fitness Destination

If you're looking for a gym that values accessibility while fostering individual growth, **Excel Strength and Performance** is the place to be. With its wheelchair-accessible features, expert coaching, and a clean, welcoming environment, it's no wonder so many have found their fitness home here. Join the community and experience the difference today!

The location of our premises is

6772 Johnston St #400, 70506 Lafayette, Louisiana - United States (US)

The contact phone of the mentioned **Gym** is +1337-345-5260
And if you want to send a WhatsApp, you can do so at +1337-345-5260

Our business hours are:

Day	Hours
Monday	Closed
Tuesday	5?AM–8?PM
Wednesday	5?AM–8?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	5?AM–7?PM
Sunday	7?AM–2?PM

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Images



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Excel strength and performance gym



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