

24 Hour Fitness - Mission Viejo

mission viejo

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mission viejo

24 Hour Fitness - Mission Viejo

Welcome to 24 Hour Fitness Mission Viejo

Located in the heart of Mission Viejo, California, **24 Hour Fitness** is a well-loved gym known for its accessibility and intimate atmosphere. Although this location may be smaller than others, it offers a variety of **amenities** and features that cater to fitness enthusiasts of all levels.

Accessibility Features

This gym prioritizes **accessibility** for all members. With a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, you're sure to find ease in accessing the facilities. The welcoming staff, including favorites like Michelle and Radz, ensure that everyone feels at home.

A Comfortable Atmosphere

The **atmosphere** at 24 Hour Fitness Mission Viejo is friendly and supportive. Regulars appreciate the camaraderie developed over time, making for a warm and inviting environment. Many members often mention how nice it is to see familiar faces, each greeted by warm smiles as they come in.

Facilities and Amenities

While the gym may not feature luxuries such as a swimming pool or sauna, it does provide everything needed for a solid workout. Members can enjoy a wide selection of cardio machines and weights. However, improvements are needed, especially in the shower facilities, with reports of low water pressure and privacy issues. Ensuring clean and functional **showers** will significantly enhance the experience.

Membership and Unique Experiences

A **membership** is required to access the gym, which includes perks such as free Wi-Fi and fitness classes. While some members have expressed concerns about cleanliness, others praise the staff's dedication to maintaining a tidy environment. Many also recommend personal training sessions – especially with trainers like Aedan, who have helped individuals achieve their fitness goals.

Conclusion

In summary, 24 Hour Fitness in Mission Viejo caters to local gym-goers looking for personalized service and a community feel. With its focus on accessibility and a welcoming atmosphere, it's an excellent option for anyone looking to stay fit in a comfortable setting. If you're seeking a gym experience where you can focus on your workouts without the intimidation of larger crowds, this might just be your perfect spot.

You can find us in

23166 Los Alisos Blvd #140, 92691 Mission Viejo, California - United States (US)

The phone of the respective **Gym** is +1949-855-6800

And if you want to send a WhatsApp, you can do so at +1949-855-6800

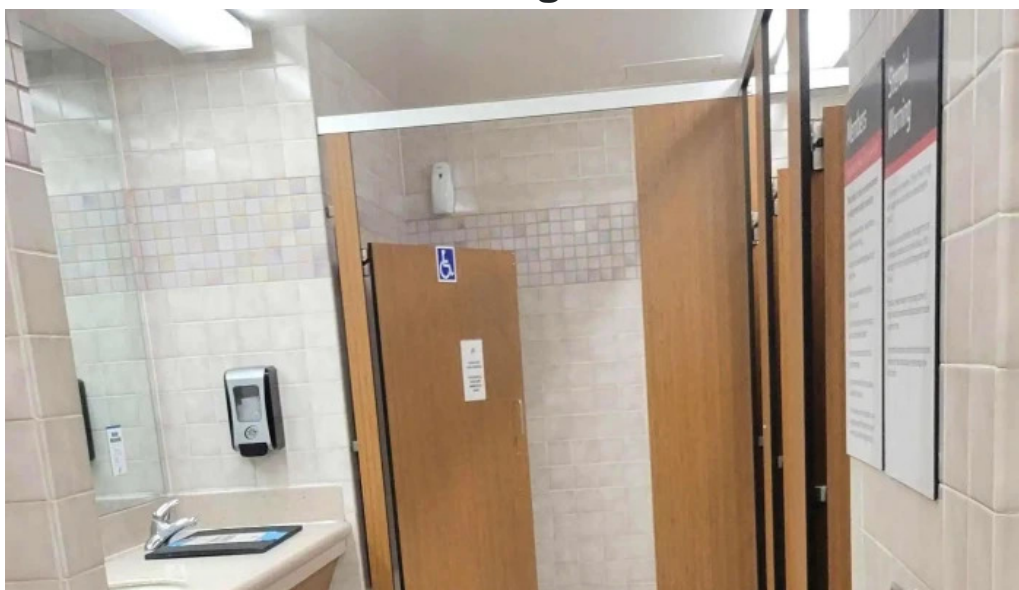
We are open during the following hours:

Day Hours
Monday
5?AM–10?PM
Tuesday
5?AM–9?PM
Wednesday
6?AM–8?PM
Thursday
6?AM–8?PM
Friday
5?AM–10?PM
Saturday
5?AM–10?PM
Sunday
5?AM–10?PM

The website is [24 Hour Fitness](#)

If you require to change any data that you feel is incorrect regarding this page, we urge you to send a message so that we will adjust it promptly. Thanks beforehand thanks for your cooperation.

Images



24 hour fitness website



24 hour fitness street view 360deg



24 hour fitness schedule



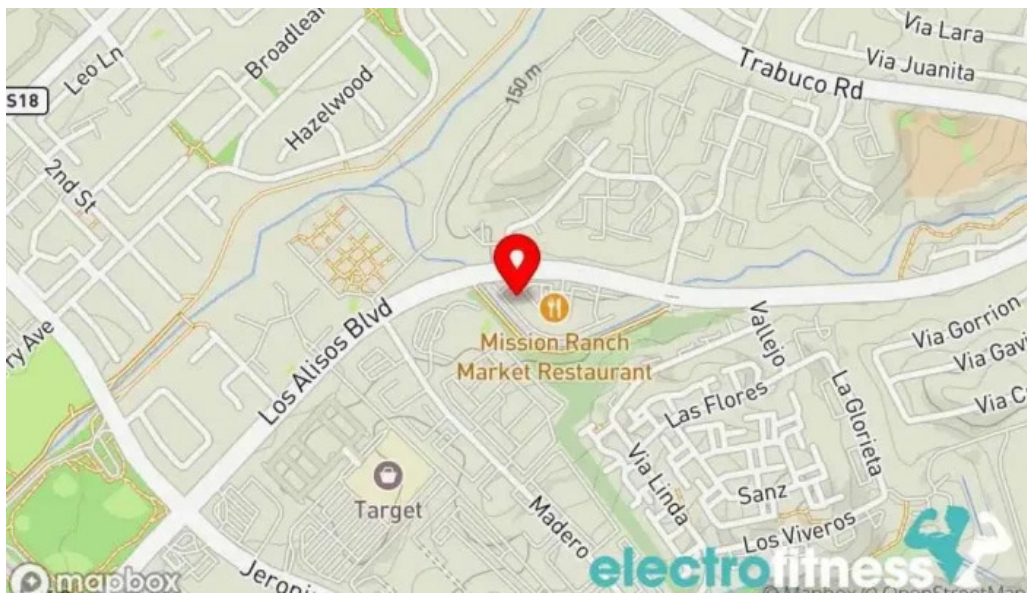
24 hour fitness promotion



24 hour fitness photos



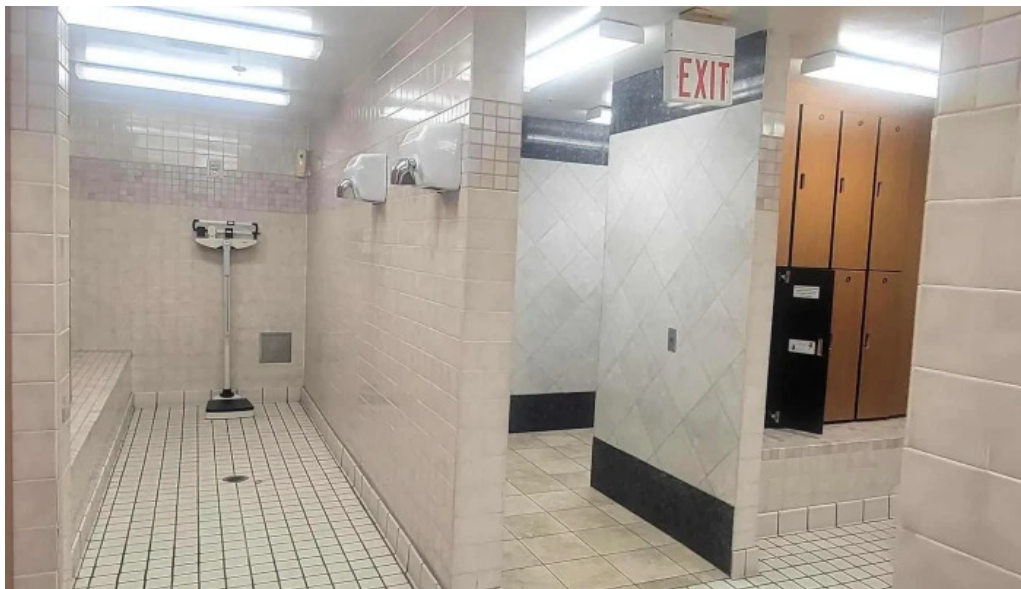
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24 hour fitness map



24 hour fitness latest



24 hour fitness gym



24 hour fitness comments



24 hour fitness by owner



24 hour fitness area



24 hour fitness all

Tags

Planning, Membership required, Swimming pool, Wi-Fi, Accessibility, Wheelchair-accessible entrance, Shower, Atmosphere, Amenities, Wheelchair-accessible car park

Related content

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5.0 * *Mission Fitness - Adrian*

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3.6 * *24 Hour Fitness - Arvada*

4.5 *	<i>Team Beauty Palmview - Mission</i>
3.7 *	<i>24 Hour Fitness - Dallas</i>
3.4 *	<i>24 Hour Fitness - Walnut Creek</i>
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country club
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dance school
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disc golf course
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elementary school
exercise equipment store
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firearms academy
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fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
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gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club

martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
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nutritionist
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physical fitness program
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rehabilitation center
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rock climbing
rock climbing gym
rv park
sauna
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self defense school
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shooting range
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sports massage therapist
sports medicine clinic
sports nutrition store
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