

Orangetheory Fitness - Lafayette

lafayette

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Orangetheory Fitness - Lafayette

Welcome to Orangetheory Fitness Lafayette

If you are searching for a top-notch fitness experience in Lafayette, Louisiana, look no further than Orangetheory Fitness. With an innovative approach to training, a supportive community, and exceptional coaches, OTF Lafayette is a standout facility for all fitness enthusiasts.

Varied Workouts that Challenge You

With over 750 classes taken by dedicated members, it's clear that the workouts at Orangetheory Fitness are both **challenging and engaging**. Participants report losing weight while feeling energized after every session. The exercises vary daily, ensuring that boredom is never an option. From power walking to high-intensity training, members appreciate the ability to modify workouts according to their fitness levels.

Exceptional Amenities to Enhance Your Experience

OTF Lafayette offers several **amenities** designed for your convenience:

Swimming Pool: Although not a primary focus, a nearby swimming pool can complement your fitness routine. **Wheelchair-accessible Entrance:**

Accessibility is prioritized here, making it easy for everyone to participate.

Wheelchair-accessible Toilet: Ensuring comfort and convenience for all members.

Wheelchair-accessible Car Park: Parking facilities are designed to accommodate all members.

Community and Support

The sense of community at Orangetheory Fitness is palpable. Many members express how the **supportive coaches** and friendly staff motivate them to achieve their goals. Whether you are a beginner or a seasoned athlete, the environment fosters growth and confidence.

Planning Your Visit

Planning a visit to OTF Lafayette? Remember that a **membership is required** to access the gym's facilities and classes. Take advantage of their free trial class to experience firsthand the unique atmosphere and dynamic workouts.

Personalized Coaching for Every Member

Members rave about the tailored approach each coach takes with them to ensure their personal goals are achieved. From strength training to endurance exercises, the coaching staff monitors your progress and pushes you to reach new heights. As one member mentioned, "The instructors are phenomenal! They're incredibly knowledgeable and fantastic motivators."

Final Thoughts

If you're looking for an exciting and supportive fitness environment in Lafayette, Orangetheory Fitness is the place to be. With its wide array of amenities, personalized training, and a community that encourages you to push your limits, it's no wonder members leave feeling accomplished and ready for more. Join the movement and discover what makes OTF Lafayette a favorite among fitness

enthusiasts!

We are established at

109 Old Camp Rd, 70508 Lafayette, Louisiana - United States (US)

The contact phone of this **Gym** is +1337-735-1877

And if you want to send a WhatsApp, you can do so at +1337-735-1877

Our business hours are:

Day Hours
Monday

8:30?AM–12?PM

Tuesday

4:45?AM–6:45?PM

Wednesday

4:45?AM–8?PM

Thursday

4:45?AM–6:45?PM

Friday

4:45?AM–8?PM

Saturday

4:45?AM–5:30?PM

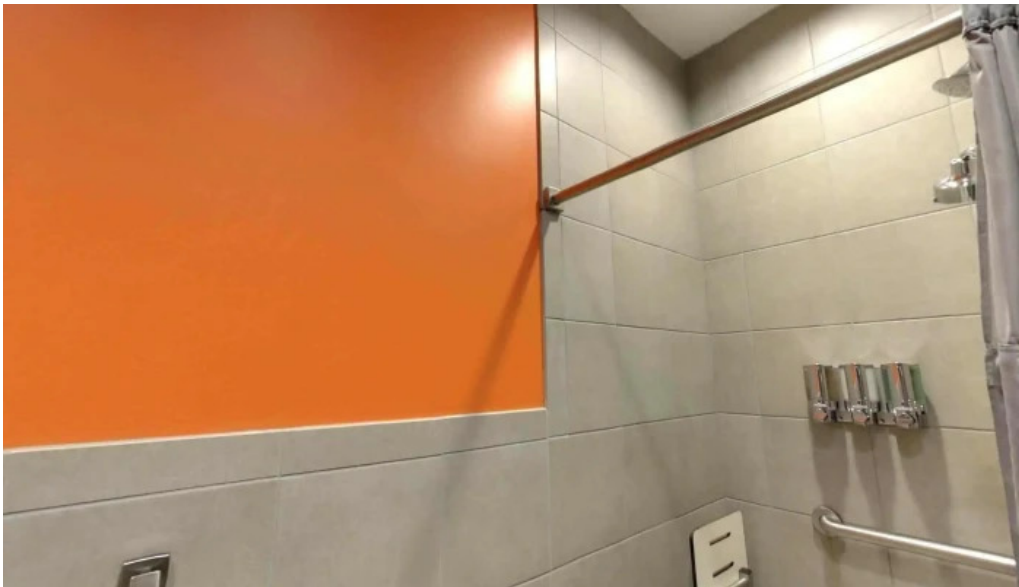
Sunday

7:30?AM–12:30?PM

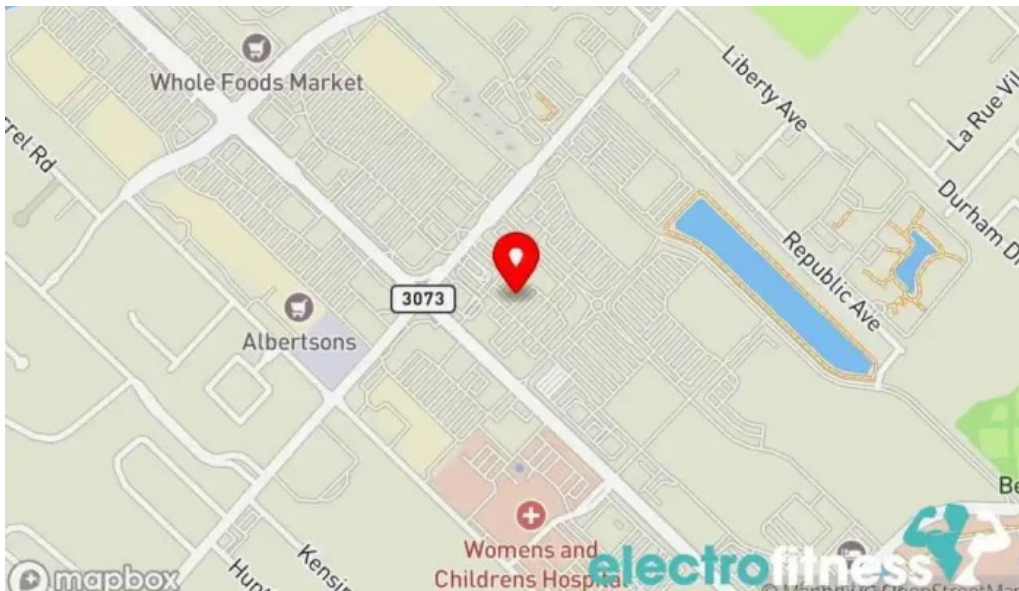
The website is Orangetheory Fitness

If you wish to alter any information that you feel is incorrect about this page, please send us a message and we will correct it quickly. Thank you in advance thank you very much.

Images



Orangetheory fitness street view 360deg



Orangetheory fitness map



Orangetheory fitness lafayette



Orangetheory fitness gym



Orangetheory fitness by owner



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Tags

Amenities, Accessibility, Swimming pool, Membership required, Wheelchair-accessible car park, Wheelchair-accessible toilet, Planning, Wheelchair-accessible entrance, Toilet

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