

Cko Kickboxing River Landing - Miami

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Discover the Amazing CKO Kickboxing River Landing in Miami

If you're looking for a dynamic fitness experience that combines fun, intensity, and community, look no further than ****CKO Kickboxing River Landing****. Located in the heart of Miami, this gym is not just about working out; it's about transforming lives while ensuring ****accessibility**** for everyone.

Accessibility Features

CKO Kickboxing River Landing is proud to offer a range of accessibility features, including a ****wheelchair-accessible car park**** and a

****wheelchair-accessible entrance****. This commitment ensures that individuals of all abilities can enjoy the exceptional services and facilities available at the gym.

A Community Like No Other

From the moment you step inside, you are greeted by a welcoming team dedicated to helping you achieve your goals. Members rave about the supportive atmosphere, with many highlights including group birthday celebrations right after classes, showcasing the close-knit family vibe at CKO. One member expressed, "It's an amazing environment! I recommend 100%." Trainers like Alex, Richard, and Eglis are celebrated for their dedication and motivational styles. Testimonials highlight how these professionals push members to improve daily while also offering personalized feedback to ensure everyone feels comfortable, especially beginners. Classes led by Eglis are particularly noted for their engaging energy and hands-on corrections, making the learning process both effective and enjoyable.

Exciting Class Offerings

CKO Kickboxing River Landing offers a variety of classes throughout the day, catering to busy schedules and allowing everyone the opportunity to participate. The diverse class options include kickboxing, weight training, and high-energy workouts that keep things fresh and exciting. One enthusiastic member shared, "I love my CKO classes! There are so many options for classes during the day that you really have no excuses not to come." Participating in classes not only helps in achieving fitness goals but also promotes personal growth. Many patrons have attested to improved health and wellness through consistent engagement, with one member stating, "Since I've been going, I feel so much healthier, happier, and empowered."

Why Choose CKO Kickboxing River Landing?

With its clean, well-equipped facility and a strong emphasis on technique, CKO stands out as a premier location for anyone from fitness newcomers to seasoned athletes. The combination of expert trainers and an exhilarating workout environment creates a truly unique fitness experience. The glowing reviews consistently emphasize the exceptional coaching staff and the overall positive atmosphere. Whether your goal is weight loss, increased endurance, or simply finding a fun way to get fit, CKO Kickboxing River Landing provides the perfect blend of challenge and support. As one satisfied member noted, "If you really want to transform yourself with the best coaches in the area, this place is for you."

Join the CKO Family Today!

With the opportunity to experience a free introductory class, there's no better time to get involved. Join the countless individuals who have found their second

family at CKO Kickboxing River Landing. The journey to a healthier lifestyle awaits you—don't miss out on becoming part of this vibrant community!

Our business is located at

1420 NW N River Dr Suite 330, 33125 Miami, Florida - United States (US)

The phone number of this **Gym** is +1786-254-7185

And if you want to send a WhatsApp, you can do so at +1786-254-7185

We are open during the following hours:

Day	Hours
Monday	6?AM–7:30?PM
Tuesday	9?AM–1?PM
Wednesday	9?AM–12?PM
Thursday	6?AM–8?PM
Friday	6?AM–9?PM
Saturday	6?AM–8?PM
Sunday	6?AM–9?PM

The website is CKO Kickboxing River Landing

If necessary to update any element that you consider is not correct about this portal, we kindly request deliver a message and we will handle it as soon as possible. In advance we appreciate it.

Images



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Cko kickboxing river landing promotion



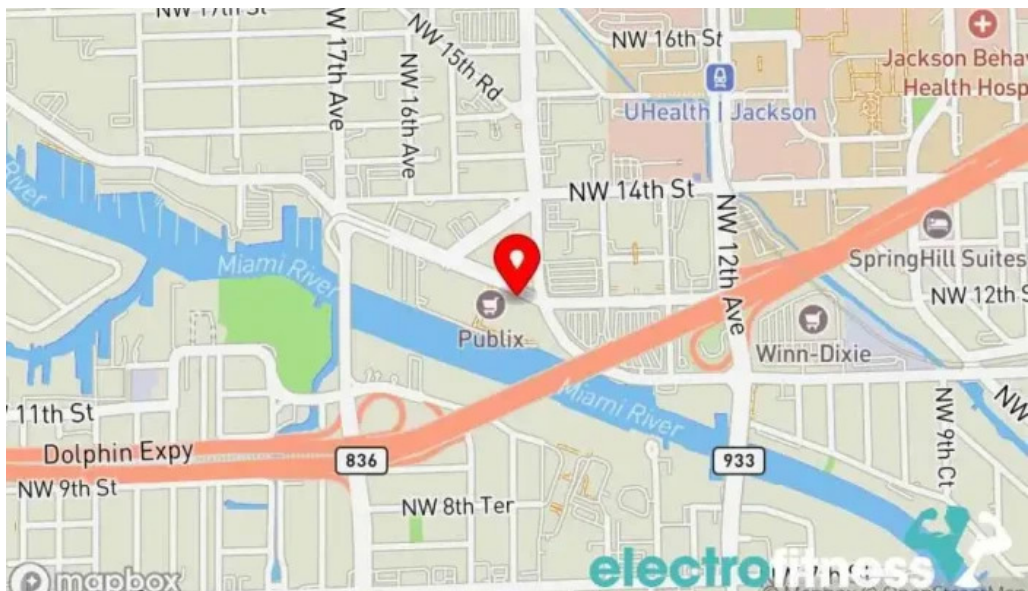
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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rehabilitation center
resort hotel
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