

Electro Fitness: Best Electro Fitness

## **Fitnesse Training Club - Oakland**

oakland



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oakland

# Fitnesse Training Club - Oakland

## Welcome to Gym Fitnesse Training Club in Oakland, California

If you're looking for a vibrant fitness community that welcomes everyone, look no further than **Gym Fitnesse Training Club**. Located in the heart of Downtown Oakland, this gym not only offers top-notch amenities but also fosters an inclusive environment where everyone can feel at home.

## **Amenities and Accessibility**

Gym Fitnesse boasts an array of amenities designed to enhance your workout experience. Members can enjoy a **swimming pool** for a refreshing dip post-workout, as well as well-maintained equipment and cleanliness throughout the facility. For those with mobility concerns, there is a **wheelchair-accessible entrance** and **gender-neutral toilets**, ensuring that all members can navigate the space comfortably.

Finding parking won't be an issue, with options including a **free parking lot** and **paid street parking**. Planning your visit is easy, whether you prefer to use the **paid parking lot** or opt for street parking nearby. Plus, the club's **online classes** allow you to participate from the comfort of your home, making fitness accessible regardless of your schedule.

## **A Community Like No Other**

Fitnesse isn't just a gym; it's a community. Many members identify it as a **transgender safe space**, allowing everyone to work out without feeling judged. The supportive atmosphere nurtures friendships and collaboration among fitness enthusiasts. Reviewers consistently highlight the welcoming staff who go above and beyond to ensure every individual, whether new or experienced, feels encouraged and engaged.

### From the Business: Our Philosophy

At Gym Fitnesse, we believe fitness should be fun and fulfilling. Our trainers are passionate about helping members achieve their goals while keeping the energy high during workouts. "This is what fitness is supposed to be," says one satisfied member who emphasizes the camaraderie cultivated within the club. With an average class size of 8-12 participants, you can expect personalized attention while being part of a supportive crowd.

## Why Choose Gym Fitnesse?

The enthusiastic feedback from our members speaks volumes about our commitment to provide an exceptional fitness experience. Participating in our classes truly feels like being a part of something special. One member notes, "The atmosphere is warm, welcoming, and encouraging," while another shares how they've shed pounds and gained confidence through our programs. Whether you're looking for intense workouts, functional exercises, or simply a place to connect with like-minded individuals, Gym Fitnesse Training Club has you covered. Our **experienced trainers** are dedicated to ensuring that each session challenges you while keeping things enjoyable. You'll leave every class not just feeling accomplished but excited for your next workout!

## Join Us Today!

If you're in the market for a new fitness journey, we invite you to experience the vibrant and welcoming community at Gym Fitnesse Training Club. We look forward to supporting you every step of the way on your path to health and wellness.

#### You can visit us at the address:

901 Broadway, 94607 Oakland, California - United States (US)

The contact phone of the mentioned **Gym** is <u>+1510-392-0032</u> And if you want to send a WhatsApp, you can do so at<u>+1510-392-0032</u>

## Visit us during the following hours:

Day Hours Monday

5:15-8:15?AM 12-1?PM 5-7:15?PM

Tuesday

6-8:15?AM 5:30-6:30?PM

Wednesday

5:15-8:15?AM 5-7:15?PM

Thursday

5:15-9:15?AM 12-1?PM

Friday, AM

Saturday

Closed

Sunday

5:15-8:15?AM 5-7:15?PM

### The website is Fitnesse Training Club

If you wish to alter any information that you consider is not accurate regarding this page, we kindly request forward a message and we will correct it quickly. Thank you in advance thanks for your cooperation.

## **Images**



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## **Tags**

Paid street parking, Parking, Planning, Appointment required, Paid parking lot, From the business, LGBTQ+ friendly, Amenities, Service options, Gender-neutral toilets, Online classes, Identifies as Black-owned, Wheelchair-accessible entrance, Toilet, Swimming pool, Accessibility, Crowd, Transgender safe space, Free parking lot

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dance school
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disc golf course
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facial spa
firearms academy
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rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
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soccer club
spa
spa and health club
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sports club
sports complex

sports massage therapist
sports medicine clinic
sports nutrition store
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