

Go Hard Fitness Center - Lufkin

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Welcome to Go Hard Fitness Center in Lufkin, Texas

If you are looking for a gym that truly caters to your fitness needs while ensuring accessibility, look no further than **Go Hard Fitness Center**. Located in the heart of Lufkin, this gym is not just about aesthetics; it focuses on health and wellness.

Accessibility Features

Go Hard Fitness Center is committed to providing an inclusive environment for all members. The gym boasts a **wheelchair-accessible entrance**, making it easy for everyone to access their fitness journey. Additionally, there's a **wheelchair-accessible car park** available, ensuring that parking is convenient for those with mobility challenges.

Expert Personal Training

One of the standout features of Go Hard Fitness is its skilled trainers. **Achilles** has garnered rave reviews for his personal training sessions, helping individuals achieve their weight loss goals effectively. Many members have shared that he makes workouts enjoyable and motivating, proving that with the right guidance, anyone can succeed.

Equipment and Facilities

Don't let the gym's small exterior fool you! Inside, you'll find a wide range of equipment tailored to meet diverse fitness needs. Members have noted that there is always helpful staff available to provide advice or assistance. Whether you're a beginner or a seasoned fitness enthusiast, the gym's resources have you covered.

Community and Atmosphere

The atmosphere at Go Hard Fitness is one of camaraderie and support. Many members describe it as having "great vibes" and an overall welcoming environment. It's a place where you can work out while surrounded by **amazing people** who uplift one another. This gym prioritizes health over body image, creating a space focused on progress and results.

Membership Value

Many users highlight the **affordable monthly membership fees** as a major draw. The value you receive in terms of access to equipment, expert trainers, and a supportive community is unmatched. People have shared, "If you want to see results, you got to come to this gym!"

Join the Go Hard Family

With its combination of accessibility, expert training, and a positive atmosphere, Go Hard Fitness Center stands as a pillar of health in Lufkin. If you're looking for a place to get in shape and be part of an encouraging community, this gym is definitely worth a try!

Our business is found at

205 Herndon St, 75904 Lufkin, Texas - United States (US)

The contact phone of this **Gym** is +1936-219-7237

And if you want to send a WhatsApp, you can do so at +1936-219-7237

We are available at these times:

Day	Hours
Monday	5:30?AM–10?PM
Tuesday	5:30?AM–10?PM
Wednesday	9:30?AM–5?PM
Thursday	Closed
Friday	5:30?AM–10?PM
Saturday	5:30?AM–10?PM
Sunday	5:30?AM–10?PM

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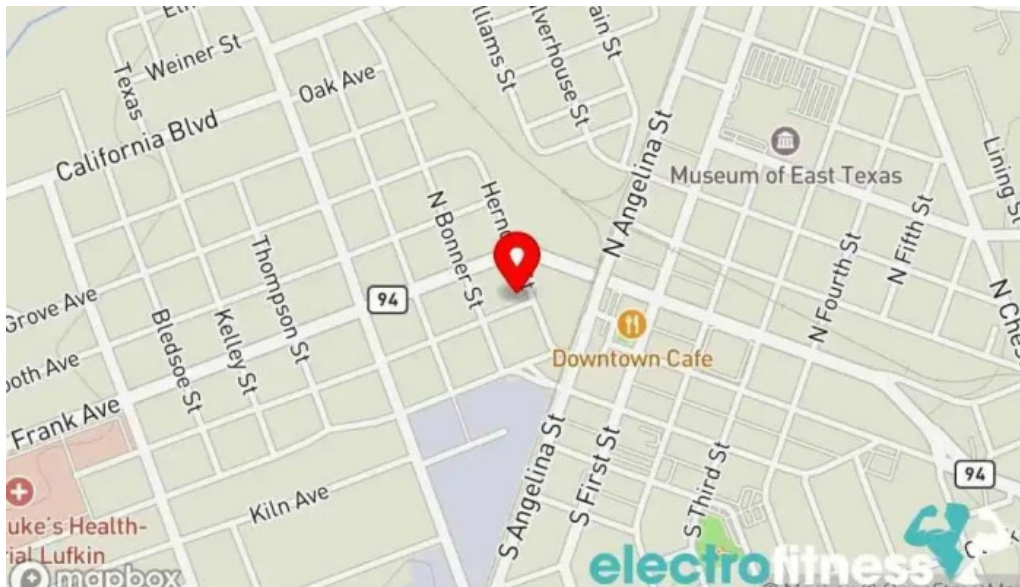
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Go hard fitness center videos



Go hard fitness center street view 360deg



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Go hard fitness center gym



Go hard fitness center by owner



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Tags

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance

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indoor lodging
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karate club
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kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
medical clinic
medical group
medical spa
meditation center
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