

Planet Fitness - Oakland

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Planet Fitness Oakland: A Look at Accessibility and Amenities

Planet Fitness in Oakland, California, is more than just a gym; it's a community hub that welcomes individuals of all fitness levels. This facility prides itself on its ****Accessibility****, making it user-friendly for everyone, including those with disabilities.

Membership Required for Entry

To enjoy the perks of Planet Fitness, a membership is required. The prices are incredibly affordable, making fitness accessible to many. Members appreciate

the simplicity of sign-up and the **affordable rates**, which contribute to the welcoming atmosphere of the gym.

Welcoming Accessibility Features

For members requiring special accommodations, Planet Fitness Oakland offers a **wheelchair-accessible car park** and entrance. This makes it easier for all guests to enter and navigate the gym comfortably, enhancing the overall experience.

A Comfortable Atmosphere

The **atmosphere** at Planet Fitness is often described as friendly and inviting. Many patrons comment on the cleanliness and well-kept nature of the facility, which adds to the comfort level while working out. Friendly staff members, like Latrendea and Jacquay, help create a welcoming environment that encourages members to reach their fitness goals.

Facility Amenities to Enhance Your Workout

One of the standout features of this location is its extensive array of **amenities**. With various workout equipment available, members can easily tailor their routines to their preferences. The gym also boasts **showers**, ensuring that guests can freshen up after their workouts. Furthermore, complimentary **Wi-Fi** allows for seamless access to fitness apps and online workout resources.

Planning Your Visit

When planning a visit, it's essential to consider peak hours, as the gym can get busy during evenings after work. However, many reviews highlight that there's usually at least one machine available, even during crowded times. Additionally, the **30-minute circuit** workout is a great option for those short on time, offering a complete workout in a condensed format.

Final Thoughts

In conclusion, Planet Fitness Oakland is a commendable choice for fitness enthusiasts seeking a clean, friendly, and affordable gym. The focus on accessibility and the variety of amenities make it a great spot for individuals at any fitness level. Whether you're looking for a rigorous workout or a place to unwind, this gym has something for everyone.

You can find us at

4055 MacArthur Blvd, 94619 Oakland, California - United States (US)

The phone number of the mentioned **Gym** is +1510-336-9542

And if you want to send a WhatsApp, you can do so at +1510-336-9542

You can visit us at the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is [Planet Fitness](#)

In case you want to update any data that you feel is not accurate regarding this page, we urge you to forward a message so that we will adjust it as soon as possible. In advance thanks.

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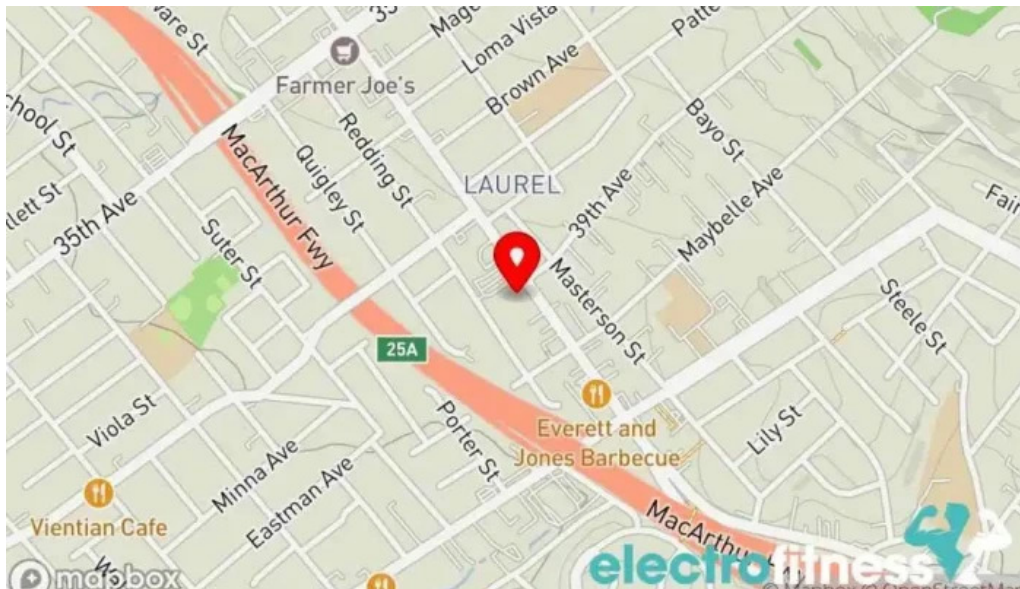
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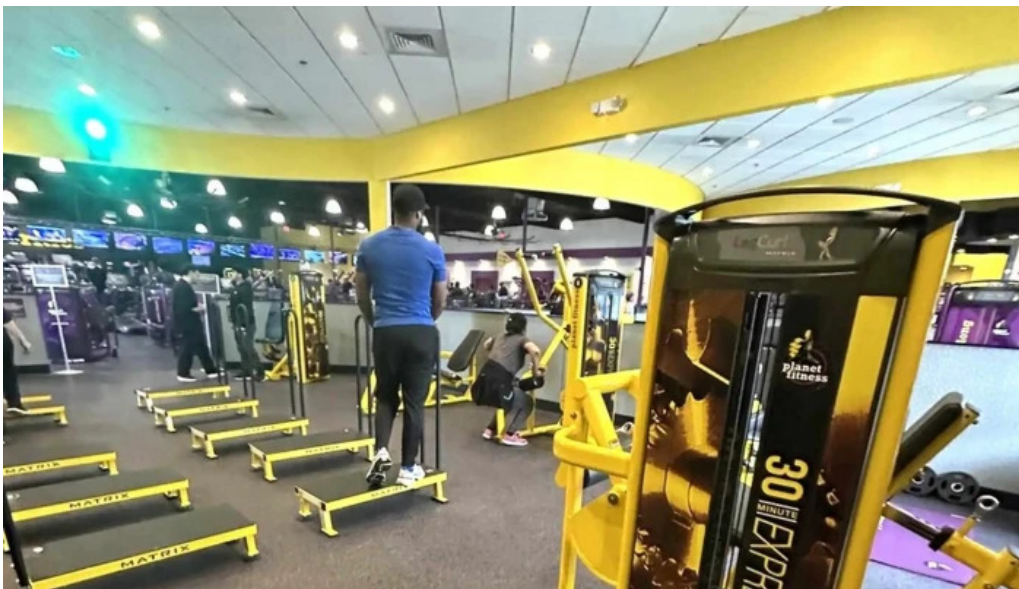
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Tags

Atmosphere, Shower, Membership required, Wi-Fi, Wheelchair-accessible car park, Wheelchair-accessible entrance, Accessibility, Planning, Amenities

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