

Electro Fitness: Best Electro Fitness

The Club at City Center - Oakland

oakland



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The Club at City Center - Oakland

The Club at City Center: A Premier Gym Experience in Oakland, California

Welcome to The Club at City Center, an exceptional gym located in the heart of Oakland, California. This facility is not only equipped with top-of-the-line amenities but also focuses on creating an inclusive and accessible environment for all members.

Accessibility and Services

The Club at City Center boasts a **wheelchair-accessible entrance** and offers a **wheelchair-accessible car park**, ensuring that everyone can enjoy

their fitness journey without barriers. Inside, you will find
wheelchair-accessible seating throughout the facility, allowing for comfort
and convenience during your visit. With diverse **service options**, including
personal training and a range of **online classes**, there is something for
everyone regardless of fitness level or preference. The gym's commitment to
planning creates a seamless experience, making it easy to schedule
workouts and participate in various activities.

Amenities That Elevate Your Workout

Membership at The Club is required to access its extensive **amenities**, which are second to none. From a fully equipped weight room to a beautiful swimming pool, everything is meticulously maintained. The **showers** are known for their outstanding water pressure, providing a refreshing clean after a workout. The atmosphere is energetic yet inviting, making it a pleasure to spend time at the gym. Members often rave about the cleanliness of the facilities, including well-maintained **gender-neutral toilets** and locker rooms, enhancing overall comfort and accessibility.

Recreational Facilities and Classes

For those looking to engage in sports, The Club features a spacious **basketball court** where members can join pickup games or just shoot around. Additionally, the gym offers **outdoor services** such as lap swimming and classes like yoga, Zumba, and boot camp to diversify your fitness routine. The sauna and steam room provide a perfect way to unwind after an intense workout, promoting relaxation and recovery. It's no wonder why many members have described the facilities as "the best they've ever been to."

Community and Atmosphere

One of the standout features of The Club at City Center is its welcoming atmosphere. Members appreciate the diverse community, where individuals of all ages and backgrounds come together to motivate and support one another. Many reviews highlight the positivity and friendliness of the staff, making every visit enjoyable. Instructors like Karen and T.J. receive accolades for their engaging classes and personalized training sessions. Whether you're a seasoned athlete or just starting your fitness journey, you'll find a supportive network eager to help you achieve your goals.

Why Choose The Club at City Center?

While some may consider the monthly membership cost on the higher side, most agree that the quality of facilities, variety of classes, and supportive environment justify the investment. Plus, with convenient hours and **on-site services**, such as smoothie bars and towel service, every aspect of your gym experience is covered. In summary, The Club at City Center offers **excellent amenities**, a friendly atmosphere, and a commitment to accessibility that sets

it apart from other gyms in the area. Whether you're looking for a casual workout or an intense training session, this gym has everything you need to thrive. Visit today and discover why so many members call this place their fitness home!

You can find us in

1200 Clay St #100, 94612 Oakland, California - United States (US)

The contact phone of the respective **Gym** is <u>+1510-895-1010</u> And if you want to send a WhatsApp, you can do so at<u>+1510-895-1010</u>

Visit us during the following hours:

Day Hours Monday 5?AM-9?PM Tuesday 5?AM-9?PM Wednesday 5?AM-9?PM Thursday 5?AM-9?PM Eriday 7?AM-6?PM Saturday 7?AM-4?PM Sunday 5?AM-9?PM

The website is The Club at City Center

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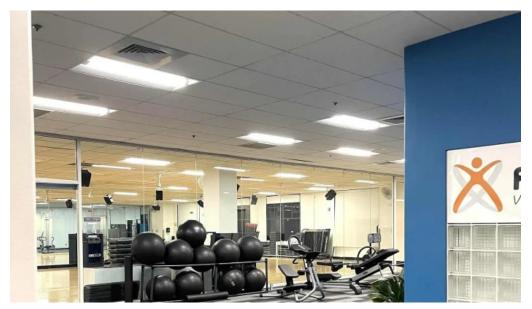
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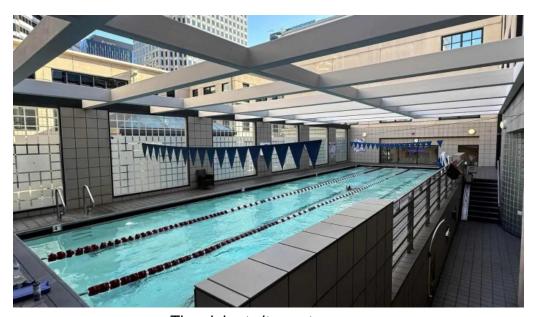
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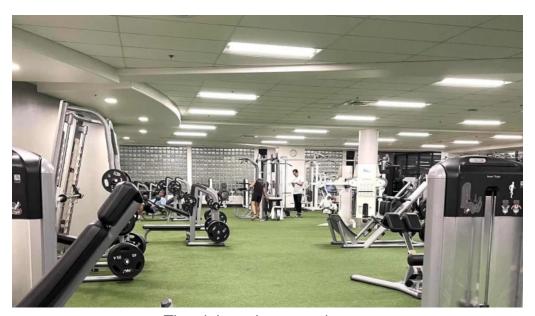
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Tags

Outdoor services, Basketball court, Membership required, Service options, Online classes, Shower, Wheelchair-accessible seating, Planning, Accessibility, Amenities, Gender-neutral toilets, Wheelchair-accessible car park, Wheelchair-accessible entrance, Atmosphere, On-site services, Sauna

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