

Electro Fitness: Best Electro Fitness

## **Pure Fitness - Medley**

medley



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# Pure Fitness - Medley

## Discover Pure Fitness: Your New Gym in Medley, Florida

At \*\*Pure Fitness\*\*, located in Medley, Florida, members are greeted with a welcoming environment designed for all fitness enthusiasts. This gym is not just another fitness center; it stands out due to its exceptional \*\*accessibility\*\* features that cater to everyone, including those with mobility challenges.

## **Accessibility Features**

Pure Fitness boasts a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*, ensuring that everyone can enjoy their

fitness journey without barriers. This commitment to accessibility allows individuals with differing abilities to work out comfortably, making it a true community gym.

### **A Welcoming Community**

Members express appreciation for the warm environment at Pure Fitness. One user described it as "super accessible, lots of parking," highlighting the convenience provided by the facility. The inclusive atmosphere encourages individuals at all fitness levels to join in the workouts, making it a great space to get inspired and meet health goals.

### **Tailored Fitness Experience**

With small group classes, Pure Fitness emphasizes personalized attention and guidance. Trainers like Juan Garcia are dedicated to ensuring that each member feels supported throughout their fitness journey. As one member noted, "Despite being a small group class, both trainers are always there to offer support when it's needed." This personal touch is crucial for maximizing results and fostering self-confidence.

#### **Dynamic Training Programs**

The gym's training programs are crafted to suit various fitness levels, combining functional fitness with challenging workouts. Members can benefit from classes like HYBRID and SWEAT days, which provide flexibility for both beginners and advanced athletes. Each workout is tailored to individual needs, with modifications available to ensure safety and effectiveness.

## **Positive Training Environment**

Members consistently praise the supportive community created by trainers and fellow gym-goers. With comments highlighting Juan's ability to motivate and inspire, it's clear that Pure Fitness offers more than just physical training; it fosters a sense of belonging. "Juan's workouts are exactly what you need to get to your goal," remarked a satisfied member.

## **Convenient Location and Amenities**

Located conveniently in Medley, Pure Fitness provides ample parking and a clean, organized space that contributes to an enjoyable workout experience. The inclusion of amenities such as a nutrition protein drink bar adds to the overall appeal, allowing members to refuel after intense workouts.

## Join the Pure Fitness Community

If you're searching for a gym that prioritizes accessibility, personalized training, and a positive atmosphere, look no further than Pure Fitness. With a commitment to helping members achieve their fitness goals and a focus on creating a welcoming environment, this gym is truly a gem in Medley, Florida.

Join today and become part of a community dedicated to health and wellness!

#### The business is situated at

7265 NW 74th St unit 8, 33166 Medley, Florida - United States (US)

The contact line of this **Gym** is <u>+1305-833-6808</u> And if you want to send a WhatsApp, you can do so at<u>+1305-833-6808</u>

### We are open during the following hours:

Day Hours Monday 5?AM-8?PM Tuesday 5?AM-8?PM Wednesday Closed Thursday 5?AM-8?PM Eriday 5?AM-8?PM Saturday 5?AM-8?PM Sunday 5?AM-8?PM

### The website is Pure Fitness

If necessary to alter any data that you consider is incorrect concerning this page, we kindly request send a message so that we will fix it quickly. In advance thank you very much.

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