

Diego's Power Alley Gym - Oakland

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Welcome to Diego's Power Alley Gym

Located in Oakland, California, **Diego's Power Alley Gym** is a unique space tailored for those serious about transforming their bodies. This gym is not just a place to work out; it cultivates a specific vibe and culture that resonates with dedicated fitness enthusiasts.

Planning Your Visit

Before you head to the gym, consider your **planning**. Whether you're a beginner or an experienced lifter, mapping out your training schedule and goals can enhance your experience. Diego, the personal trainer, offers individualized coaching that can significantly improve your lifting techniques and overall fitness knowledge.

Accessibility Features

One of the standout features of Diego's Power Alley Gym is its **wheelchair-accessible car park**. The facility recognizes the importance of inclusivity, making it easier for everyone to access quality fitness training.

Membership Requirements

Membership required is a key aspect of the gym. Joining this community means committing to serious training rather than casual workouts often found in corporate gyms. It's a place where you can push your limits and achieve significant results.

The Experience

Many members have praised the cleanliness of the gym and the availability of equipment. "It's quiet, and I never have to wait for machines," said one satisfied member. The sauna offers a perfect way to unwind after an intense workout, providing a complete fitness experience.

Expert Guidance

Members frequently highlight the expertise of Diego as a trainer. His knowledge and attention to detail help beginners and advanced athletes alike refine their routines. However, experiences can be varied, with some noting unprofessional behavior at times. It's essential to weigh reviews when considering your options.

Final Thoughts

Diego's Power Alley Gym stands out as a top choice for serious fitness enthusiasts in Oakland. With a focus on transformation, accessibility, and relevant training, it's more than just a gym—it's a community for those ready to take their fitness journey seriously. Remember, if you're looking for a place to play games, this probably isn't the right fit. But for those determined to see results, Diego's Power Alley Gym could be the perfect match.

The business is situated at

5775 Foothill Blvd, 94605 Oakland, California - United States (US)

The contact line of the respective **Gym** is +1510-632-7673

And if you want to send a WhatsApp, you can do so at +1510-632-7673

We are available at these times:

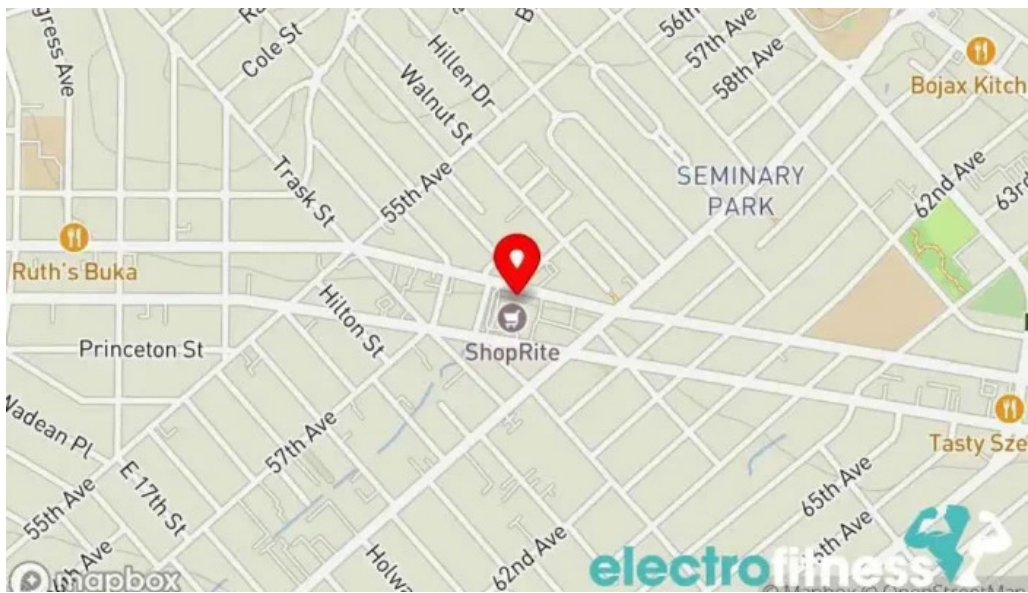
Day	Hours
Monday	8?AM–9?PM
Tuesday	8?AM–9?PM
Wednesday	8?AM–9?PM
Thursday	8?AM–9?PM
Friday	10?AM–4?PM
Saturday	Closed
Sunday	8?AM–9?PM

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Images



Diegos power alley gym street view 360deg



Diegos power alley gym map



Diegos power alley gym gym



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Tags

Planning, Accessibility, Wheelchair-accessible car park, Membership required

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