

## 9Round Kickboxing Fitness - Orlando

orlando

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orlando

## 9Round Kickboxing Fitness - Orlando

### Welcome to 9Round Kickboxing Fitness in Orlando, Florida

If you're searching for an exhilarating fitness experience that caters to all levels, look no further than **9Round Kickboxing Fitness** located on Narcoossee Road in Orlando. This gym offers a unique workout environment that blends fun and challenge into a 30-minute circuit training routine.

### Accessibility and Inclusivity

9Round is committed to accessibility. The gym features a **wheelchair-accessible entrance** along with a designated **wheelchair-accessible car park**. This inclusive approach makes it a welcoming space for everyone, including those who identify as **LGBTQ+**. The gym has also created a **transgender safe space**, ensuring that all members can focus on their fitness without worries about discrimination.

## Planning Your Visit

At 9Round, there's no need for an appointment. Circuits start every three minutes, allowing you the flexibility to fit workouts into your busy schedule. Whether you're a beginner or an experienced athlete, this structure ensures that you can participate at your own pace. Investing just 30 minutes can yield significant results, burning up to 700 calories!

## Membership Options and Services

A **membership is required** to enjoy the full benefits of 9Round, but the staff is more than happy to guide you through the sign-up process. From the moment you enter, you'll be greeted by friendly faces eager to help you achieve your fitness goals. The facility is **clean**, modern, and offers various **on-site services**, including body scans and personalized coaching.

## Community and Support

What sets 9Round apart is its community spirit. Many members have noted how **welcoming and supportive** the trainers are. Staff like **Angel** and **Jose** have received countless praises for their motivational coaching style, ensuring that each member feels valued and part of the family. Newcomers often express feeling at home from their very first visit, thanks to the warm and friendly atmosphere.

## Unique Features

9Round is proudly **Latino-owned** and **women-owned**, adding diversity to the leadership and culture of the gym. The flexibility of being able to work out at any time combined with the exciting daily workout rotations means you'll never get bored.

For those interested in taking their fitness journey online, you can access **online classes** designed for convenience, ensuring that you can maintain your routine whether at home or in the gym.

## Final Thoughts

If you're ready for a fitness challenge that is not only effective but also fun and engaging, consider joining the 9Round family. You will find a community that celebrates every achievement and encourages you each step of the way. Don't miss out on an opportunity to transform your workout routine!

Visit 9Round Kickboxing Fitness Lee Vista today and take the first step towards an energized and healthier you!

### **Our establishment is located at**

7252 Narcoossee Rd Ste 102, 32822 Orlando, Florida - United States (US)

The phone number of the respective **Gym** is +1407-286-3036

And if you want to send a WhatsApp, you can do so at +1407-286-3036

### **Our service hours are:**

Day Hours  
Monday

6–11?AM 4–8?PM

Tuesday

6–11?AM 4–8?PM

Wednesday

6–11?AM 4–8?PM

Thursday

8?AM–1?PM 4–8?PM

Friday

8?AM–1?PM 4–7?PM

Saturday

9?AM–1?PM

Sunday

Closed

The website is 9Round Kickboxing Fitness

If you require to change any element that you consider is incorrect concerning this web, we kindly request send a message so that we will correct it as soon as possible. Thanks beforehand we appreciate it.

## **Images**



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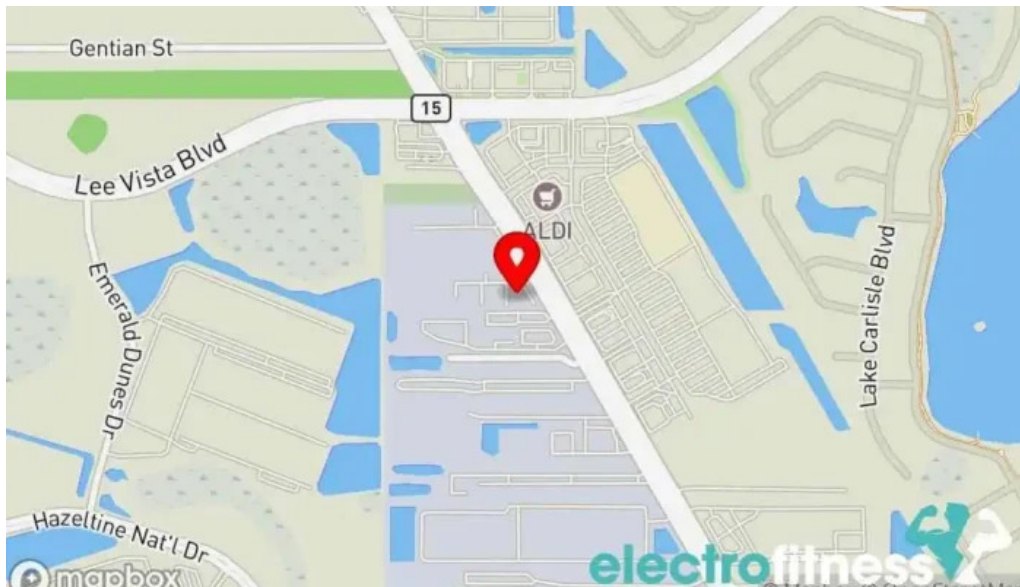




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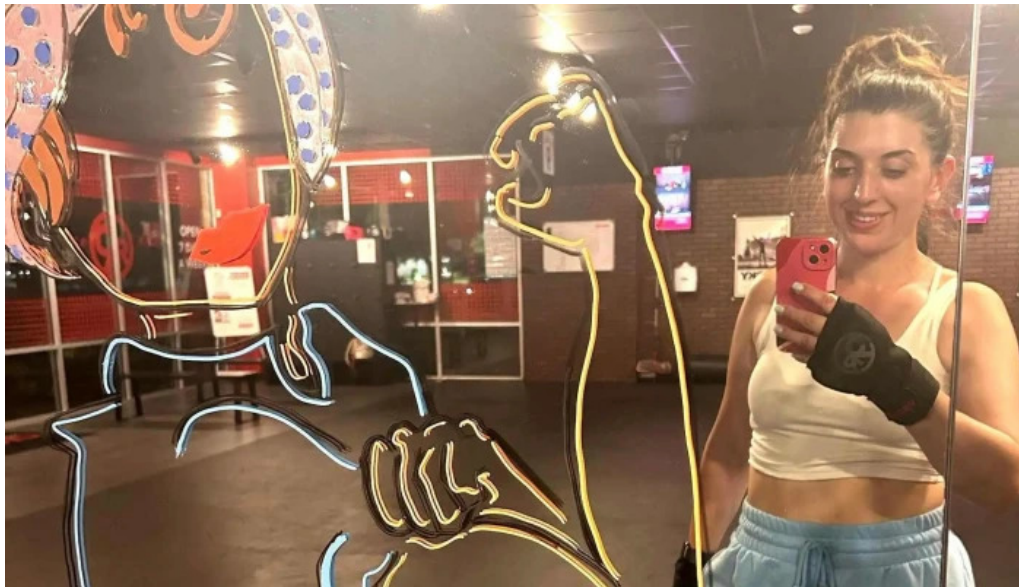


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## Tags

*Planning, Wheelchair-accessible entrance, Service options, Crowd, Identifies as women-owned, Accessibility, Transgender safe space, Free parking lot, Parking, LGBTQ+ friendly, Identifies as Latino-owned, Wheelchair-accessible car park, Online classes, Membership required, From the business, Appointment required, On-site services*

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| 4.7 * | 9Round - Valencia - Valencia                  |
| 4.8 * | 9Round Fitness - Lafayette                    |
| 4.7 * | Peak Kickboxing Northglenn - Northglenn       |
| 4.8 * | Maxim Gym Kickboxing and Fitness - Hobart     |
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## Categories

|                            |
|----------------------------|
| academic department        |
| acupuncture clinic         |
| after school program       |
| amusement center           |
| amusement park ride        |
| animal feed store          |
| apartment complex          |
| aquatic centre             |
| arena                      |
| association / organization |
| athletic club              |
| auditorium                 |
| bar                        |
| basketball club            |
| basketball court           |
| batting cage center        |
| body shaping class         |
| boot camp                  |
| boxing club                |
| boxing gym                 |
| boxing ring                |
| children's party service   |
| chiropractor               |
| church                     |
| club                       |
| coffee shop                |
| community center           |
| convenience store          |
| counselor                  |
| country club               |
| coworking space            |
| cultural center            |
| dance company              |
| dance school               |
| day spa                    |
| disc golf course           |
| dollar store               |
| educational institution    |
| elementary school          |
| exercise equipment store   |
| facial spa                 |
| firearms academy           |

|                              |
|------------------------------|
| fitness                      |
| fitness center               |
| fitness equipment wholesaler |
| food producer                |
| foot care                    |
| gated community              |
| golf club                    |
| golf course                  |
| golf instructor              |
| grocery store                |
| gym                          |
| gymnasium school             |
| gymnastics center            |
| hair salon                   |
| health consultant            |
| health food restaurant       |
| health spa                   |
| hiking area                  |
| hospital                     |
| hotel                        |
| indoor cycling               |
| jujitsu school               |
| karate club                  |
| karate school                |
| kennel                       |
| kickboxing school            |
| kinesiologist                |
| kinesiotherapist             |
| martial arts club            |
| martial arts school          |
| massage spa                  |
| massage therapist            |
| medical spa                  |
| meditation center            |
| metaphysical supply store    |
| muay thai boxing gym         |
| non-profit organization      |
| nutritionist                 |
| park                         |
| parking lot                  |
| parkour spot                 |
| personal trainer             |



|                                |
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| pharmacy                       |
| physical fitness program       |
| physical therapist             |
| physical therapy clinic        |
| pickleball court               |
| pilates studio                 |
| private golf course            |
| public educational institution |
| public swimming pool           |
| recreation center              |
| rehabilitation center          |
| resort hotel                   |
| rock climbing                  |
| rock climbing gym              |
| rv park                        |
| sauna                          |
| school district office         |
| self defense school            |
| senior citizen center          |
| shooting range                 |
| shopping mall                  |
| soccer club                    |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports massage therapist       |
| sports medicine clinic         |
| sports nutrition store         |
| sports school                  |
| summer camp organizer          |
| supermarket                    |
| swimming facility              |
| swimming instructor            |
| swimming school                |
| tennis club                    |
| thrift store                   |
| training centre                |
| vitamin & supplements store    |
| weight loss service            |
| weightlifting area             |

|                          |
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| wellness center          |
| wellness program         |
| women's personal trainer |
| wrestling school         |
| yoga instructor          |
| yoga studio              |
| youth organization       |