

Mission Viejo Family Ymca - Mission Viejo

mission viejo

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https://www.electrofitness.com/gym/mission-viejo/mission-viejo-family-ymca-mission-viejo_278161.ph

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mission viejo

Mission Viejo Family Ymca - Mission Viejo

Discover the Mission Viejo Family YMCA

Located in the heart of Mission Viejo, California, the **Mission Viejo Family YMCA** offers a welcoming environment that identifies as **women-owned**, providing a variety of fitness and community services for all ages.

Amenities and Services

The facility boasts an array of **amenities** designed to cater to the needs of every member. The **sauna** provides a relaxing experience post-workout,

while the **outdoor services** allow for engaging exercise options in the open air. As part of its commitment to inclusivity, the YMCA features a **wheelchair-accessible entrance**, **wheelchair-accessible car park**, and a **wheelchair-accessible toilet**, ensuring that everyone can enjoy their time here. Moreover, the YMCA offers extensive **on-site services** including child care, making it a family-friendly location. Members can also take advantage of **online classes**, providing flexibility and convenience for those with busy schedules.

Sports and Fitness Opportunities

The Mission Viejo Family YMCA is well-equipped with a full gym, sports areas, and even a **basketball court**. The facilities are clean and well-maintained, creating a pleasant atmosphere for exercising. Members often mention the variety of activities available, from martial arts classes to different group exercises like yoga and TRX. There's something for everyone! One satisfied member expressed, "I've been a member for years and enjoy being able to reserve a swim lane," highlighting the **membership required** structure that allows access to numerous programs, including short-term on-site childcare.

Community Feedback

Visitors consistently praise the **wonderful atmosphere** and the friendly staff who make workouts enjoyable. One individual noted, "This is a great place for the entire family," while another commented on the beneficial **Adventure Guides program** designed for fathers and their children. However, it's essential to address some concerns raised by users regarding cleanliness, especially in the swimming pool area. While many appreciate the outdoor **swimming pool**, there have been mentions of maintenance issues that need improvement.

Safety and Accessibility

Safety remains a priority at the Mission Viejo YMCA, particularly highlighted during the pandemic. The facility has done an excellent job of setting up outdoor workouts and limiting indoor capacity. With a keen focus on **accessibility**, this YMCA ensures that everyone, regardless of physical ability, can participate in various activities.

Conclusion

Whether looking to join a soccer league, take a yoga class, or enjoy family activities, the Mission Viejo Family YMCA stands out as a fantastic choice. With diverse offerings and a strong sense of community, it's a place where fitness meets family fun. **Become a member today** and experience all that this wonderful facility has to offer!

The address of our establishment is

27341 Trabuco Cir, 92692 Mission Viejo, California - United States (US)

The contact phone of this **Gym** is +1949-859-9622

And if you want to send a WhatsApp, you can do so at +1949-859-9622

You can visit us at the following hours:

Day	Hours
Monday	5:30?AM–8?PM
Tuesday	5:30?AM–8?PM
Wednesday	7?AM–2?PM
Thursday	7?AM–2?PM
Friday	5:30?AM–8?PM
Saturday	5:30?AM–8?PM
Sunday	5:30?AM–8?PM

The website is Mission Viejo Family YMCA

If you wish to update any element that you think is incorrect regarding this page, we ask deliver a message so we can we will correct it at the earliest convenience. Thanks beforehand thank you very much.

Images



Mission viejo family ymca where

the Y JUMP INTO SUMMER! 2022 Specialty Day Camps

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Join the Mission Viejo Family YMCA for a Summer of adventure! Morning camps run 9:00-12:00pm, Swim Camp runs 10:00-1:00pm and afternoon camps run 2pm-5pm. Camps include a variety of sports and play, arts and crafts, enrichment and water play activities.

REGISTER TODAY! ymcaoc.org

Dates/Times:
Youth Soccer Classes:
Thursdays- Ages 4-6
Thursdays- Ages 7-10
Time: 4pm-4:45pm
5pm-5:45pm
Cost: \$60/\$110 (non-members)

Youth Basketball Classes:
Tuesdays- Ages 4-6
Tuesdays- Ages 7-10
Time: 4pm-4:45pm
5pm-5:45pm
Cost: \$60/\$110 (non-members)

JUNE 6th-10th
Morning Adventure Camp: Superhero | Ages 4-8 | \$175/\$225

JUNE 15th-19th
Morning Adventure Camp: Jurassic World | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$175/\$225

JUNE 20th-24th
Morning Adventure Camp: Pirates & Princesses | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$175/\$225
Afternoon Cooking Camp: Ages 5-10 | 2:00-5:00pm | \$175
Swim Camp: | Ages 6-12 | 10:00am - 1:00pm | \$200/\$250

JUNE 27th-JULY 1st
Morning Adventure Camp: Wild, Wild West | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$175/\$225
Swim Camp: | Ages 6-12 | 10:00am - 1:00pm | \$200/\$250

JULY 3rd-JULY 17th
Morning Adventure Camp: Party in the USA | Ages 4-8 | \$140/\$180
Swim Camp: | Ages 6-12 | 10:00am - 1:00pm | \$160/\$200

JULY 17th-19th
Morning Adventure Camp: Outer Space | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$175/\$225
Afternoon Science Camp: Ages 5-8 | \$175/\$225

JULY 20th-22nd
Morning Adventure Camp: Shark Week | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$175/\$225
Afternoon Cooking Camp: Ages 5-10 | 2:00-5:00pm | \$175

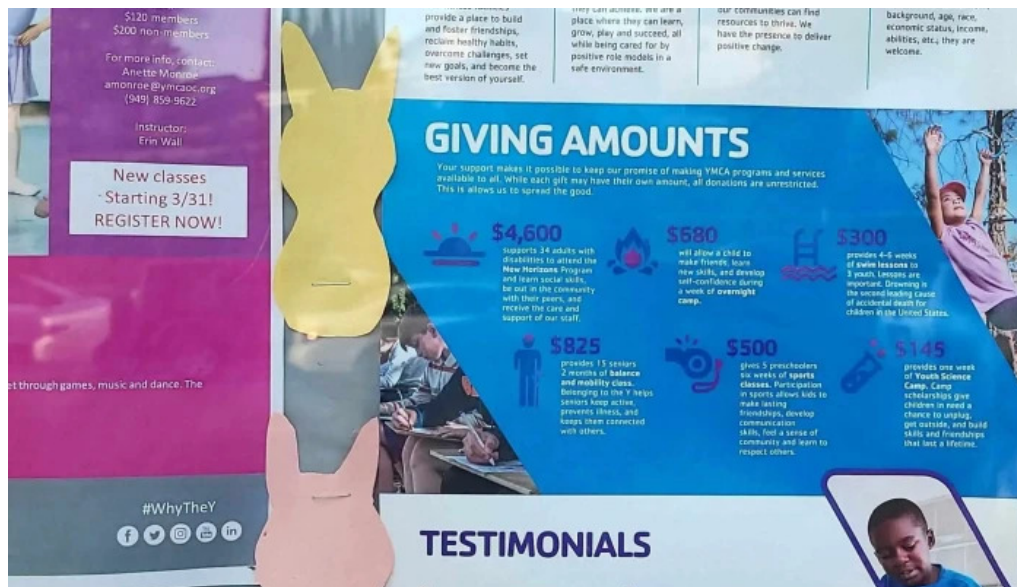
JULY 23rd-25th
Morning Adventure Camp: Safari | Ages 4-8 | \$145
Swim Camp: | Ages 6-12 | 10:00am - 1:00pm | \$200/\$250

AUGUST 1st-3rd
Morning Adventure Camp: Hawaiian Hula | Ages 4-8 | \$175/\$225
Morning Multi-Sports Camp: Ages 5-10 | \$145

AUGUST 6th-12th
Morning Adventure Camp: Under the Big Top | Ages 4-8 | \$175/\$225

LUNCH BUNCH

Mission viejo family ymca website



Mission viejo family ymca videos



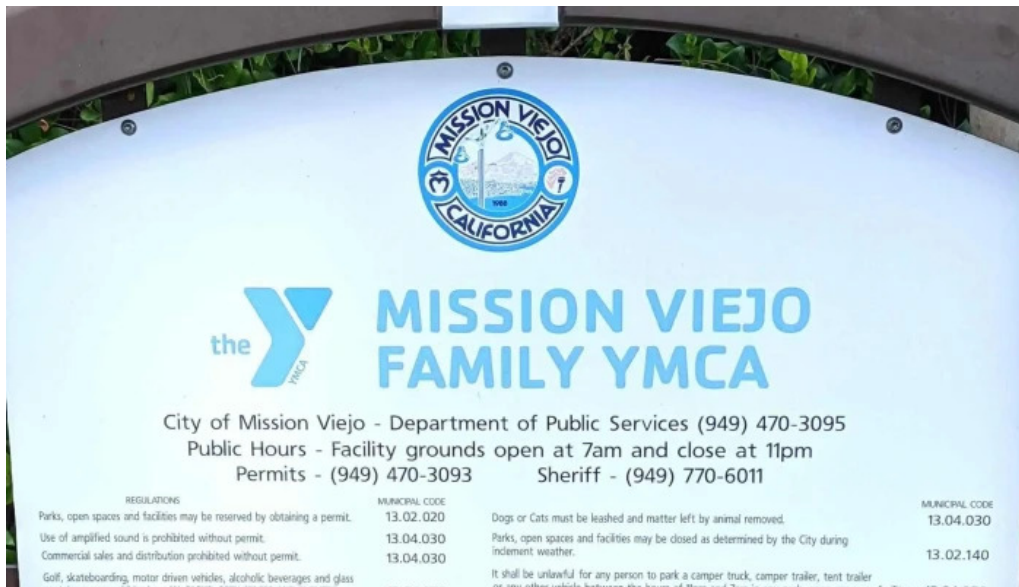
Mission viejo family ymca street view 360deg



Mission viejo family ymca score



Mission viejo family ymca reviews



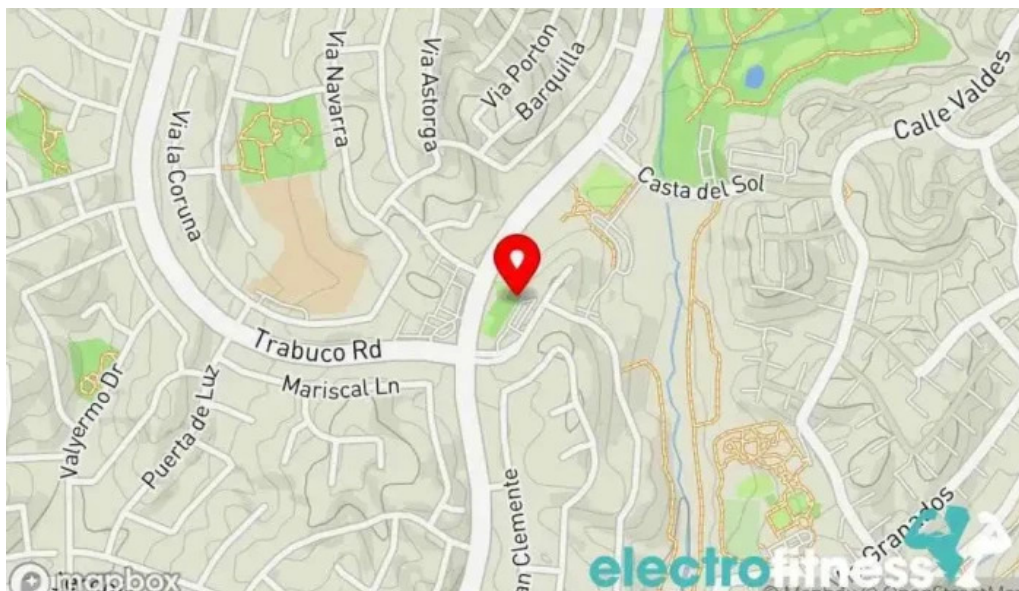
Mission viejo family ymca prices



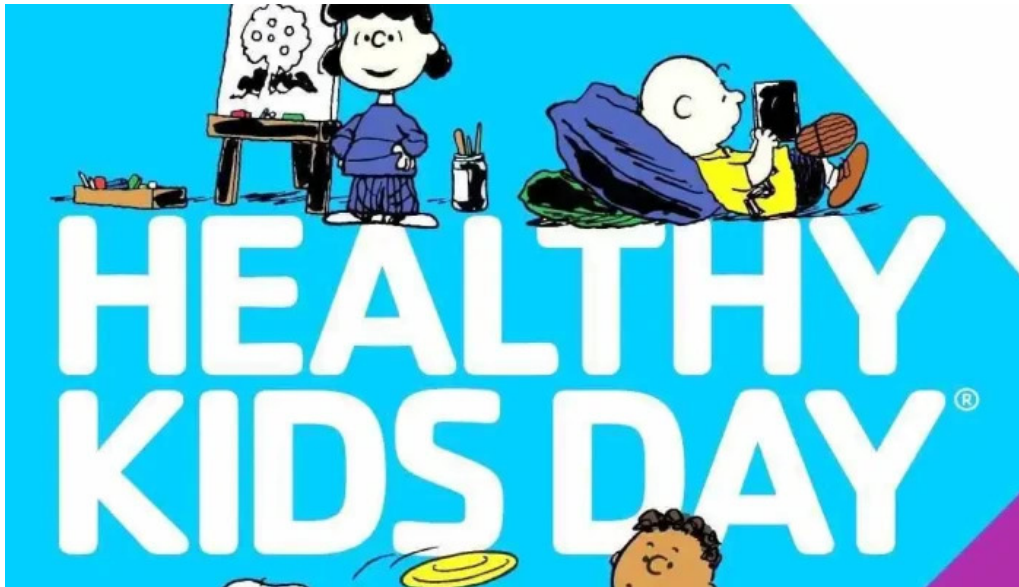
Mission viejo family ymca phone



Mission viejo family ymca mission viejo



Mission viejo family ymca map



Mission viejo family ymca latest



Mission viejo family ymca gym



Mission viejo family ymca by owner



Mission viejo family ymca all

Tags

Membership required, Wheelchair-accessible car park, Wheelchair-accessible toilet, Identifies as women-owned, Wheelchair-accessible entrance, Basketball court, Online classes, From the business, Child care, Amenities, Accessibility, Outdoor services, Planning, Sauna, Service options, On-site services

Related content

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5.0 * [The Mission Hq - Alameda](#)

5.0 * [Mission Fitness - Adrian](#)

3.4 *	La Fitness - Mission Viejo
4.9 *	Sweat House Oc - Mission Viejo
5.0 *	Deep End Fitness - Mission Viejo
3.7 *	Central Spokane Ymca - Ymca of the Inland Northwest - Spokane
4.3 *	Ahwatukee Foothills Family Ymca - Phoenix
4.3 *	Irvin Deutscher Family Ymca - Pleasant Hill
4.6 *	Aberdeen Family Ymca - Aberdeen

Comments

Hannah Reynolds	07-05-25 01:28
<p><i>Join up now and get all the perks that the YMCA brings to the table. This spot boasts a top-notch gym, sports zones, and a cool swimming pool. Plus, they've got a bunch of rad programs for folks to get involved in. I highly suggest checking out the Adventure Guides initiative for dads and their little ones. And don't miss out on the martial arts classes they offer, they're a real knockout!</i></p>	

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class

boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
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hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
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sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
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swimming instructor
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thrift store
training centre
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weightlifting area
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yoga instructor
yoga studio
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