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### **KikFit Training - Mattapoisett**

mattapoisett



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# KikFit Training - Mattapoisett

# Discover KikFit Training in Mattapoisett, Massachusetts

KikFit Training is not just a gym; it's a community focused on personal growth and physical excellence. Located in beautiful Mattapoisett, Massachusetts, this facility offers **wheelchair-accessible seating** and a **wheelchair-accessible toilet**, ensuring that everyone can enjoy the state-of-the-art amenities.

# Why Choose KikFit?

At KikFit Training, we prioritize **accessibility** and convenience. With various **service options** available, including tailored personal training and **online classes**, our facility caters to diverse needs, making fitness achievable for all. Whether you prefer working out at home or within our welcoming community, we've got you covered.

#### **On-Site Services and Amenities**

KikFit boasts an array of **on-site services** designed to enhance your workout experience. Our highly qualified trainer, Coach Derek, personalizes fitness plans based on individual needs, as seen in numerous testimonials from satisfied clients.

### Personalized Training with Coach Derek

Coach Derek has garnered immense praise for his expertise and dedication.

Here are some insights from clients: "I can't recommend Derek enough as a personal trainer! His expertise and passion for fitness are evident in every session." "Derek took the time to learn what my son needed, creating a personalized plan that truly works!" "Training with Derek is about more than just workouts; it's about personal growth and mentorship."

### A Holistic Approach to Fitness

KikFit Training implements a holistic approach that focuses not only on physical fitness but also on emotional well-being. Clients have expressed how they leave each session feeling renewed, both physically and mentally. As one member put it, "Training with Derek works on my mind, body, and spirit."

# **Quality of Life Through Fitness**

The goal at KikFit is to improve overall quality of life. Many clients have reported significant transformations, including weight loss, increased strength, and improved mental health. One client noted, "Derek has provided me with the tools to reach my long-term goals over a lifetime."

## Join the KikFit Community Today!

If you're looking for an inclusive gym environment that values **accessibility** and personalized attention, KikFit Training is the right choice for you. Experience our unique combination of challenging workouts and supportive community. Sign up for a class today and start your journey towards a healthier, happier you!

#### Our establishment is located at

#### 57 County Rd, 02739 Mattapoisett, Massachusetts - United States (US)

The phone number of this **Gym** is <u>+1508-930-1861</u>
And if you want to send a WhatsApp, you can do so at<u>+1508-930-1861</u>

## We look forward to seeing you at:

Day Hours Monday 6?AM-7?PM Tuesday 9-11?AM Wednesday Closed Thursday 6?AM-7?PM Eriday 6?AM-7?PM Saturday 6?AM-7?PM Sunday 6?AM-7?PM

## The website is KikFit Training

If you need to adjust any element that you believe is not accurate related to this page, we urge you to send us a message so that we will handle it quickly. Thank you in advance thanks.

# **Images**



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# **Tags**

Service options, Wheelchair-accessible seating, Amenities, On-site services, Accessibility, Toilet, Wheelchair-accessible toilet, Online classes

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