

## 24 Hour Fitness - Oakland

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## 24 Hour Fitness - Oakland

### 24 Hour Fitness in Oakland, California: A Comprehensive Review

24 Hour Fitness located in Oakland, California, is known for its variety of amenities and accessibility features. However, it has faced significant criticism from members regarding cleanliness and maintenance, which impacts the overall atmosphere.

### Accessibility and Amenities

The gym offers a **wheelchair-accessible entrance**, on-site services, and a **wheelchair-accessible toilet**. Additionally, there is a **wheelchair-accessible car park** that makes it convenient for all members, including those with disabilities. The facility includes several attractive amenities such as a **swimming pool**, sauna, and showers, although member reviews frequently mention issues with their upkeep.

## The Atmosphere

The general atmosphere of the gym can be described as lively yet chaotic, largely due to overcrowding during peak hours. While many appreciate the available **basketball court** and ample parking, others report safety concerns in the area. Issues such as broken equipment, unsanitary locker rooms, and cleaning deficiencies have led to dissatisfaction among members who expect a clean and welcoming environment.

## Service Options and Maintenance

Several reviews highlight the need for better maintenance of shower facilities, locker rooms, and gym equipment. For instance, members have noted: "The men's locker room often smells unpleasant and lacks necessary cleaning. Showers frequently lack functional shower heads. Inadequate attention to maintenance has made several machines unusable for extended periods. Many members have expressed frustration over the lack of response from management regarding these ongoing issues. It raises questions about the service options available at this location, as many feel that their complaints are not taken seriously."

## Planning Your Visit

For those considering a membership, it's important to note that **membership is required** for access to facilities. Despite the gym's promise of 24-hour service, actual operating hours have been restricted, leading to dissatisfaction among members who joined under the premise of round-the-clock access. If you plan to go during busy hours, it may be wise to schedule your workouts during off-peak times, as it tends to get crowded and chaotic.

## Final Thoughts

While the Oakland 24 Hour Fitness location boasts great **amenities** and an inclusive **atmosphere**, substantial improvements are needed regarding cleanliness, equipment maintenance, and overall customer service. Members express a desire for the management to prioritize these areas to create a healthier and more enjoyable workout environment.

In conclusion, potential members should weigh the benefits of the facility against

the reports of neglect and safety concerns before making a commitment.

**Our premises are located at**

3950 Alameda Ave, 94601 Oakland, California - United States (US)

The contact phone of said **Gym** is +1510-434-2495

And if you want to send a WhatsApp, you can do so at +1510-434-2495

**Our opening hours are:**

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

The website is 24 Hour Fitness

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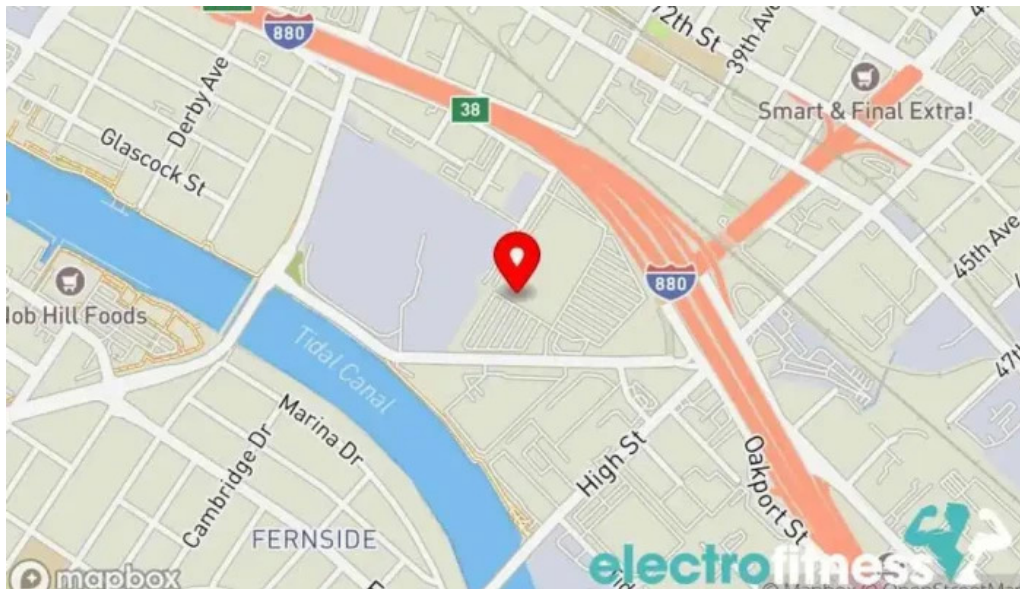




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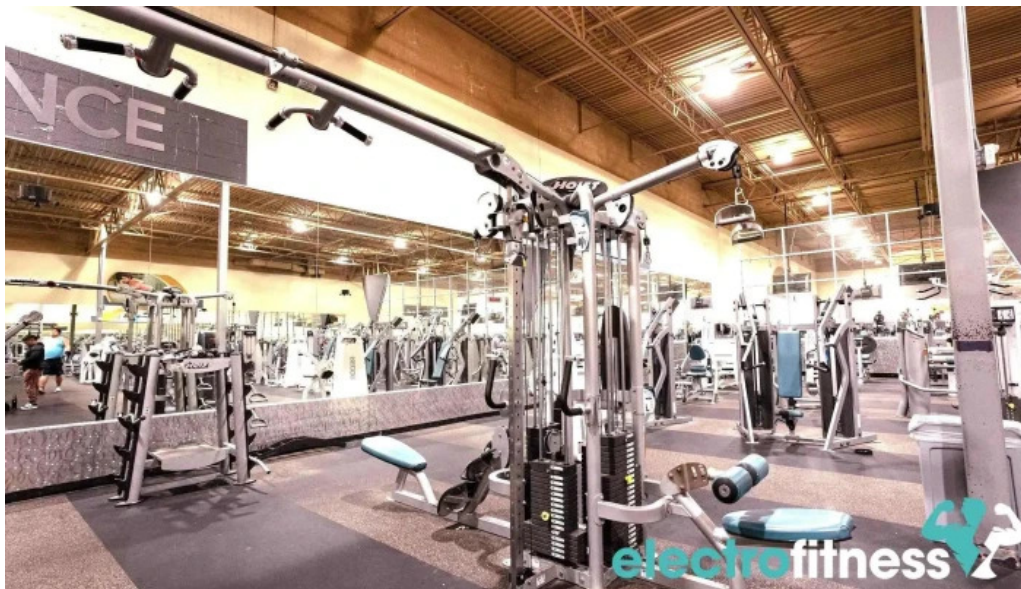


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## Tags

*Sauna, Wheelchair-accessible toilet, Shower, Swimming pool, Membership required, Wheelchair-accessible car park, On-site services, Amenities, Basketball court, Planning, Service options, Atmosphere, Accessibility, Wheelchair-accessible entrance*

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massage therapist
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meditation center
metaphysical supply store
muay thai boxing gym
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nutritionist
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parkour spot
personal trainer



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physical fitness program
physical therapist
physical therapy clinic
pickleball court
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rock climbing gym
rv park
sauna
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shooting range
shopping mall
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spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
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sports nutrition store
sports school
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swimming instructor
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