

Encompass Fitness Center & Gym in Marlborough - Marlborough

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Encompass Fitness Center & Gym: Your Ultimate Fitness Destination in Marlborough, Massachusetts

Located in the vibrant community of Marlborough, Massachusetts, ****Encompass Fitness Center & Gym**** is more than just a workout facility; it's a hub for fitness enthusiasts at every stage of their journey. Whether you're a seasoned athlete or just starting out, this gym offers an array of amenities and

services designed to enhance your experience.

Planning Your Fitness Journey

When considering a fitness center, planning is essential. Encompass Fitness provides flexible **membership options** that cater to your lifestyle. With various plans available—including monthly contracts—you can choose what best fits your needs without being locked into long-term agreements.

On-Site Services and Amenities

Encompass Fitness boasts a large selection of **equipment**, from free weights to cardio machines, ensuring that you'll always have access to tools necessary for a complete workout. The gym also features: - **Wheelchair-accessible entrance** and **toilet** facilities, ensuring that everyone can enjoy their fitness journey comfortably. - Clean locker rooms with showers and a separate area for stretching and yoga. - A small bar offering shakes and coffee, perfect for post-workout recovery.

Online Classes and Training Options

In addition to its extensive on-site equipment, Encompass offers **online classes** for those who prefer to work out from home. This flexibility ensures that you can stay on track with your fitness goals no matter where you are. The experienced trainers are also available for personalized sessions, guiding you through your workouts effectively.

Accessibility and Parking

Accessibility is a top priority at Encompass Fitness. The facility includes a **wheelchair-accessible car park** and a **free parking lot**, making it easy for everyone to access the gym. While parking can be tight during peak hours due to shared space with other businesses, the convenience of having ample parking makes it a non-issue for most members.

A Community Focused Environment

One of the standout features of Encompass Fitness is its **welcoming atmosphere**. Members often comment on the friendly staff who greet you as soon as you walk through the doors. This sense of community fosters relationships among members, creating a supportive environment where everyone works together towards their fitness goals.

Conclusion: Membership Required for Access

To make the most of what Encompass Fitness Center has to offer, a **membership is required**. However, the benefits and amenities provided far outweigh the cost, making it a worthwhile investment in your health. With a clean and organized facility, a variety of equipment, and a strong sense of community, Encompass is truly one of the best gyms in Marlborough, MA. If

you're looking for a gym that feels like home, Encompass Fitness Center & Gym should be your first choice. Visit today and start your journey towards a healthier lifestyle!

You can find us in

420 Maple St, 01752 Marlborough, Massachusetts - United States (US)

The contact line of the mentioned **Gym** is +1508-481-2294

And if you want to send a WhatsApp, you can do so at +1508-481-2294

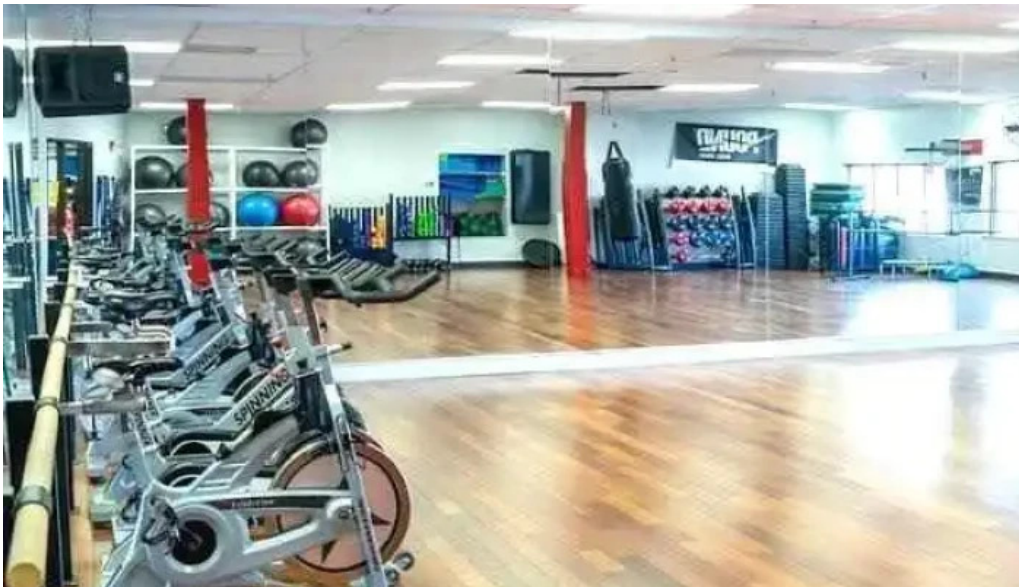
Our business hours are:

Day Hours
Monday
5?AM–9:30?PM
Tuesday
5?AM–9:30?PM
Wednesday
7?AM–7?PM
Thursday
7?AM–7?PM
Friday
5?AM–9:30?PM
Saturday
5?AM–9:30?PM
Sunday
5?AM–9:30?PM

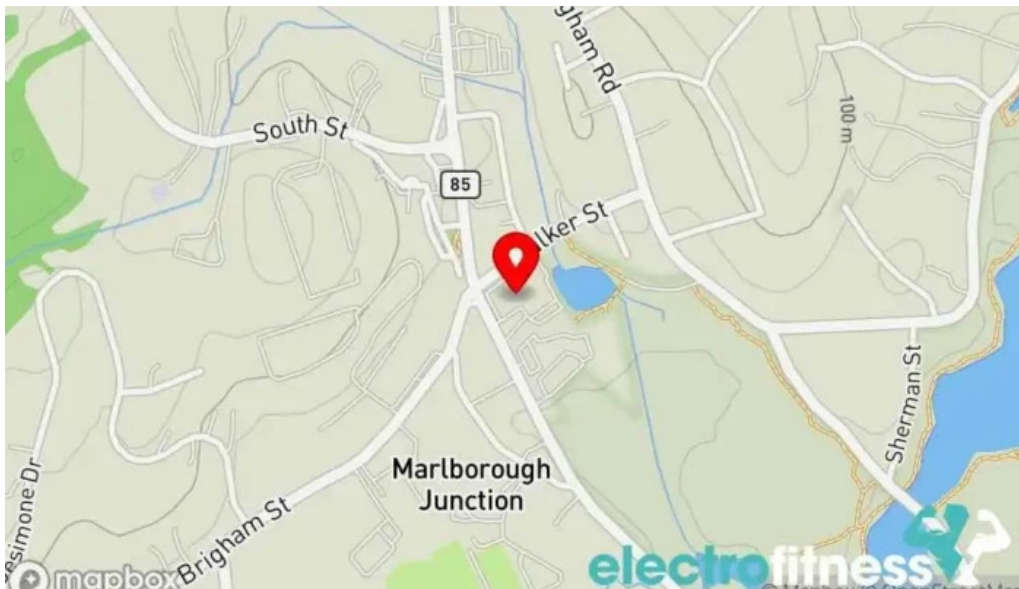
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Tags

Accessibility, Parking, Service options, Wheelchair-accessible car park, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Amenities, Toilet, Free parking lot, On-site services, Planning, Membership required, Online classes

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