

Milton Athletic Club - Milton

milton

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Welcome to Milton Athletic Club: Your Fitness Community

If you're planning to elevate your fitness journey in Milton, Georgia, look no further than the ****Milton Athletic Club (MAC)****. This gym is not just a workout space; it's a supportive community that embraces all fitness levels.

Accessibility First

One of the standout features of the MAC is its commitment to accessibility. With a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, the gym ensures everyone can partake in their fitness journey with ease.

and comfort.

Membership Required for a Transformative Experience

At the MAC, ****membership is required**** to ensure that every member can immerse themselves in a dedicated environment focused on health and fitness. The variety of classes available caters to all needs, whether you are new to fitness or a seasoned athlete.

What Members Are Saying

Milton Athletic Club has garnered rave reviews from its members, showcasing an incredible sense of community and support: - "I'm a new member and the MAC has been so welcoming from day 1. Every coach gives ****1:1 attention**** to everyone and pushes you if you want to be pushed." - "Best gym you will ever belong to! Excellent workouts, instructors, and equipment." - "Working out on my own wasn't cutting it. I joined the MAC and instantly lost the weight I needed to." With personal trainers like Kristen and Aimee, members feel empowered and motivated to achieve their goals. One member shared, "Kristen is an amazing trainer; her work ethics are impeccable, and she goes above and beyond to help you achieve your goal."

A Home for Everyone

The MAC prides itself on being a ****family-friendly**** environment that welcomes everyone, no matter their fitness background. Many members have highlighted how they felt at home, even as newcomers. "You will never feel like an outsider, even on your first visit," one long-time member mentioned. Additionally, with innovative training programs and classes that vary daily, the MAC keeps workouts fresh and engaging. "There is something for everyone, and if you need a sub for an exercise, they have you covered," another member stated.

Join the Milton Athletic Club Today!

If you're looking to make a change in your health and wellness, the Milton Athletic Club is ready to support you every step of the way. With expert coaching, a robust community, and a focus on individual goals, MAC is truly more than just a gym; it's a place where you can thrive. Stop by and see for yourself why members describe the MAC as their "new gym home." Embrace fitness in a supportive, accessible, and fun environment at the Milton Athletic Club!

We are established at

980 Birmingham Rd #811, 30004 Milton, Georgia - United States (US)

The phone of the respective **Gym** is +1470-829-0741

And if you want to send a WhatsApp, you can do so at +1470-829-0741

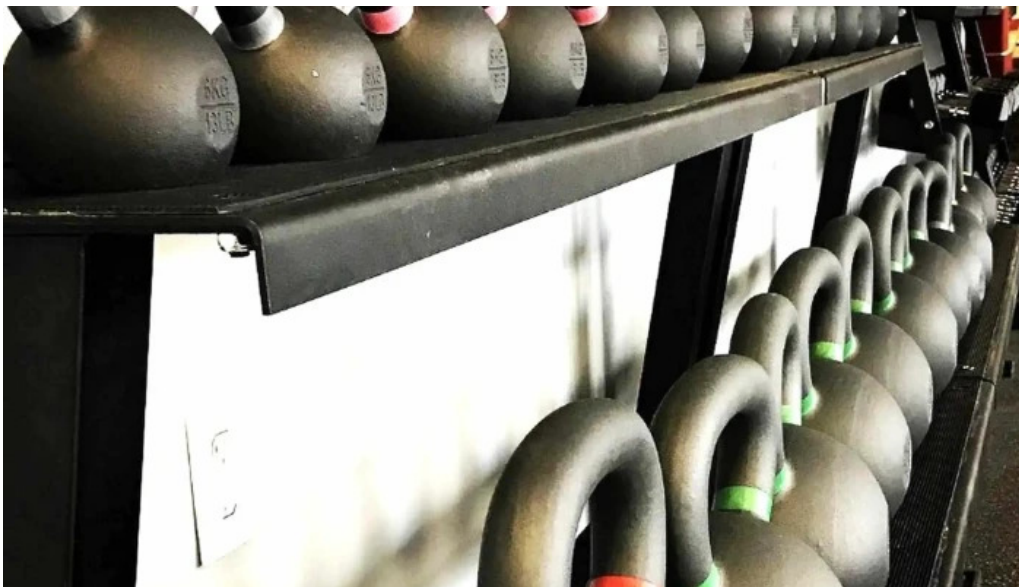
Our business hours are:

Day	Hours
Monday	9:30–10:30?AM
Tuesday	Closed
Wednesday	5:30?AM–7:15?PM
Thursday	5:30?AM–7:15?PM
Friday	5:30?AM–7:15?PM
Saturday	5:30?AM–7:15?PM
Sunday	5:30?AM–6:30?PM

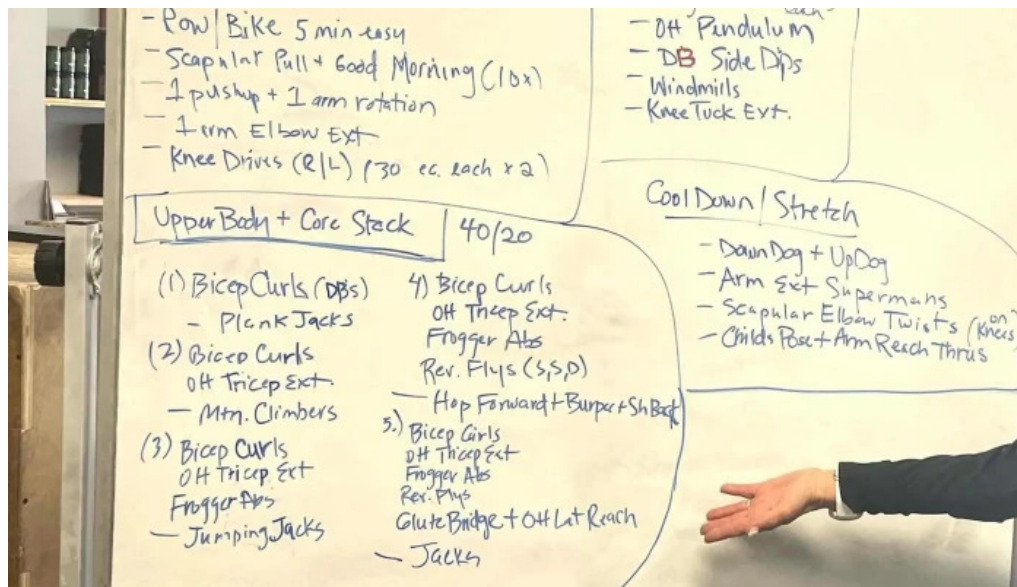
The website is [Milton Athletic Club](#)

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Milton athletic club videos



Milton athletic club street view 360deg



Milton athletic club score



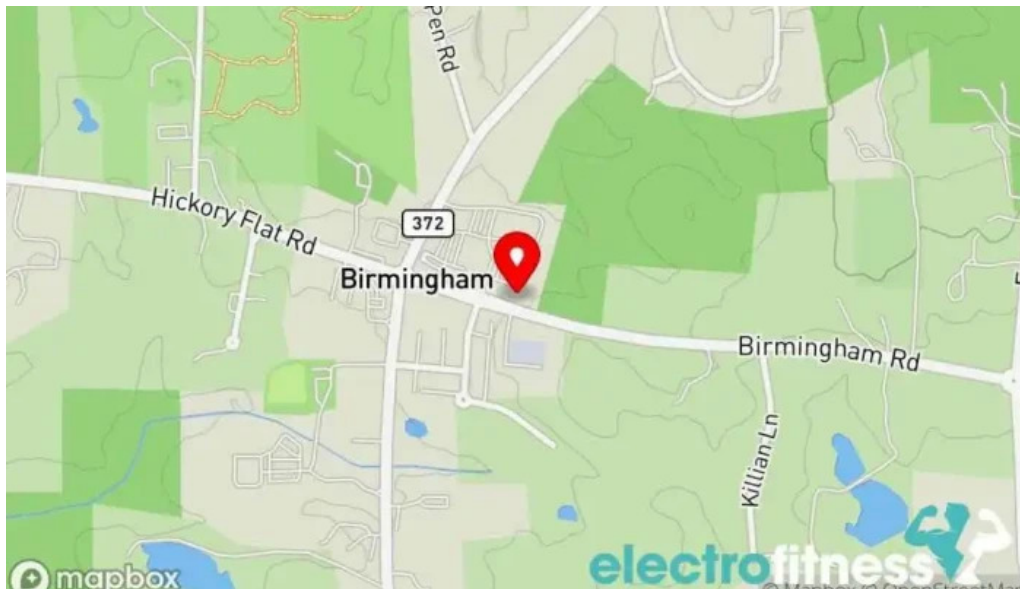
Milton athletic club promotion



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Milton athletic club gym



Milton athletic club by owner



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Milton athletic club address

Tags

Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance, Membership required, Planning

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health consultant
health food restaurant
health food store
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hospital
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kinesiologist
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rock climbing gym
rv park
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