

La Fitness - Mission Viejo

mission viejo

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LA Fitness Mission Viejo: A Comprehensive Review

Located conveniently in Mission Viejo, California, **LA Fitness** offers a robust fitness experience that caters to a wide range of members. Whether you're looking to dive into intense workouts or enjoy some recreational sports, this gym has it all.

Amenities and Accessibility

The gym features a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can access the facilities comfortably. Members can take advantage of various **on-site services**, including personal training, group classes, and a well-maintained **swimming pool**.

Facility Features

One of the standout features is the spacious **basketball court**, perfect for those who enjoy team sports. Additionally, the facility boasts a **sauna** and clean showers for post-workout relaxation. While many members appreciate the **atmosphere** and community feel, some noted that peak hours can lead to crowded conditions, particularly in the parking lot and workout areas.

Customer Service and Experience

Overall, feedback regarding staff interactions seems mixed. While many have praised personnel for their friendliness, others have reported experiences of aggressive sales tactics, particularly when it comes to **membership required** for utilizing certain services. Some members expressed dissatisfaction with how concerns were handled, especially regarding cleanliness issues in locker rooms and showers.

Cleanliness and Maintenance

Regarding **cleanliness**, several reviews highlighted that while the equipment is generally good, there are persistent issues with hygiene, especially in the showers and restrooms. One member even mentioned mold and mildew problems. This feedback underscores the need for ongoing maintenance to enhance the overall gym experience.

Group Classes and Community

The LA Fitness in Mission Viejo also stands out with its diverse range of **group classes**. Many members enjoy participating in activities such as Zumba and kickboxing, which help maintain motivation. The sense of community within the gym is often praised, with users reporting a welcoming environment.

Conclusion: Worth Considering

While there are areas requiring attention, such as cleanliness and customer service training, LA Fitness in Mission Viejo remains a promising option for fitness enthusiasts. With ample amenities, including a **swimming pool** and a **basketball court**, it provides a comprehensive gym experience for all. If you're

planning on becoming a member, consider visiting during off-peak hours for a more enjoyable workout.

We are based in

24491 Alicia Pkwy, 92691 Mission Viejo, California - United States (US)

The contact phone of this **Gym** is +1949-421-6082

And if you want to send a WhatsApp, you can do so at +1949-421-6082

Our opening hours are:

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–10?PM
Wednesday	8?AM–8?PM
Thursday	8?AM–8?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

The website is LA Fitness

If you need to alter any information that you consider is not correct about this site, please deliver a message so that we will handle it as soon as possible. Thank you in advance we appreciate it.

Images



La fitness website



La fitness videos



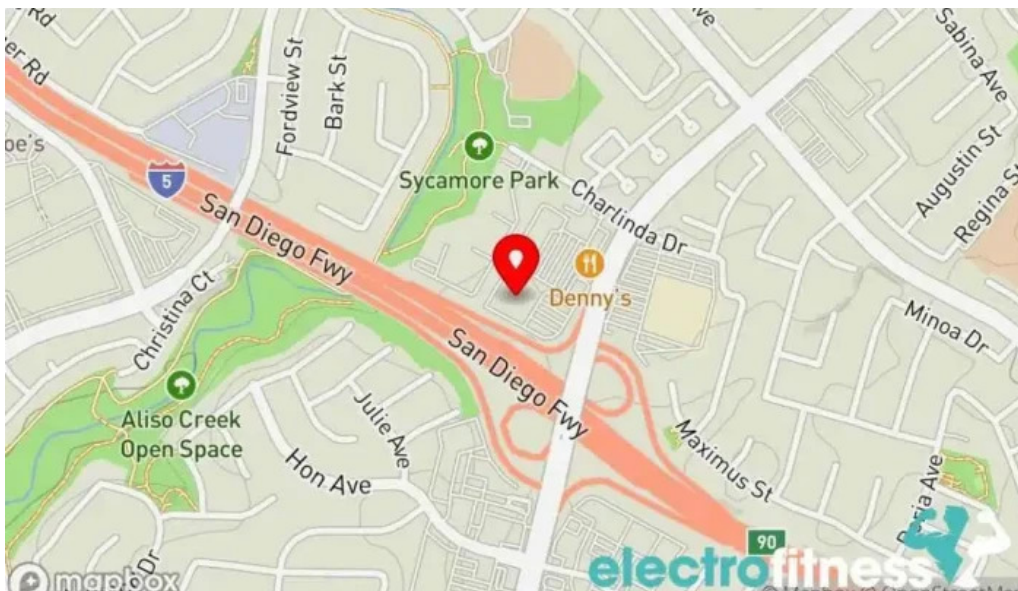
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Tags

Sauna, On-site services, Wheelchair-accessible entrance, Atmosphere, Amenities, Service options, Swimming pool, Planning, Basketball court, Wheelchair-accessible car park, Shower, Accessibility, Membership required

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