

P3rsonal | Training ? - Miami

miami

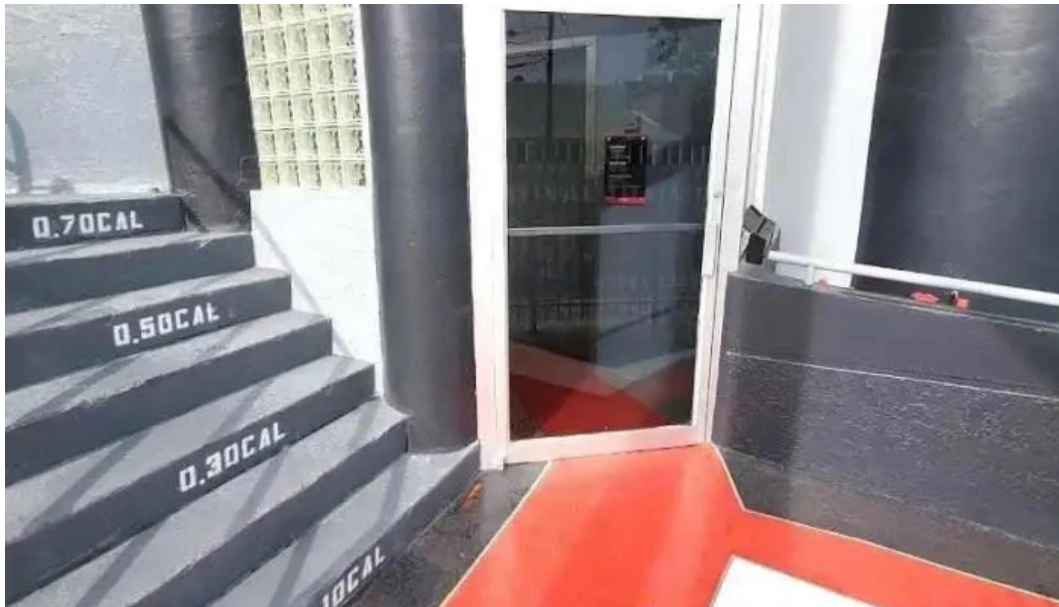
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miami

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P3RSONAL Gym: Your Ultimate Fitness Destination in Miami

Accessibility and Amenities

P3RSONAL Gym is strategically located in Miami, Florida, featuring a ****wheelchair-accessible entrance**** and a dedicated ****wheelchair-accessible car park****. This ensures that fitness is accessible to everyone, regardless of mobility challenges. The gym is equipped with ****gender-neutral toilets**** and ****shower facilities****, making it a convenient choice for all individuals looking to

maintain their fitness routine.

A Welcoming Atmosphere

Walking into P3RSONAL, you immediately feel the vibrant and motivating ****atmosphere****. From the upbeat trainers to the friendly members, every corner of the gym exudes positivity. Reviews from clients highlight the welcoming environment, which fosters a sense of community among fitness enthusiasts.

Personalized Training Experience

The team at P3RSONAL, including renowned trainers like Leo and Hugo, provides tailored training sessions designed to meet individual goals. With a maximum of six people per class, clients receive personalized attention, ensuring proper technique and effective results. As one member mentioned, "The trainers are very knowledgeable about anatomy and know exactly how to address any muscle strain or stiffness."

Innovative Training Methods

P3RSONAL offers ****online classes**** that complement in-person training, allowing flexibility for clients who wish to work out from home. This blend of options keeps the training experience fresh and engaging, as described by many members who appreciate the diverse range of exercises and techniques introduced during their sessions.

On-Site Services

With added ****on-site services****, P3RSONAL goes above and beyond to ensure client satisfaction. Members have access to clean facilities equipped with state-of-the-art machines and weights, as well as supportive resources like nutrition advice that extend beyond gym walls. One client even noted, "Leo has not only helped me with strength training but has also assisted me outside of the gym."

Connect With Your Trainers

Having a supportive trainer can make all the difference in your fitness journey. Members have consistently praised the commitment of trainers like Leo and Hugo, noting their expertise in preventing injuries and ensuring each workout is both challenging and safe. One review states, "I look forward to every training session - it's always different, and they're pushing me to get stronger."

Join the Community

If you're seeking a gym where your fitness goals are prioritized in a clean, friendly, and accommodating environment, look no further than P3RSONAL. With a variety of ****amenities****, a focus on ****personalized training****, and an inclusive atmosphere, this gym is committed to helping you achieve real results. Don't miss out on the opportunity to transform your fitness journey—visit

P3RSONAL today!

Our business is at

301 SW 17th Rd West, 33129 Miami, Florida - United States (US)

The contact phone of said **Gym** is +1786-953-6802

And if you want to send a WhatsApp, you can do so at +1786-953-6802

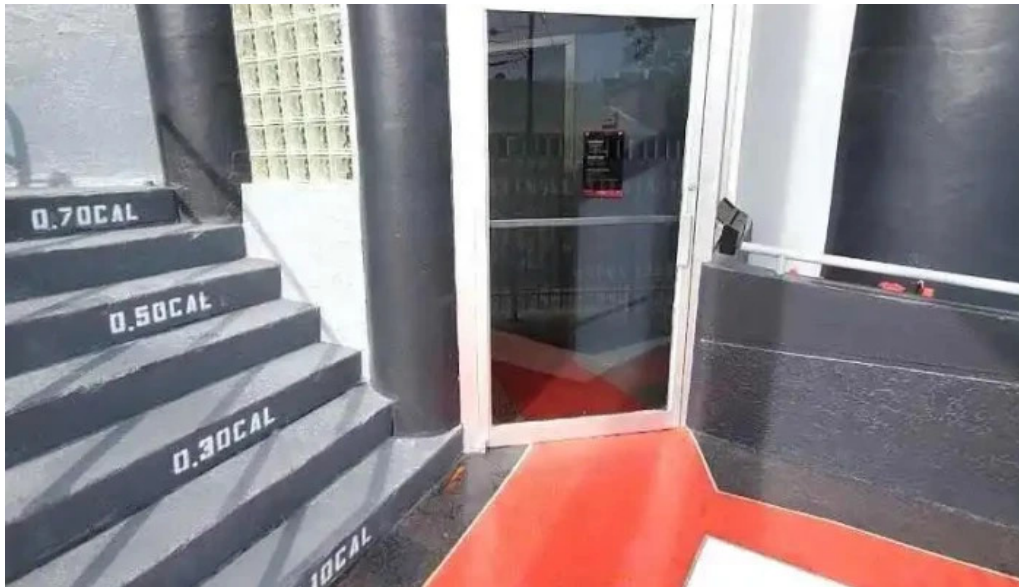
Our public attention hours are:

Day Hours
Monday
6?AM–8?PM
Tuesday
8?AM–1?PM
Wednesday
Closed
Thursday
6?AM–8?PM
Friday
6?AM–8?PM
Saturday
6?AM–8?PM
Sunday
6?AM–8?PM

The website is P3RSONAL | Training ?

If you wish to adjust any data that you believe is not precise regarding this portal, we kindly request deliver a message so that we will fix it as soon as possible. Thanks beforehand we appreciate it.

Images



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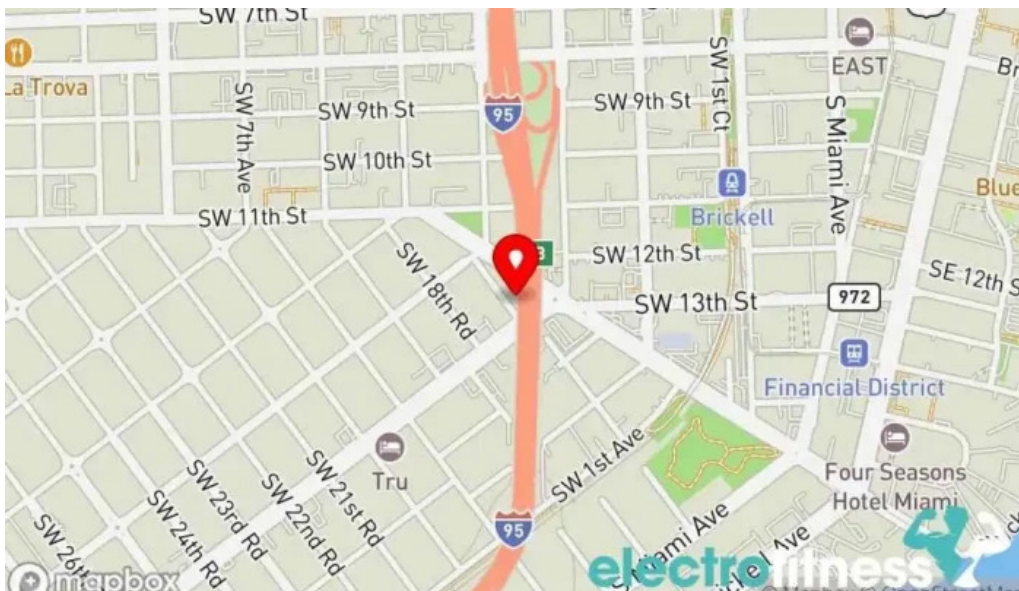
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P3rsenal training miami



P3rsenal training map



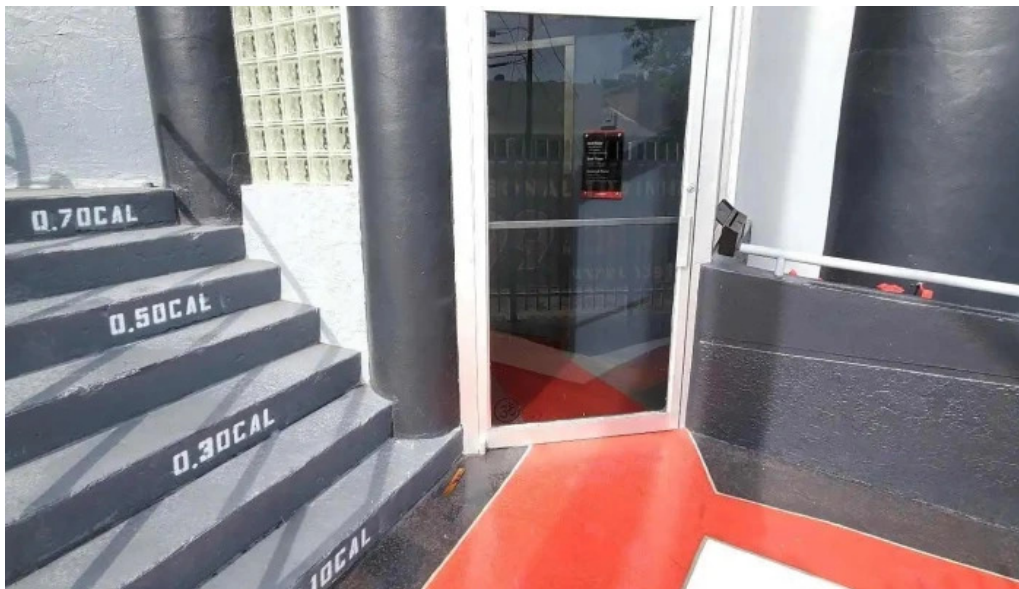
P3rsonal training how to get there



P3rsonal training gym



P3rsonal training catalog



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Tags

Toilet, Online classes, Gender-neutral toilets, Wheelchair-accessible car park, Accessibility, Service options, Shower, Wi-Fi, Wheelchair-accessible entrance, Atmosphere, On-site services, Amenities

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Comments

Jordan Stewart	07-05-25 05:13
<p><i>I absolutely have to give a shoutout to Leo! He's an outstanding personal trainer. Right from the get-go, it was clear that he's not only incredibly knowledgeable but also genuinely invested in my progress. His approach is both motivating and tailored specifically to my goals. Whether he's tweaking a routine to prevent injury or helping me push through tough days, his expertise and support have truly made all the difference.</i></p> <p><i>What really sets him apart is his knack for making each session challenging yet enjoyable. He always mixes things up with fresh exercises and techniques, so I never feel like I'm in a rut.</i></p> <p><i>Thanks to his guidance, I've not only achieved fantastic physical results but have also developed a much stronger mindset when it comes to health and fitness.</i></p> <p><i>If you're on the hunt for a dedicated, professional trainer who truly cares about your success, Leo is your guy!</i></p>	

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cultural center
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