

Radically Fit - Oakland

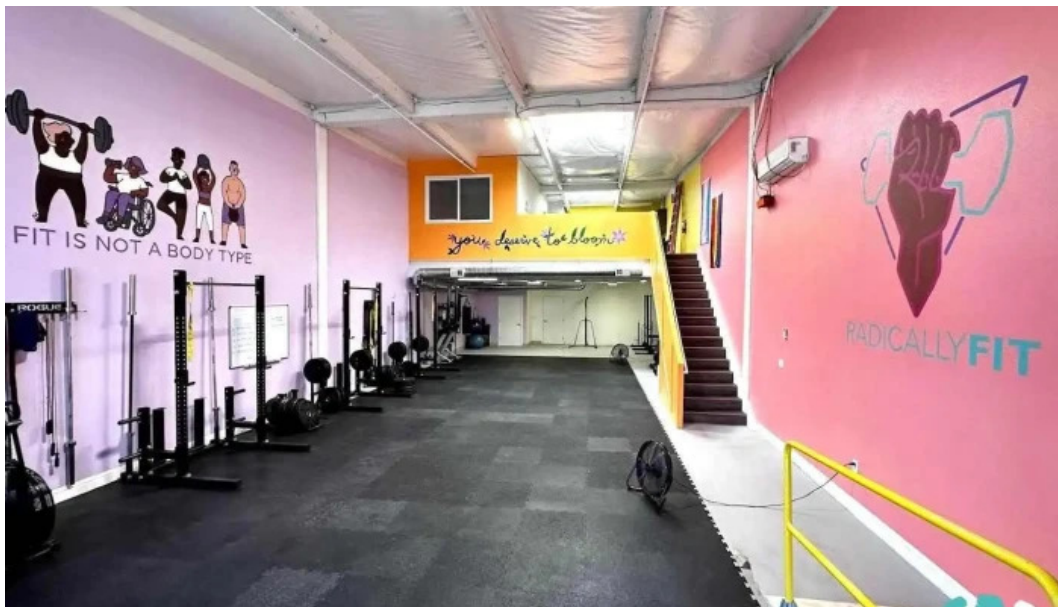
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Radically Fit - Oakland

Welcome to Radically Fit: A Unique Fitness Community in Oakland, California

Radically Fit is not just a gym; it's a transformative space that emphasizes accessibility and inclusivity for all bodies. Located in Oakland, California, this fitness haven offers an environment where everyone can engage with fitness in a supportive and affirming atmosphere.

Accessibility for Everyone

One of the standout features of Radically Fit is its commitment to

****accessibility****. The facility boasts a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, ensuring that individuals with mobility challenges can easily access all the amazing offerings. This level of consideration fosters a welcoming environment, making it clear that fitness is for everyone—regardless of their physical capabilities.

A Community Like No Other

At Radically Fit, the sense of community is palpable. Members describe it as a "supportive and tight-knit" environment, free from the toxic competitiveness often found in traditional gyms. The owner, Lindsey, along with the trainers, cultivates a culture where every body type and athletic experience is celebrated. The diversity of classes available caters to different preferences, whether you're into boxing, yoga, or even unique offerings like the "Fat Kid Dance Party."

Non-Toxic Fitness Culture

Many members have expressed relief at finding a gym that aligns with their values. In a world where mainstream fitness culture can be alienating and shaming, Radically Fit stands out. It prioritizes body positivity and mental well-being over appearance and competition. People of all backgrounds—especially those who identify as Black, non-white, queer, trans, or disabled—find a home here.

Educational and Supportive Programs

The gym also excels in offering bite-sized educational content on its social media, which helps members learn and grow in their fitness journeys. The ****Community Cares program**** is another innovative initiative, allowing individuals to attend classes on a "pay what you can" basis, removing financial barriers and ensuring everyone has access to safe fitness options.

Empowering Classes for Every Body

From strength training to yoga, Radically Fit provides classes tailored to meet diverse needs. Popular offerings include BBQ (a strength and conditioning class for Black and Brown queers) and PHAT yoga (for bigger-bodied individuals). These programs are designed to empower marginalized communities, fostering self-care and personal growth.

Join the Movement

If you're intimidated by traditional gyms, Radically Fit offers a refreshing alternative. With friendly and accommodating instructors who tailor classes to individual preferences, you'll find yourself in an encouraging environment that promotes camaraderie over competition. Whether you're new to fitness or returning after a hiatus, every journey is welcomed with open arms. In conclusion, if you're looking for a gym that prioritizes inclusivity, accessibility, and genuine community support, look no further than Radically Fit in Oakland.

Walk through the door and discover a space where you can thrive—no matter your background or fitness level. Come join us in celebrating all our unique bodies and the joy of movement!

Our address is

1035 22nd Ave Unit 5, 94606 Oakland, California - United States (US)

The contact line of this **Gym** is +1650-669-1885

And if you want to send a WhatsApp, you can do so at +1650-669-1885

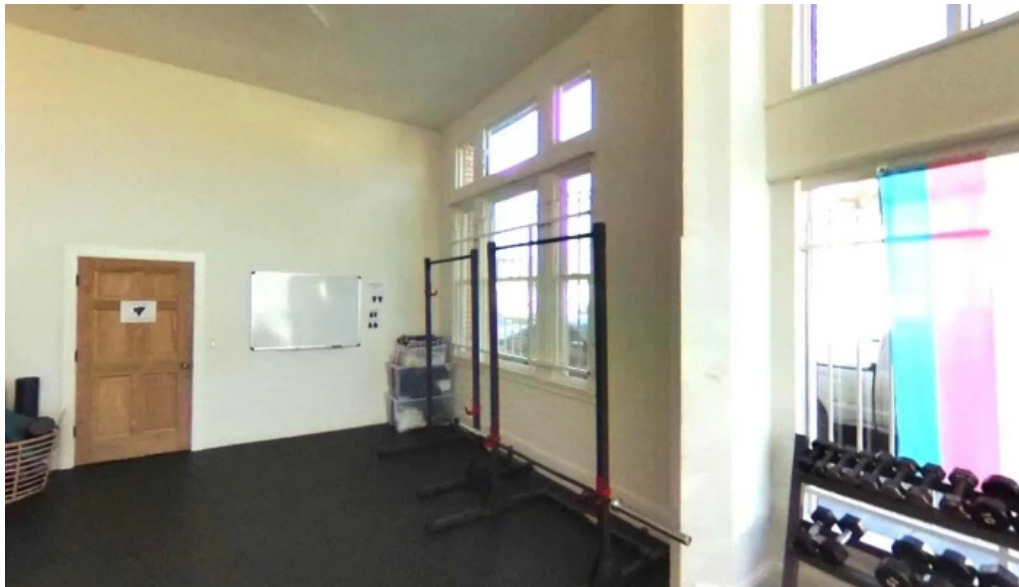
We are open during the following hours:

Day Hours
Monday
7?AM–8:30?PM
Tuesday
7?AM–8?PM
Wednesday
7?AM–7:30?PM
Thursday
7?AM–1?PM
Friday
9?AM–1?PM
Saturday
9?AM–7?PM
Sunday
8?AM–8?PM

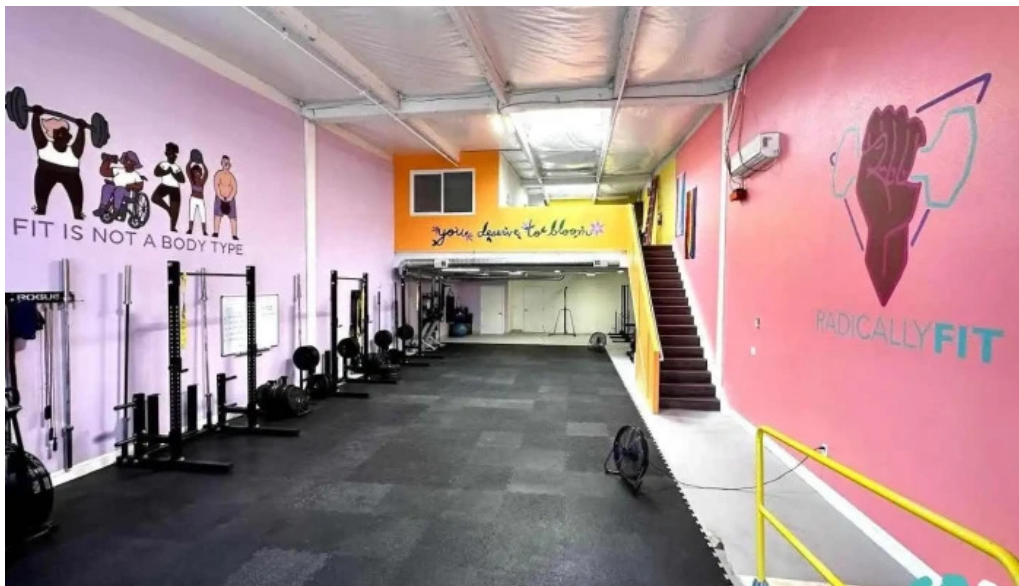
The website is Radically Fit

If you require to adjust any information that you think is not accurate about this portal, we ask send us a message so we can we will correct it promptly. In advance thanks for your cooperation.

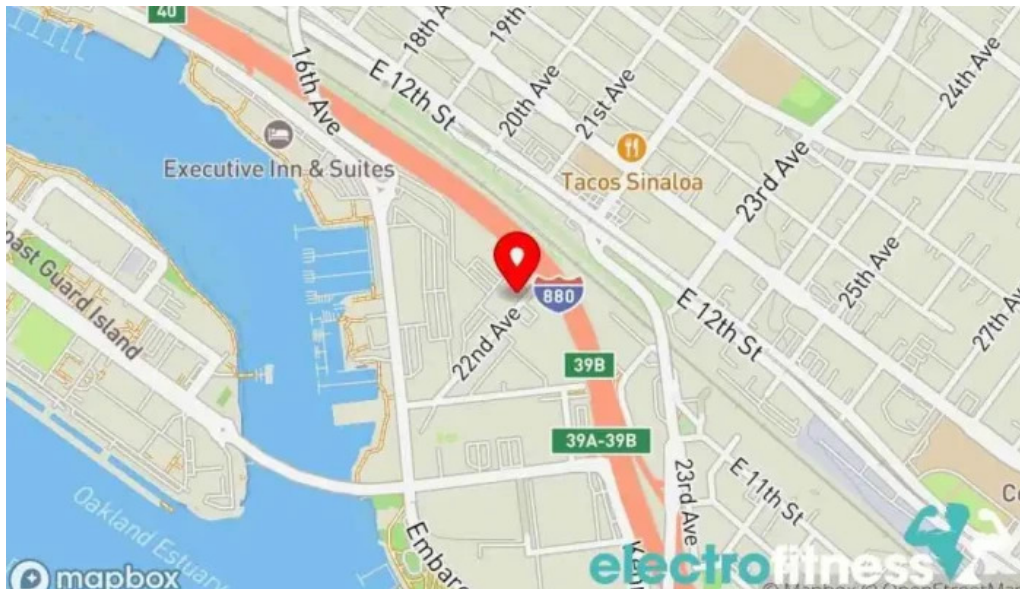
Images



Radically fit street view 360deg



Radically fit oakland



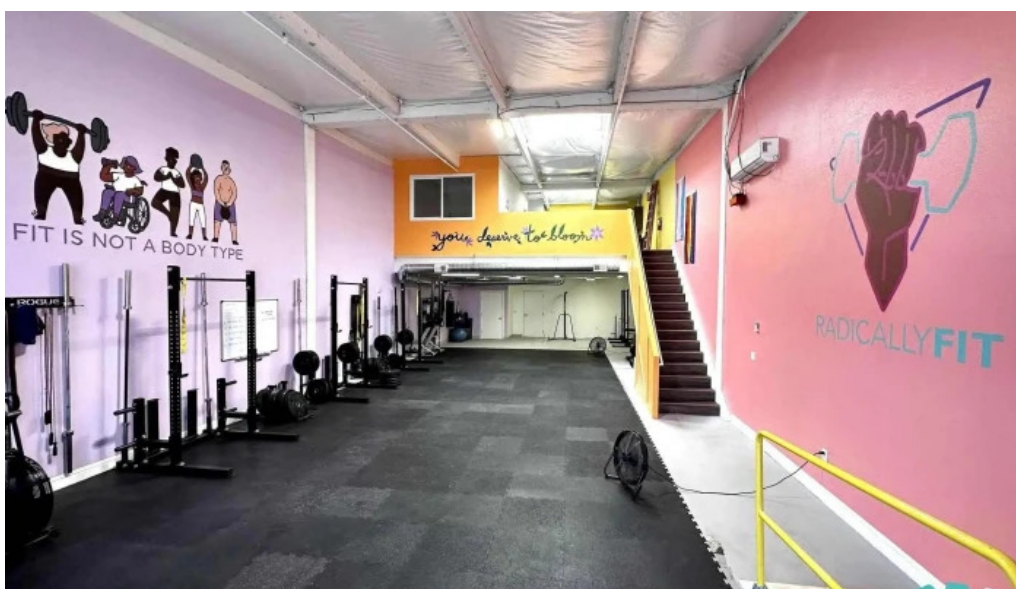
Radically fit map



Radically fit gym



Radically fit by owner



Radically fit all

Tags

Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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golf course
golf instructor
grocery store
gym
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gymnastics center
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karate club
karate school
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kickboxing school
kinesiologist
kinesiotherapist
martial arts club

martial arts school
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rock climbing gym
rv park
sauna
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