

## Pinpoint Training - Oakland

oakland



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## *Pinpoint Training - Oakland*

### **Pinpoint Training: Transformative Fitness in Oakland, California**

Welcome to **\*\*Pinpoint Training\*\***, a distinguished gym in Oakland that proudly identifies as women-owned and Black-owned. This inclusive fitness center offers a unique blend of personalized training and community support, making it a top choice for individuals looking to enhance their physical and mental health.

### **Accessibility at Its Best**

Pinpoint Training is committed to ensuring accessibility for all. The facility

features a wheelchair-accessible entrance and dedicated **\*\*wheelchair-accessible car park\*\***, allowing everyone to enjoy the amenities the gym has to offer. Gender-neutral toilets are also available, promoting a welcoming environment for all members.

### **Exceptional Amenities**

At Pinpoint, you won't just find a gym; you'll discover a wellness haven. Some of the standout features include: - **\*\*Sauna\*\***: Relax and rejuvenate after a workout. - **\*\*Cold Plunge\*\***: An excellent way to invigorate your body post-exercise. - **\*\*Stretch Services\*\***: Tailored sessions to enhance flexibility and recovery. - **\*\*On-site Services\*\***: Personalized training sessions designed to meet your individual needs.

### **Convenient Parking and Service Options**

With **\*\*on-site parking\*\***, members can easily access their workouts without the hassle of searching for a space. The appointment-based service options ensure that every participant receives focused attention from trainers, making each visit productive and enjoyable.

### **Community Support and Personal Transformation**

Feedback from members highlights the supportive community atmosphere at Pinpoint. Many have emphasized how group training, led by the knowledgeable trainer and owner, Shakina, fosters camaraderie among participants. Reviewers consistently mention improvements in mobility, strength, and confidence, thanks to the positive and encouraging environment. "I feel so much better in my body since I started training at Pinpoint," shared one enthusiastic member. "It's super empowering and has been really good for my mental health knowing I'm investing in my long-term health."

### **Join the Pinpoint Family**

Whether you're a seasoned athlete or just starting your fitness journey, Pinpoint Training welcomes you with open arms. With an emphasis on personalized care and a community-focused approach, this gym is more than just a place to work out—it's a supportive family dedicated to helping you achieve your health goals. If you're looking for a transformative fitness experience in Oakland, consider scheduling a consultation with Pinpoint Training. You won't just change your body; you'll change your life!

### **The location of our premises is**

5044 Woodminster Ln, 94602 Oakland, California - United States (US)

The phone number of this **Gym** is +1510-878-0978

And if you want to send a WhatsApp, you can do so at +1510-878-0978

## **We are available at these times:**

Day	Hours
Monday	7?AM–7?PM
Tuesday	7?AM–8?PM
Wednesday	7?AM–7?PM
Thursday	7?AM–8?PM
Friday	9–11?AM
Saturday	5–6?PM
Sunday	7?AM–8?PM

The website is [Pinpoint Training](#)

If you need to change any information that you believe is not correct concerning this site, please deliver a message so that we will adjust it at the earliest convenience. Thank you in advance we appreciate it.

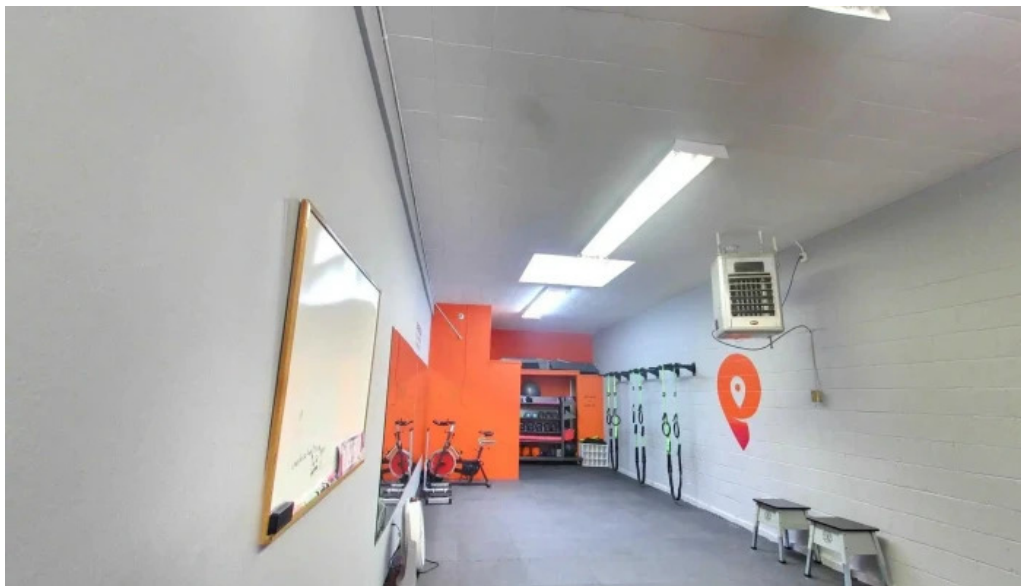
## **Images**



*Pinpoint training where*



*Pinpoint training videos*

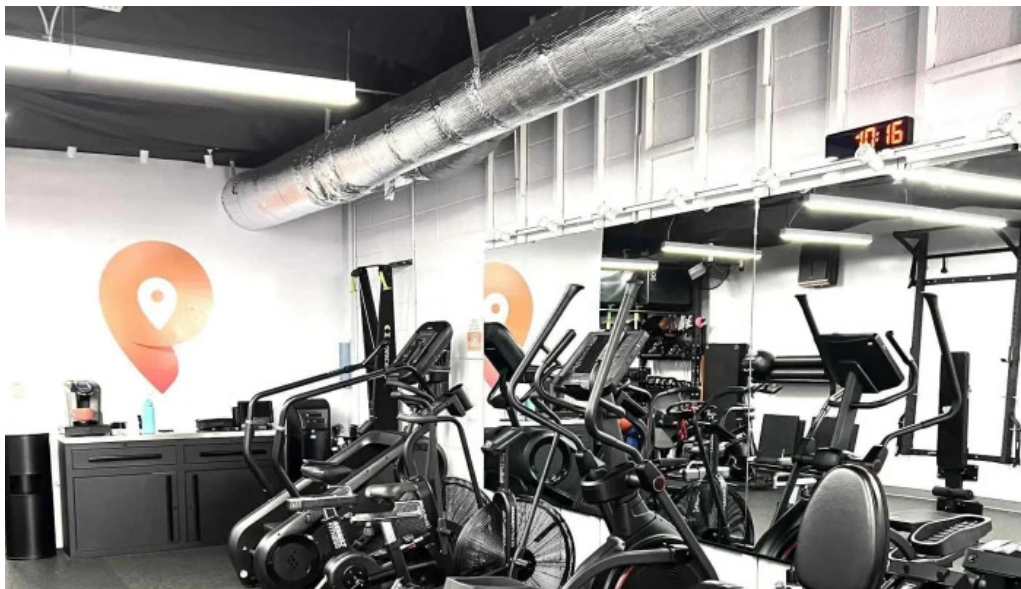


*Pinpoint training street view 360deg*





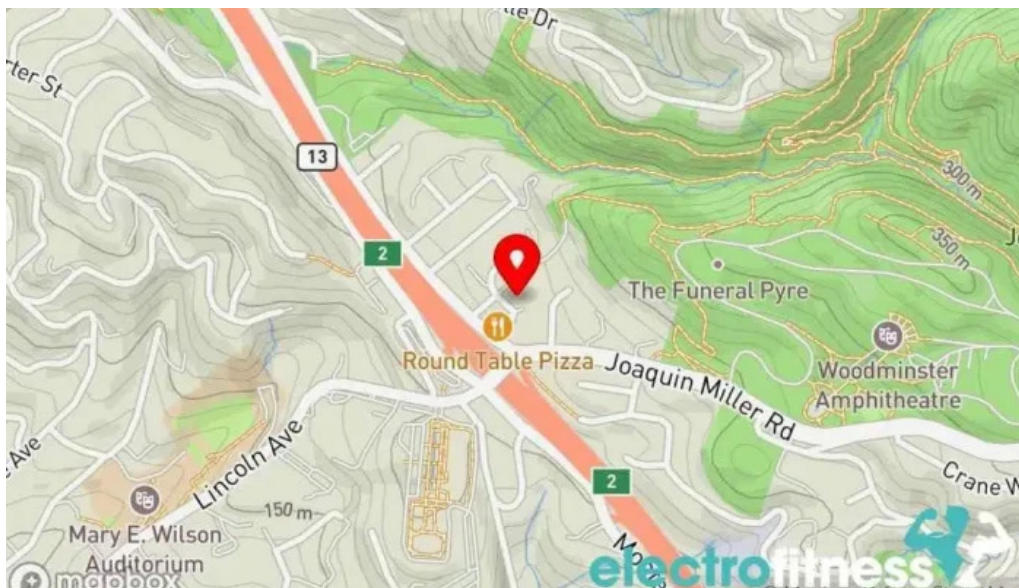
*Pinpoint training photos*



*Pinpoint training open now*



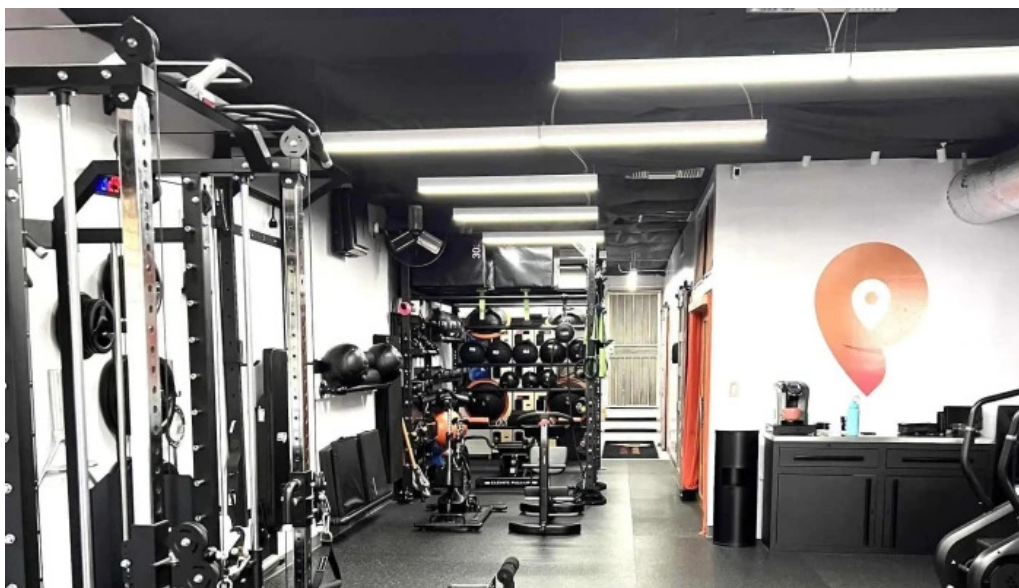
*Pinpoint training oakland*



*Pinpoint training map*



*Pinpoint training gym*

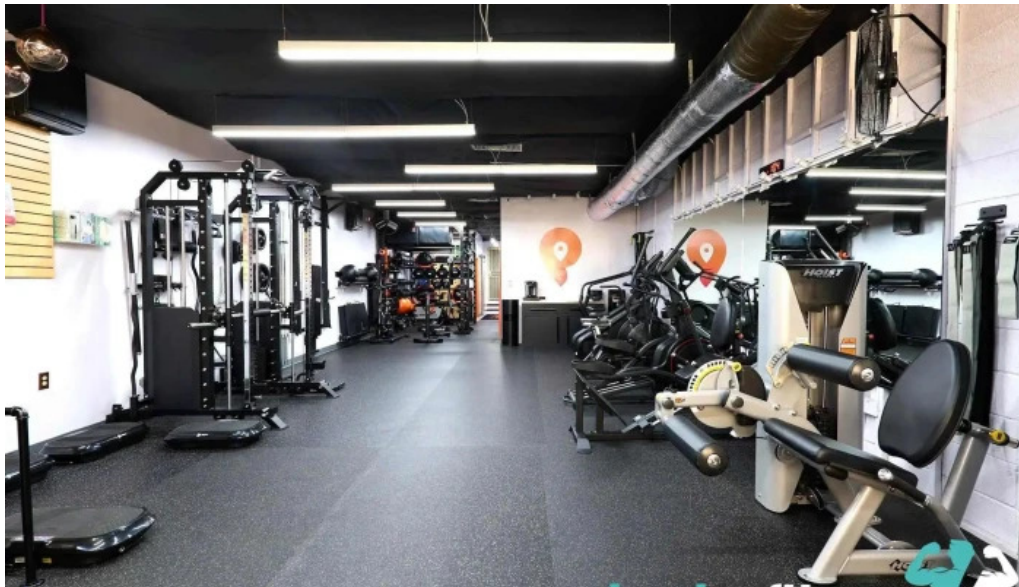


*Pinpoint training catalog*





*Pinpoint training by owner*



*Pinpoint training all*

## Tags

*Service options, Accessibility, Toilet, Identifies as Black-owned, Sauna, On-site parking, From the business, Gender-neutral toilets, Amenities, Wheelchair-accessible car park, Parking, Outdoor services, On-site services, Identifies as women-owned, Wheelchair-accessible entrance*

## Related content

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**4.9 \*** *Black Goat Fitness Spokane - Spokane*

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**5.0 \*** *Black Flag Strength - Hanover*



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<b>4.5 *</b>	<i>Black Belt Academy - Waldorf</i>
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<b>5.0 *</b>	<i>Urj Training Center Brazilian Jiu-Jitsu - Yakima</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center

convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
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hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist

kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex



sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
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