

Orangetheory Fitness - Mission Viejo

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mission viejo

Orangetheory Fitness - Mission Viejo

Discover Orangetheory Fitness Mission Viejo: A Community-Oriented Gym Experience

Located in the heart of Mission Viejo, California, **Orangetheory Fitness** (OTF) stands out as a premier fitness studio known for its high-energy workouts and supportive community. This gym has garnered praise from members who highlight its welcoming atmosphere, dedicated coaches, and innovative workout routines.

A Wheelchair-Accessible Facility

Accessibility is a key feature at OTF Mission Viejo. The facility boasts a **wheelchair-accessible entrance**, making it easy for everyone to join in on the fitness journey. Additionally, the studio includes a **wheelchair-accessible toilet** and a spacious **wheelchair-accessible car park**. This commitment to inclusion ensures that all members feel comfortable and welcome, regardless of their physical needs.

Exceptional Amenities

At OTF Mission Viejo, members can enjoy a range of amenities designed to enhance their workout experience. The clean and modern facilities include:

Swimming Pool: A great place for low-impact workouts and recovery.

State-of-the-Art Equipment: All equipment is new and easy to use, ensuring a smooth workout experience. **App Integration:** Track your progress and connect with the OTF community through the user-friendly app.

Transformative Workouts

The OTF workout model combines cardio and strength training in a dynamic environment, making it suitable for all fitness levels. Members consistently share their personal transformations, both physically and mentally. For instance, one member noted a loss of 24 lbs and 11% body fat in just three years, showcasing the effectiveness of OTF's structured classes.

With classes led by encouraging coaches like **Coach Russell** and **Coach Devin**, members appreciate personalized attention and motivational support throughout their sessions. As one satisfied member remarked, "The pace is fast, but you never feel rushed," which reflects the careful planning and intent behind each class.

Community Support & Positive Environment

OTF Mission Viejo has become a second home for many of its members due to its strong sense of community. The culture fostered by franchise owner Scott and his dedicated staff contributes to a friendly and uplifting atmosphere that encourages everyone to push their limits.

Members describe the experience at OTF as more than just a workout; it's about forming bonds and creating friendships. One member highlighted, "I am surrounded by amazing coaches and fellow members who make each session enjoyable." This positive environment not only helps in achieving fitness goals but also boosts overall mental well-being, particularly during challenging times like the COVID pandemic.

Membership Required for Exclusive Access

To take full advantage of everything OTF Mission Viejo has to offer, a **membership is required**. This membership grants access to a variety of classes that change daily, ensuring that workouts stay fresh and engaging. With options for different fitness levels and preferences, everyone can find their place in this thriving fitness community.

Conclusion: Join the OTF Family

If you're looking for an inclusive, energetic, and transformative fitness experience, **Orangetheory Fitness Mission Viejo** is the place to be. With its wheelchair-accessible features, excellent amenities, and a strong focus on community, it's not just a gym—it's a supportive family ready to help you achieve your fitness goals.

Don't wait to embark on your fitness journey! Visit OTF Mission Viejo and discover how you can become part of this incredible community.

Our establishment is located at

26012 Marguerite Pkwy p, 92692 Mission Viejo, California - United States (US)

The phone number of the respective **Gym** is +1949-335-7600

And if you want to send a WhatsApp, you can do so at +1949-335-7600

We look forward to seeing you at:

Day	Hours
Monday	5?AM–8?PM
Tuesday	5?AM–8?PM
Wednesday	5?AM–12?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Orangetheory Fitness

If you require to alter any information that you consider is incorrect related to this web, we urge you to forward a message so that we will correct it promptly. In advance thanks for your cooperation.

Images



JULY 13, 2023

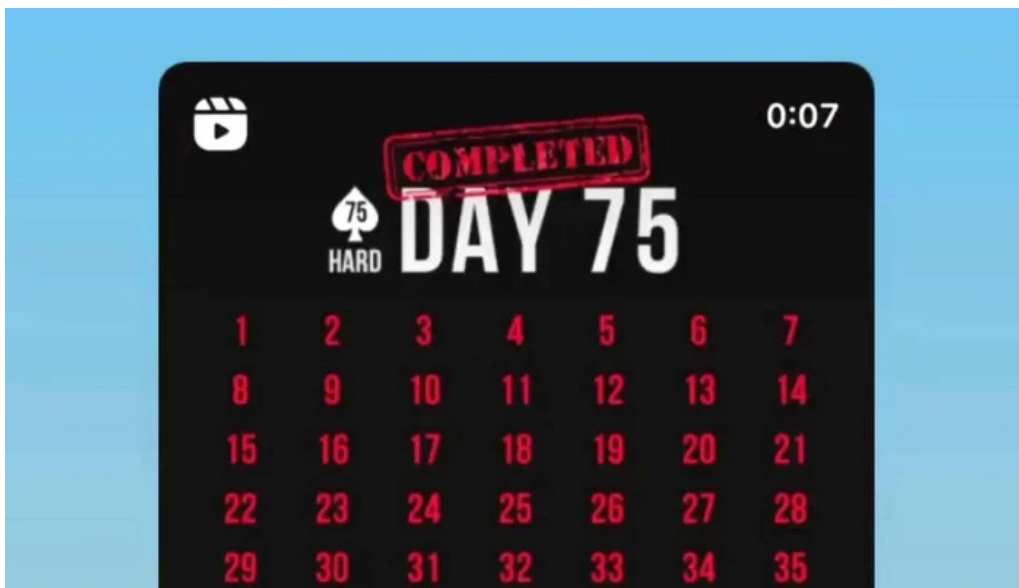
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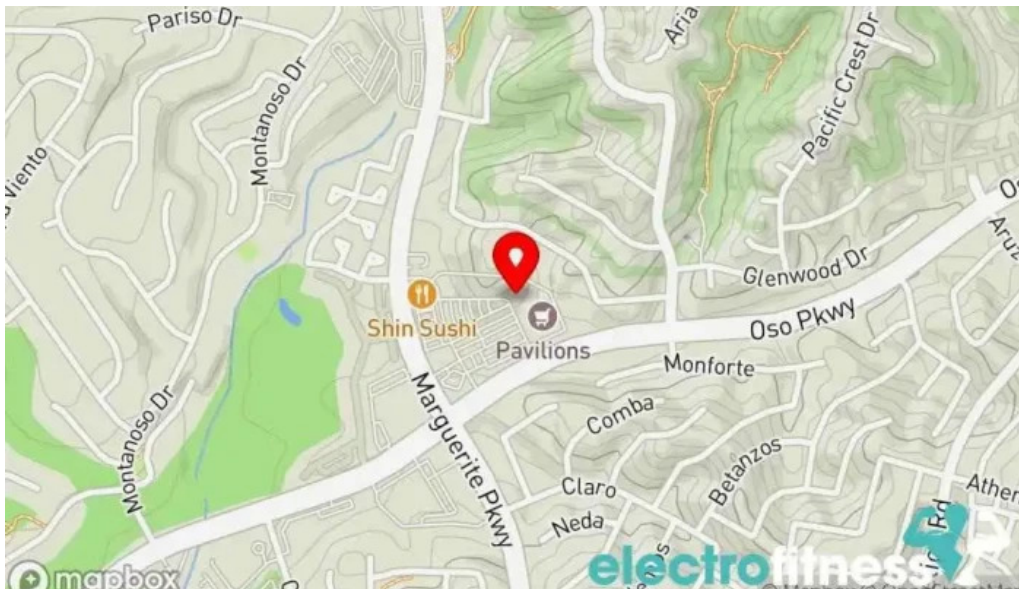
Orangetheory fitness street view 360deg



Orangetheory fitness promotion



Orangetheory fitness mission viejo



Orangetheory fitness map



Orangetheory fitness gym

will have acces.

We have added two specialty classes to our schedule. We offer strength 50 classes. This class is weight room focus only. No cardio or treadmill work. In addition we offer a tread 50 class. This class focuses on cardio and we

Orangetheory fitness catalog



Orangetheory fitness by owner



Orangetheory fitness all

Tags

Accessibility, Wheelchair-accessible car park, Toilet, Swimming pool, Wheelchair-accessible entrance, Planning, Wheelchair-accessible toilet, Amenities, Membership required

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