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9Round Kickbox Fitness - Laurel

laurel



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Welcome to 9Round Kickbox Fitness in Laurel, Maryland

9Round Kickbox Fitness is more than just a gym; it's a community where members transform their fitness journeys through high-intensity workouts. Located conveniently in Laurel, Maryland, this gym offers **accessibility** and welcoming amenities for everyone.

Accessibility and On-Site Services

At 9Round, the emphasis is on convenience. With **on-site parking**, you can easily find a spot without the hassle typically associated with urban gyms. The

wheelchair-accessible car park ensures that all members can enjoy the facilities. The gym features a **wheelchair-accessible entrance** and **wheelchair-accessible toilets**, providing essential services for those with mobility needs. Gender-neutral toilets also promote inclusivity, reflecting the gym's commitment to creating a comfortable environment for all.

Amenities That Make a Difference

What sets 9Round apart from other gyms are its **amenities** and services tailored to enhancing your workout experience. The gym boasts state-of-the-art equipment that is not only clean but also well-maintained. Members rave about the **supportive atmosphere** and the **supportive trainers** who provide personalized guidance throughout each session. Whether you're a beginner or a seasoned athlete, the trainers are adept at accommodating various fitness levels.

Flexible Workout Schedule

One of the standout features of 9Round is its flexible schedule. Members appreciate being able to work out at their own pace, as there are no set class times. This flexibility allows individuals to fit a **30-minute high-intensity workout** into their busy lives easily. From kickboxing to strength training, every session is designed to maximize results in minimal time. Additionally, the trainers craft varied workouts each day, ensuring that boredom is never an issue. As one satisfied member noted, "Every day a new workout!" The sense of community among members encourages everyone to push their limits together.

Positive Atmosphere and Community Support

Feedback from members highlights a strong sense of community within the 9Round family. Many have expressed appreciation for the camaraderie among fellow members, stating, "We're all fighting to get fit together!" This supportive environment makes it easier to stay motivated and committed to personal fitness goals. The enthusiastic trainers are key in fostering this positive atmosphere. They deliver not only tough workouts but also encouragement that helps members achieve their individual best. As one member put it, "The trainers push you past what you think you can do."

Conclusion: Join the 9Round Family

If you are looking for a gym that provides a personal touch along with effective workouts, 9Round Kickbox Fitness in Laurel, Maryland, is the place for you. With its focus on accessibility, community support, and high-quality training, 9Round has something to offer everyone. Don't wait any longer; experience the transformation yourself and become part of the 9Round family today! Whether you are just starting your fitness journey or seeking to elevate your training, 9Round in Laurel is ready to welcome you. Achieve your goals in a friendly,

motivating environment tailored to every fitness level!

We are positioned at

3469 Fort Meade Rd, 20724 Laurel, Maryland - United States (US)

The contact phone of the respective **Gym** is <u>+1301-685-6000</u> And if you want to send a WhatsApp, you can do so at<u>+1301-685-6000</u>

We are open during the following hours:

Day Hours
Monday
9?AM-2?PM
Tuesday
11?AM-3?PM
Wednesday
8?AM-1?PM 3-8?PM
Thursday
8?AM-1?PM 3-8?PM
Eriday
6:30?AM-12?PM 3-8?PM
Saturday
8?AM-1?PM 3-8?PM
Sunday
8?AM-1?PM 3-7?PM

The website is 9Round Kickbox Fitness

If necessary to change any element that you consider is not accurate about this portal, we urge you to send us a message and we will correct it as soon as possible. In advance thank you very much.

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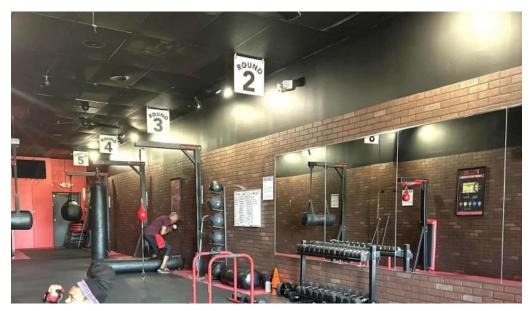
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Tags

Wheelchair-accessible car park, Service options, Wheelchair-accessible toilet, Amenities, Parking, On-site services, Wheelchair-accessible entrance, On-site parking, Gender-neutral toilets, Accessibility, Toilet

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