

## Oakwood Gym - Melvindale

melvindale



Published on: 13/05/25	Hits: 1278
Comments: 0	See comments
Votes: 142	Score: 4.5

[https://www.electrofitness.com/gym/melvindale/oakwood-gym-melvindale\\_293508.php](https://www.electrofitness.com/gym/melvindale/oakwood-gym-melvindale_293508.php)



*melvindale*

### *Oakwood Gym - Melvindale*

#### **Discover Oakwood Gym: The Hidden Gem of Melvindale, Michigan**

Oakwood Gym is not just any gym; it's a community for fitness enthusiasts in Melvindale. While it might not boast a glamorous facade, its unmatched equipment and welcoming atmosphere make it a favorite among both novice and experienced gym-goers.

#### **Accessibility for Everyone**

One of the standout features of Oakwood Gym is its commitment to **\*\*accessibility\*\***. The facility features a **\*\*wheelchair-accessible entrance\*\*** and a

**\*\*wheelchair-accessible car park\*\***, ensuring that everyone can enjoy their workout experience without barriers.

## **Exceptional Offerings for All Fitness Levels**

Whether you're a seasoned lifter or just starting, Oakwood Gym has something for everyone. With a diverse range of weightlifting equipment—including dumbbells up to 200 lbs and various machines—this gym caters to every training need. Many visitors have praised the extensive equipment selection, noting that they never have to wait for machines, even during peak hours.

## **A Clean and Friendly Environment**

Cleanliness is a top priority at Oakwood Gym. Reviewers frequently mention how spotless the gym is, creating a pleasant workout environment. The staff is not only polite but also knowledgeable, providing assistance whenever needed. Members appreciate the respectful culture where everyone focuses on their training, making the gym a supportive space.

## **New Additions: Sauna and More**

Recently, Oakwood Gym introduced a **\*\*sauna\*\***, adding to its already impressive list of amenities. This new feature has been well-received, providing members with a great way to relax after an intense workout session.

## **Membership Requirements**

To take advantage of all that Oakwood Gym has to offer, a **\*\*membership is required\*\***. Many loyal patrons express that the investment is worth it, given the quality of equipment and the supportive community atmosphere. Day passes are also available for those visiting the area, making it easy to drop in for a workout.

## **A Real Gym Experience**

What sets Oakwood Gym apart from typical commercial gyms is its old-school vibe and focus on true fitness. Reviewers describe it as a place where serious lifters gather, free from distractions like tripods and social media influencers. Members feel comfortable getting in their workouts without the pressure often found in more mainstream gyms.

## **Conclusion**

In summary, Oakwood Gym in Melvindale is a top choice for anyone serious about fitness. From its wheelchair accessibility and impressive offerings to its clean environment and supportive community, it embodies everything a gym should be. If you're searching for a place to hone your fitness goals, look no further than Oakwood Gym.

**Our business is at**

17767 Dix Rd, 48122 Melvindale, Michigan - United States (US)

The phone of this **Gym** is +1313-928-3520

And if you want to send a WhatsApp, you can do so at +1313-928-3520

### **You can visit us at the following hours:**

Day Hours  
Monday  
4:30?AM–12?AM  
Tuesday  
4:30?AM–12?AM  
Wednesday  
4:30?AM–12?AM  
Thursday  
7?AM–8?PM  
Friday  
7?AM–6?PM  
Saturday  
4:30?AM–12?AM  
Sunday  
4:30?AM–12?AM

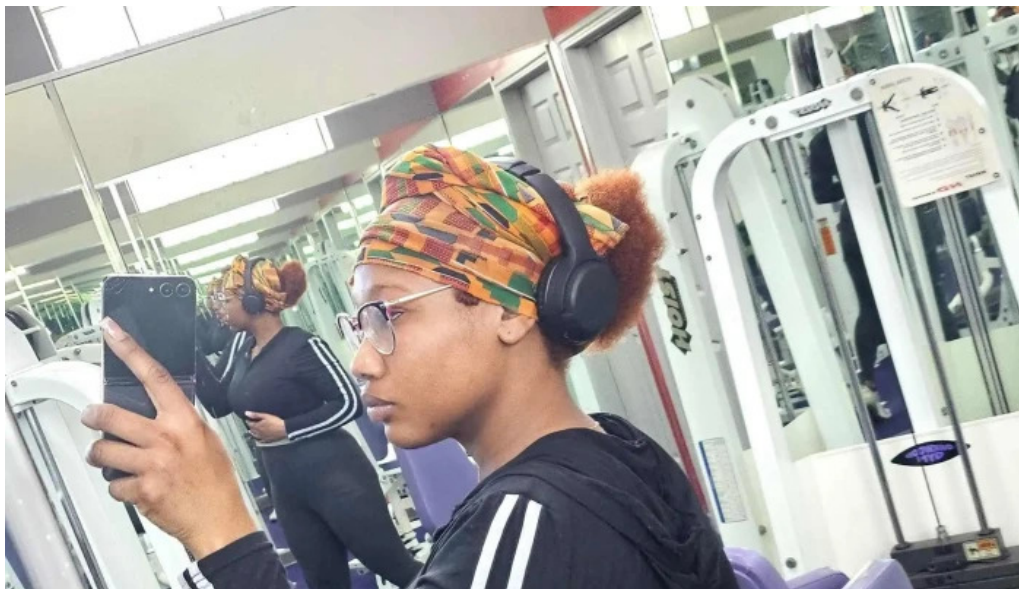
The website is Oakwood Gym

If you need to modify any element that you consider is not precise concerning this site, please deliver a message and we will handle it promptly. Thank you in advance thank you very much.

## **Images**



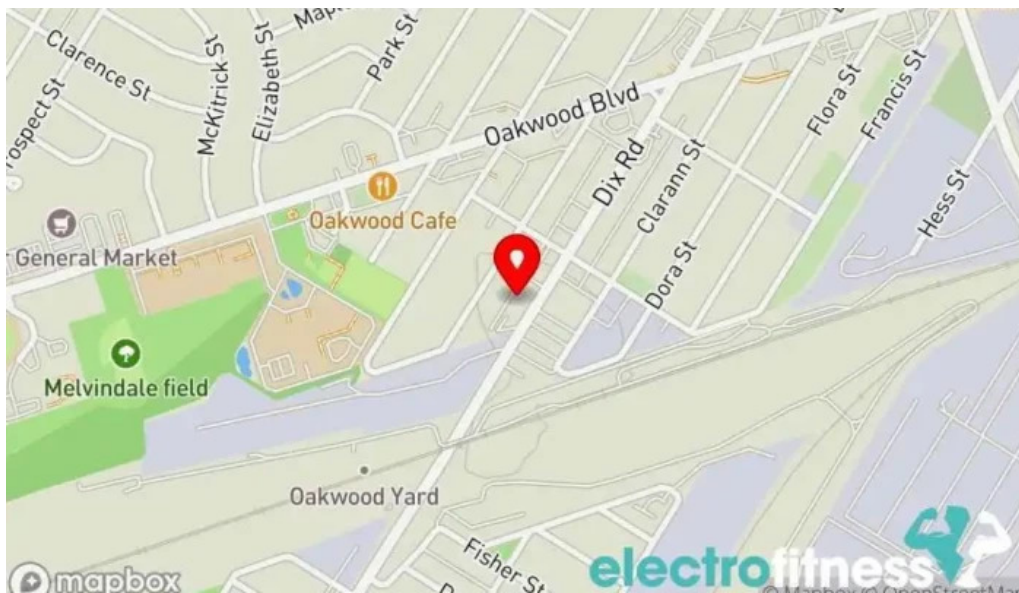
*Oakwood gym street view 360deg*



*Oakwood gym promotion*



*Oakwood gym melvindale*

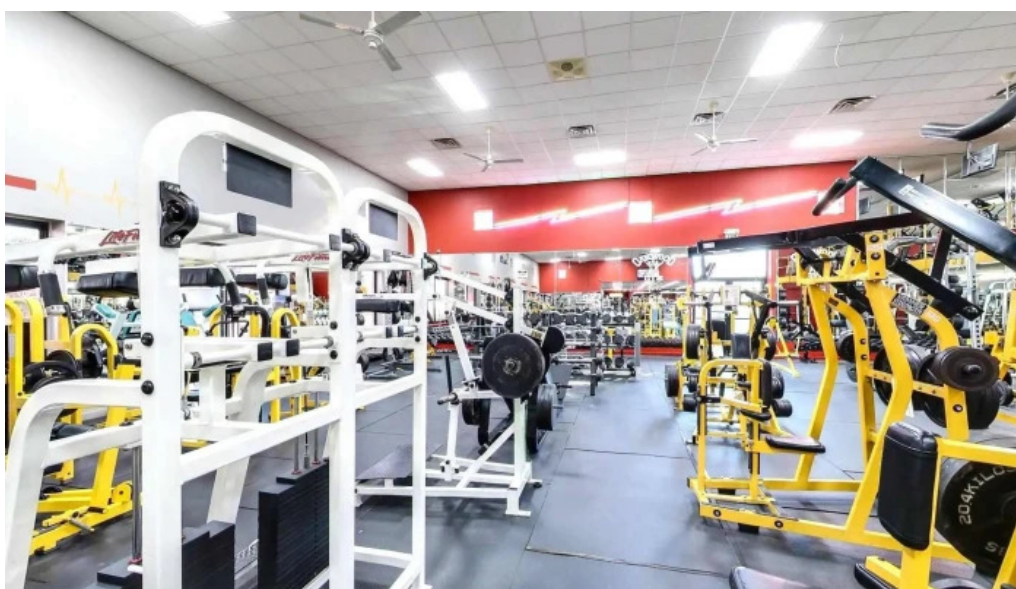


*Oakwood gym map*





*Oakwood gym gym*



*Oakwood gym all*

## Tags

*Membership required, Wheelchair-accessible car park, Wheelchair-accessible entrance, Offerings, Accessibility, Sauna, Planning*

## Related content

---

**4.4 \*** *Oakwood Athletic Club - Lafayette*

---

**4.5 \*** *The Sweat Shack Saugus - Santa Clarita*

---

**3.7 \*** *24 Hour Fitness - Dallas*

---

**4.3 \*** *Georgia Fitness Acworth - Acworth*

<b>4.4 *</b>	<i>24 Hour Fitness - Orlando</i>
<b>3.7 *</b>	<i>24 Hour Fitness - Apple Valley</i>
<b>3.6 *</b>	<i>24 Hour Fitness - Arvada</i>
<b>3.7 *</b>	<i>One More Gym - Kokomo</i>
<b>4.0 *</b>	<i>Vida - Logan Circle - Washington</i>
<b>4.7 *</b>	<i>UHealth Fitness and Wellness Center - Miami</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
college

community center
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disability services and support organization
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school



karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor sports store
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school

senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
tanning salon
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization