

Electro Fitness: Best Electro Fitness

### **Fitness Elite - Laguna Niguel**

laguna niguel



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laguna niguel

# Fitness Elite - Laguna Niguel

## Discover Fitness Elite: Your Premier Gym in Laguna Niguel, California

If you're planning to kickstart your fitness journey or enhance your current routine, **Fitness Elite** in Laguna Niguel is a top choice. Known for its extensive service options and state-of-the-art amenities, this gym caters to various fitness needs.

## **Comprehensive Service Options**

Fitness Elite offers a wide range of **on-site services**, including personal training, group classes, and wellness programs. Their affiliation with physical therapists also allows members to benefit from pre and post-operative workouts, ensuring a seamless transition for those recovering from surgery, such as knee replacements.

### **Accessibility for Everyone**

This gym prioritizes accessibility with features like a **wheelchair-accessible car park** and **wheelchair-accessible entrance**, making it easy for all members to enjoy their fitness experience. The welcoming atmosphere is perfect for individuals of all ages and fitness levels.

#### **Online Classes and Amenities**

Fitness Elite understands that flexibility is key, which is why they offer **online classes**. This feature enables members to participate in workouts from the comfort of their homes, ensuring consistent fitness engagement regardless of circumstances.

The gym boasts a plethora of **amenities**, including steam saunas, diverse workout equipment, and an engaging community of instructors who are dedicated to making every class enjoyable. Popular offerings include hot yoga, pilates, spin classes, and more, catering to varied preferences.

## **Membership Insights**

While a **membership is required** to access these outstanding facilities and services, many members find the cost worthwhile due to the quality of the experience. It's important to note some members have expressed concerns regarding billing practices; however, the overall feedback emphasizes the excellent staff and clean facilities.

## **Final Thoughts**

Fitness Elite stands out as a valuable option for anyone looking to enhance their fitness routine in Laguna Niguel. With comprehensive service options, accessibility features, and a commitment to member satisfaction, this gym is a solid choice for fitness enthusiasts.

Whether you're a seasoned athlete or just starting your journey, Fitness Elite can help you achieve your goals while enjoying a supportive community environment.

#### The location of our premises is

#### 31271 Niguel Rd J, 92677 Laguna Niguel, California - United States (US)

The contact phone of said **Gym** is <u>+1949-443-6080</u> And if you want to send a WhatsApp, you can do so at<u>+1949-443-6080</u>

### You can visit us at the following hours:

Day Hours
Monday
5?AM-8?PM
Tuesday
5?AM-2?PM
Wednesday
7?AM-12?PM
Thursday
7?AM-12?PM
Eriday
5?AM-8?PM
Saturday
5?AM-8?PM
Sunday
5?AM-8?PM

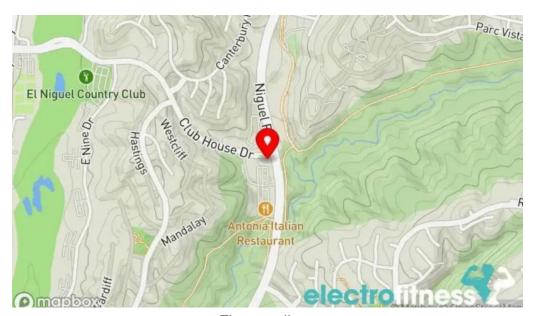
### The website is Fitness Elite

If you wish to adjust any data that you think is not accurate related to this web, we urge you to forward a message and we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

## **Images**



Fitness elite street view 360deg



Fitness elite map



Fitness elite laguna niguel



Fitness elite gym



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## **Tags**

Online classes, On-site services, Wheelchair-accessible entrance, Wi-Fi, Amenities, Service options, Accessibility, Planning, Membership required, Wheelchair-accessible car park

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