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Sault Fitness and Cycle - New Bedford

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Explore SOCO Cycle: New Bedford's Premier Spin Studio

SOCO Cycle, located in New Bedford, Massachusetts, is quickly gaining a reputation as one of the best spin studios in the area. With its **wheelchair-accessible car park**, this studio ensures that everyone can enjoy an invigorating workout in a welcoming environment.

A Positive Environment for All Cyclists

Visitors to SOCO Cycle consistently rave about the **positive atmosphere** that caters to both new riders and seasoned cyclists alike. The spacious layout

allows individuals to feel comfortable while cycling, ensuring that everyone has enough room to enjoy their workout. Cleanliness is a priority at SOCO Cycle, making it a pleasant place to engage in your fitness routine. The modern studio features interactive lighting and a sound system designed to uplift and energize every ride.

Exceptional Instructors Who Inspire

One standout aspect of SOCO Cycle is its team of knowledgeable instructors. Many clients have shared how these instructors motivate and inspire them throughout their sessions. Comments highlight the encouraging environment, with instructors pushing participants to "leave proud of yourself." This supportive approach creates a sense of community, making it easy for attendees to come back week after week.

The Perfect Atmosphere for a Workout

The overall vibe at SOCO Cycle is described as welcoming and energetic. Many members eagerly anticipate their weekend spin sessions, crediting the instructors' contagious enthusiasm. While some have suggested improvements like adding more mirrors or adjusting the room temperature, most agree that these minor details do not detract from the overall experience.

State-of-the-Art Facilities

SOCO Cycle boasts state-of-the-art bikes that provide an optimized cycling experience. The attention to detail in creating a high-end studio atmosphere makes exercising feel less like a chore and more like a treat. Complimentary water bottles and clean towels are just a few of the thoughtful touches that enhance each visit.

A Community of Fitness Enthusiasts

At SOCO Cycle, you're not just joining a fitness studio; you're becoming part of a community. Many clients appreciate the personal touch that the owner and staff provide, recognizing their efforts to foster a sense of belonging. Whether you're just starting your fitness journey or looking to maintain your routine, SOCO Cycle welcomes all.

Final Thoughts

If you're searching for a spin studio that excels in both atmosphere and instruction, look no further than SOCO Cycle in New Bedford. With its **wheelchair-accessible car park**, clean facilities, and a team dedicated to your success, it's clear why so many consider it their favorite spot for cycling. Get ready to experience an unparalleled workout in a community that supports and motivates you every step of the way!

You can find us in

468 North St, 02740 New Bedford, Massachusetts - United States (US)

The contact phone of the mentioned **Gym** is <u>+1508-801-5708</u> And if you want to send a WhatsApp, you can do so at<u>+1508-801-5708</u>

Our opening hours are:

Day Hours
Monday
5:30–10?AM 4:30–8?PM
Tuesday
7?AM–12?PM
Wednesday
7?AM–12?PM
Thursday
5:30–10?AM 4:30–8?PM
Eriday
5:30–10?AM 4:30–8?PM
Saturday
5:30–10?AM 4:30–8?PM
Sunday
5:30–10?AM 4:30–8?PM

The website is Sault Fitness and Cycle

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Accessibility, Wheelchair-accessible car park

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