

Yosemite Strength and Training - Oakhurst

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Yosemite Strength and Training - Oakhurst

Discover Yosemite Strength and Training in Oakhurst, California

Yosemite Strength and Training is not just a gym; it's a community that welcomes everyone. From the moment you walk through the door, you'll feel like part of a family. The gym is especially known for its ****accessibility**** features, ensuring that everyone can enjoy their fitness journey.

Accessibility Features

For those who need special accommodations, Yosemite Strength and Training offers a ****wheelchair-accessible car park**** and a ****wheelchair-accessible**

entrance**. This commitment to accessibility ensures that individuals of all abilities can participate fully in the gym's offerings.

The Gym Experience

Many members rave about the supportive environment fostered by Julie, the owner, and the dedicated coaching staff. The gym is described as “home to family,” where workouts are tailored to individual needs. As one member put it, “I appreciate having workouts designed for me so I don’t have to think about what to do when I get to the gym.” The planning behind each workout session is thoughtful, catering to various fitness levels. It’s common to hear that no one feels inferior here, as all ages and stages are welcomed with open arms.

Membership Benefits

A **membership** at Yosemite Strength and Training opens up a world of possibilities. From group workouts that create camaraderie to personalized training sessions, the offerings are designed to keep you engaged and challenged. The community atmosphere encourages everyone to lift each other up—quite literally! Kids also benefit from the programs available; many parents share how their children love participating in kids' camps. This family-oriented focus sets Yosemite apart from other gyms, making it a perfect choice for parents looking to stay fit while ensuring their kids are active.

Why Choose Yosemite Strength and Training?

With classes catering to all skill levels, including those who have never set foot in a gym before, Yosemite Strength and Training emphasizes that everyone is capable of achieving their fitness goals. The supportive community and knowledgeable coaches make it easy to feel at ease, whether you're a seasoned athlete or just starting. Members often highlight how the personal attention they receive helps them reach their fitness goals more effectively. The coaches are well-trained in modifying workouts to accommodate individual needs, allowing everyone to push their limits safely.

Final Thoughts

If you’re looking for a gym that feels like home, offers flexible scheduling, and has a genuine community spirit, Yosemite Strength and Training in Oakhurst should be on your list. With its focus on accessibility, planning, and a truly welcoming atmosphere, it promises a fulfilling fitness experience for everyone. Come check it out—you won’t be disappointed!

We are positioned at

40441 CA-41, 93644 Oakhurst, California - United States (US)

The phone number of the respective **Gym** is +1559-731-8293

And if you want to send a WhatsApp, you can do so at +1559-731-8293

Our service hours are:

Day Hours
Monday

5-7?AM 8-10:30?AM 3:30-5:30?PM

Tuesday

5-10?AM 4:30-6:30?PM

Wednesday

5-10:30?AM 3:30-4:30?PM

Thursday

7-10?AM

Friday
Closed

Saturday

5-7?AM 8-10:30?AM 3:30-6:30?PM

Sunday

5-10?AM 4:30-6:30?PM

The website is Yosemite Strength and Training

If you wish to modify any data that you feel is not correct regarding this portal, please deliver a message so we can we will correct it as soon as possible. Thank you in advance thanks for your cooperation.

Images



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Yosemite strength and training street view 360deg



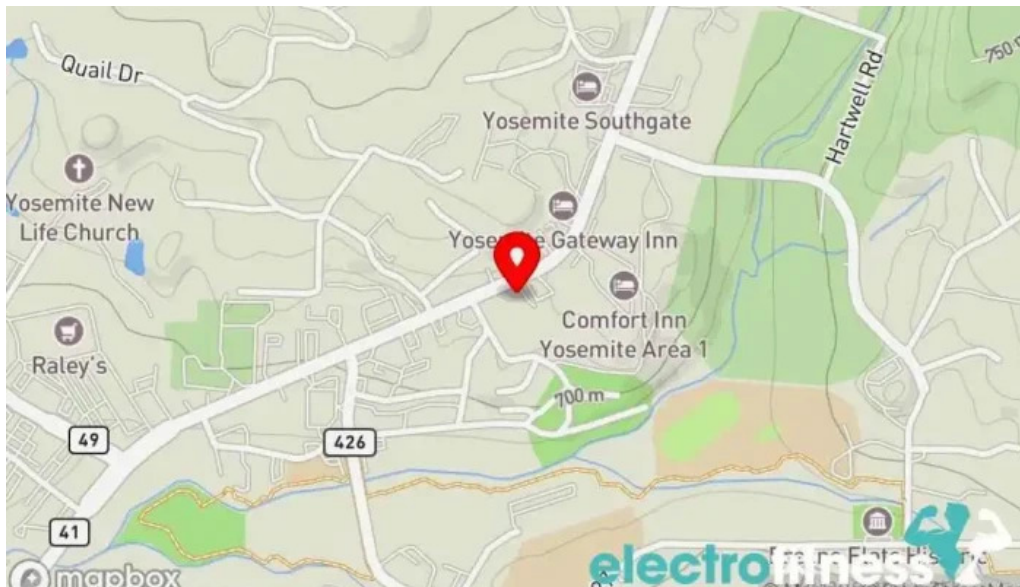
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Yosemite strength and training gym



Yosemite strength and training catalog



Yosemite strength and training by owner



Yosemite strength and training all

Tags

Membership required, Accessibility, Wheelchair-accessible car park, Planning, Wheelchair-accessible entrance

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