

## Orangetheory Fitness - Meridian

meridian

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|------------------------|--------------|
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*meridian*

## *Orangetheory Fitness - Meridian*

### **Discover Orangetheory Fitness in Meridian, Idaho**

Welcome to **Orangetheory Fitness** in Meridian, Idaho—where fitness meets community. This gym has quickly become a favorite among locals for its engaging workouts and inviting atmosphere, making it an ideal choice for anyone looking to get back into a fitness routine.

### **Amenities That Enhance Your Experience**

Orangetheory Fitness offers a variety of **amenities** to ensure that every visit is enjoyable and effective. Members appreciate the **wheelchair-accessible**

entrance\*\* and \*\*wheelchair-accessible toilet\*\*, making the facility inclusive for everyone. Additionally, the clean environment is often praised, with many members describing it as "the cleanest gym in Idaho." The gym features state-of-the-art equipment and facilities, including a \*\*swimming pool\*\* that enhances your workout options. Whether you're into high-intensity interval training or a more relaxed swim, Orangetheory Fitness has you covered.

## **Planning Your Workouts**

One of the standout features of \*\*Orangetheory Fitness\*\* is the structured class format. You don't have to worry about planning your workouts; coaches guide you through sessions designed to build strength, power, and endurance. With each class being different, there's never a dull moment, and you're encouraged to set new personal bests. Members have highlighted how the heart rate monitoring system provides real-time feedback, allowing you to track your performance and progress through the user-friendly app. This makes scheduling and planning workouts extremely simple.

## **Accessibility and Inclusiveness**

Orangetheory Fitness prides itself on being accessible to all. The \*\*wheelchair-accessible car park\*\* and facilities ensure that everyone can join in the fun. The staff genuinely welcomes newcomers, creating an encouraging atmosphere that resonates throughout the gym. Members rave about the sense of community, referring to it as a fitness family. Everyone from the front desk staff to the coaches contributes to an environment where you feel supported and motivated to achieve your goals.

## **Membership Requirements**

A \*\*membership is required\*\* to participate in classes, which many believe is worth every penny. The supportive community, expertly planned workouts, and enthusiastic coaching staff make it easier to stay committed to your fitness journey. Orangetheory also offers a free trial class, so newcomers can experience the vibe before signing up. This hands-on approach helps individuals feel confident in their decision to join.

## **The Verdict: Join Our Fitness Family!**

If you're seeking an effective way to improve your health and fitness, look no further than \*\*Orangetheory Fitness\*\* in Meridian, Idaho. With its motivating workouts, welcoming community, and well-planned classes, you're bound to see results while having a great time. As one member put it, "Come do the work and have fun with us!" Join today to embark on a rewarding fitness journey that not only transforms your body but also connects you with a community that feels like family.

## **The business is situated at**

1240 W Chinden Blvd #106, 83646 Meridian, Idaho - United States (US)

The phone number of this **Gym** is +1208-352-3844

And if you want to send a WhatsApp, you can do so at +1208-352-3844

### **We are open during the following hours:**

Day Hours

Monday

*4:40?AM–6:30?PM*

Tuesday

*4:40?AM–6:30?PM*

Wednesday

*4:40?AM–6:30?PM*

Thursday

*4:40?AM–6:30?PM*

Friday

*4:40?AM–12?PM*

Saturday

*6:30?AM–12?PM*

Sunday

*6:45–10:30?AM*

The website is Orangetheory Fitness

In case you want to change any element that you feel is incorrect concerning this web, please send us a message so that we will handle it quickly. With anticipation we appreciate it.

## **Images**



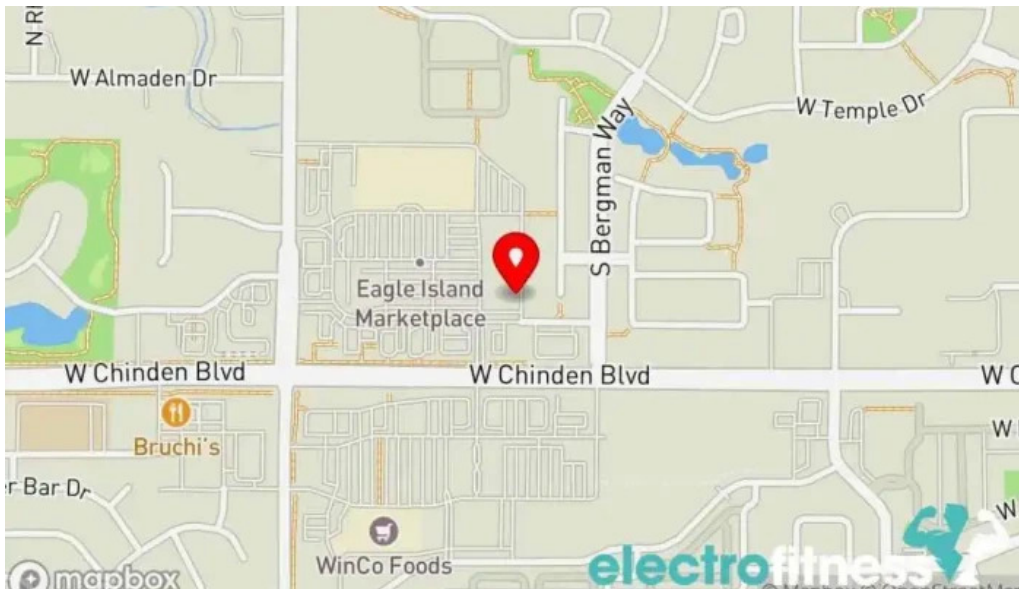
*Orangetheory fitness street view 360deg*



*Orangetheory fitness open now*



*Orangetheory fitness meridian*



*Orangetheory fitness map*





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*Orangetheory fitness gym*



*Orangetheory fitness discounts*



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## Tags

*Swimming pool, Amenities, Toilet, Membership required, Planning, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible toilet, Wheelchair-accessible car park*

## Related content

**4.9 \*** *Orangetheory Fitness - Lafayette*

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**4.9 \*** *Orangetheory Fitness - Dyer*

**4.9 \*** *Orangetheory Fitness Valparaiso - Valparaiso*

**5.0 \*** *Orangetheory Fitness - Pleasant Hill*

**4.8 \*** *Orangetheory Fitness - Abilene*

**4.9 \*** *Orangetheory Fitness - Walnut Creek*

**4.8 \*** *Orangetheory Fitness - Lafayette*

**4.9 \*** *Orangetheory Fitness - Crown Point*

**4.3 \*** *Orangetheory Fitness Lone Tree - Lone Tree*

## Categories

amusement park ride



|                            |
|----------------------------|
| arena                      |
| association / organization |
| athletic club              |
| bar                        |
| body shaping class         |
| boot camp                  |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| coffee shop                |
| community center           |
| convenience store          |
| country club               |
| coworking space            |
| dance school               |
| dollar store               |
| elementary school          |
| exercise equipment store   |
| firearms academy           |
| fitness                    |
| fitness center             |
| golf club                  |
| golf course                |
| golf instructor            |
| grocery store              |
| gym                        |
| gymnastics center          |
| hair salon                 |
| health consultant          |
| health food restaurant     |
| health spa                 |
| hiking area                |
| hospital                   |
| hotel                      |
| indoor cycling             |
| jujitsu school             |
| karate club                |
| karate school              |
| kennel                     |
| kickboxing school          |

|                                |
|--------------------------------|
| kinesiologist                  |
| kinesiotherapist               |
| martial arts club              |
| martial arts school            |
| massage therapist              |
| meditation center              |
| non-profit organization        |
| nutritionist                   |
| park                           |
| personal trainer               |
| pharmacy                       |
| physical fitness program       |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| public educational institution |
| recreation center              |
| rehabilitation center          |
| rock climbing gym              |
| school district office         |
| self defense school            |
| shooting range                 |
| shopping mall                  |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports medicine clinic         |
| sports school                  |
| supermarket                    |
| swimming instructor            |
| swimming school                |
| tennis club                    |
| thrift store                   |
| vitamin & supplements store    |
| weightlifting area             |
| wellness center                |
| wellness program               |
| yoga instructor                |
| yoga studio                    |

youth organization