

## Studio FitLife - Oakland

oakland



I'm not a robot



RECAPTCHA

Published on: 06/05/25	Hits: 77
Comments: 0	See comments
Votes: 7	Score: 5

[https://www.electrofitness.com/gym/oakland/studio-fitlife-oakland\\_271895.php](https://www.electrofitness.com/gym/oakland/studio-fitlife-oakland_271895.php)



*oakland*

## *Studio FitLife - Oakland*

### **Welcome to Studio FitLife: Your Premier Gym in Oakland, California**

Studio FitLife is the ultimate destination for all your fitness needs! Whether you're aiming to build strength, improve flexibility, or recover from an injury, this gym has it all. With a variety of highly skilled trainers to choose from and an in-house physical therapist, you'll find everything you need under one roof. The facility boasts modern, top-quality equipment, and it's always impeccably clean and fresh.

## Accessibility at Studio FitLife

One of the standout features of Studio FitLife is its commitment to **accessibility**. The gym offers a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for everyone to enjoy the facilities. This thoughtful design ensures that all individuals, regardless of mobility challenges, can experience the benefits of a well-equipped fitness center.

## Expert Guidance for Your Fitness Journey

Training with Eddy, the owner, has been transformative for many clients. Known for his passion and detailed understanding of biomechanics, Eddy provides personalized workout experiences that are both challenging and rewarding. Many members have reported significant improvements in strength and pain relief, thanks in part to his expertise as both a trainer and physical therapist.

## A Clean and Inviting Environment

The atmosphere at Studio FitLife is pristine and welcoming. With its spacious layout and top-notch equipment, clients can focus on their workouts without distractions. From dumbbells and kettlebells to advanced cardio machines, every piece of equipment is chosen to enhance your workout experience. Additionally, the facility is known for being free of crowding, allowing for a more comfortable training session.

## Community and Support

What truly sets Studio FitLife apart is the community aspect. The team is friendly, respectful, and knowledgeable, focusing on each member's unique needs. Many clients have experienced life-changing transformations, from improved coordination and balance to increased stamina and strength. It's a place where personal growth is celebrated, and individual goals are prioritized.

## Conclusion

If you are seeking a gym that combines expertise, state-of-the-art facilities, and a supportive community, look no further than Studio FitLife. With its commitment to accessibility and high-quality training, it is undoubtedly the best choice for anyone in Oakland, California. Check out Studio FitLife today and take the first step toward a healthier you!

**The location of our business is in**

3241 Grand Ave, 94610 Oakland, California - United States (US)

## **We look forward to seeing you at:**

Day Hours  
Monday  
7?AM–7?PM  
Tuesday  
7?AM–7?PM  
Wednesday  
7?AM–7?PM  
Thursday  
7?AM–7?PM  
Friday  
7?AM–1?PM  
Saturday  
Closed  
Sunday  
7?AM–7?PM

The website is Studio FitLife

If you require to change any data that you think is not correct related to this portal, please deliver a message so that we will fix it promptly. Thanks beforehand thank you very much.

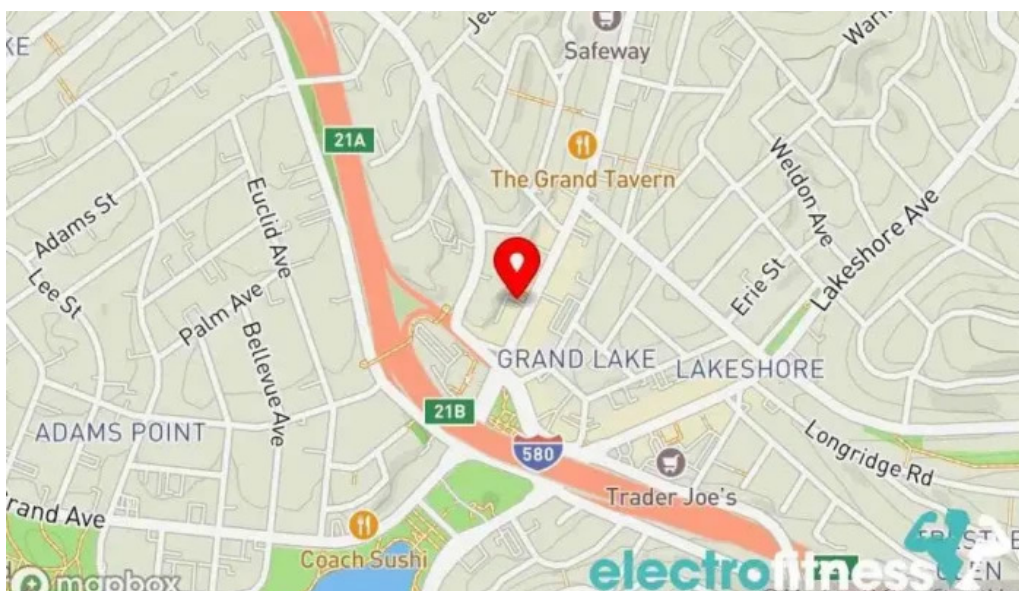
## **Images**



*Studio fitlife street view 360deg*



*Studio fitlife oakland*



*Studio fitlife map*





*Studio fitlife gym*



*Studio fitlife all*

## Tags

*Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility*

## Related content

---

**4.9 \*** *Zen Well Studio - White Plains*

---

**5.0 \*** *Studio Ex Cycle & Group Fitness - Hyannis*

---

**4.7 \*** *Powerform - Oakland*

---

**4.3 \*** *Club Studio - Walnut Creek*

<b>5.0 *</b>	<i>Studio Amiel - Santa Fe</i>
<b>4.3 *</b>	<i>Rituel Studio - Santa Fe</i>
<b>3.6 *</b>	<i>The Studio Cooperative - Waldorf</i>
<b>5.0 *</b>	<i>Yoga 1 Studio - Santa Fe</i>
<b>5.0 *</b>	<i>Bonzai Studio - Ajo</i>
<b>5.0 *</b>	<i>Studio 108 Fitness - Stowe</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor

country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club

martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic



sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization