

Central Maine Athletic Center - Lewiston

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Published on: 29/05/25	Hits: 32
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Central Maine Athletic Center - Lewiston

Exploring Central Maine Athletic Center in Lewiston

The Central Maine Athletic Center is a hidden gem located in Lewiston, Maine, that caters to fitness enthusiasts and individuals seeking a welcoming environment.

Facility Overview

This gym may be small, but it packs a punch with a **decent amount of weights** available for members. It provides an inviting atmosphere for both beginners and seasoned athletes. Whether you're lifting weights or trying out

new fitness routines, this facility has something to offer for everyone.

Accessibility Features

One of the standout features of the Central Maine Athletic Center is its commitment to ****accessibility****. The center includes a ****wheelchair-accessible car park****, ensuring that all visitors can easily access the gym without any barriers. This focus on accessibility makes it an ideal choice for individuals with mobility challenges who want to maintain their fitness journey.

Community Feedback

Visitors have praised the gym for its friendly environment and well-maintained equipment. Many find the ****awesome**** vibe invigorating and motivating, making workouts enjoyable. The supportive community within the center plays a significant role in creating a positive experience for all members.

Conclusion

In summary, Central Maine Athletic Center is more than just a gym; it's a community-focused facility that prioritizes accessibility and fitness for everyone. If you're in Lewiston, Maine, consider visiting this awesome gym that has so much to offer!

We are at

74 Westminster St, 04240 Lewiston, Maine - United States (US)

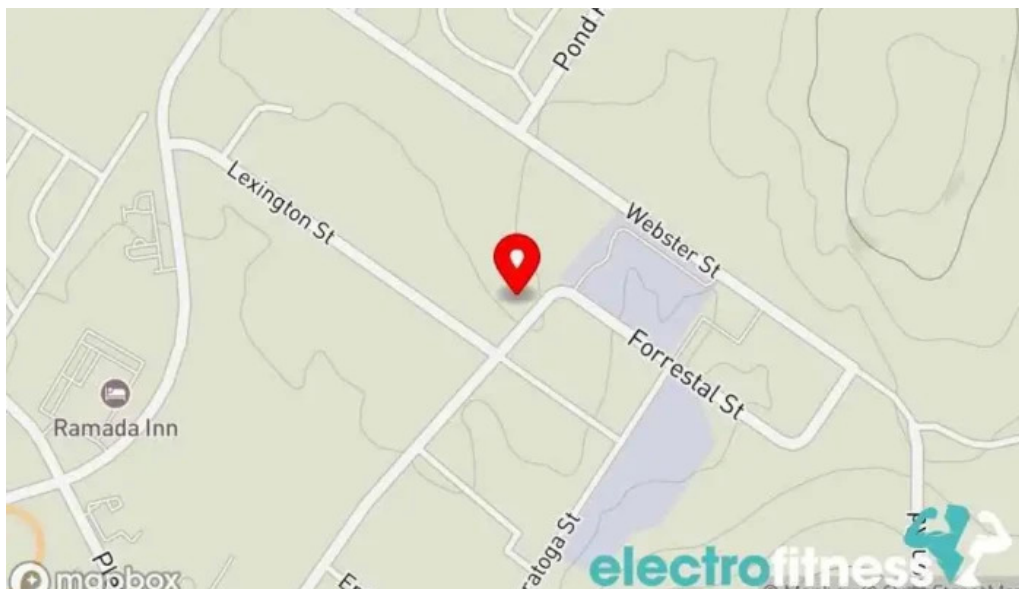
The contact line of the respective **Gym** is +1207-786-4820

And if you want to send a WhatsApp, you can do so at +1207-786-4820

The website is Central Maine Athletic Center

If you require to alter any information that you feel is not precise related to this portal, we urge you to send a message so that we will adjust it quickly. Thanks beforehand we appreciate it.

Images



Central maine athletic center map



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Tags

Accessibility, Wheelchair-accessible car park

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martial arts school
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