

## Im=x Pilates and Fitness - Orlando

orlando

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### *Im=x Pilates and Fitness - Orlando*

#### **Welcome to IM=X Pilates and Fitness in Orlando, Florida**

IM=X Pilates and Fitness is not just a fitness studio; it's a community where everyone feels welcomed and supported in their health journey. Located in the heart of Orlando, this studio stands out for its commitment to **\*\*accessibility\*\*** and excellence in fitness.

#### **Accessibility Features**

One of the notable features of IM=X Pilates is its **\*\*wheelchair-accessible entrance\*\***. The facility is designed to accommodate all individuals, ensuring

that everyone can participate in fitness activities without barriers. Furthermore, the **\*\*wheelchair-accessible car park\*\*** provides convenient access for those who need it, making it easier to get to your workout sessions without any hassle.

## **Customer Experiences**

The feedback from members has been overwhelmingly positive. Many have praised the instructors for their attentiveness and professionalism. For example, one member stated, "I've always felt very welcomed. All the instructors are kind, professional, and very attentive to the students." This sense of community is amplified by the camaraderie among members, making every visit a pleasant experience.

## **Class Variety and Quality**

At IM=X Pilates, the variety of classes available caters to all fitness levels. From Pilates to TRX training, every class offers something new and different, which keeps members engaged and motivated. One satisfied member shared, "The studio is pristine, with soft lighting, and they often play our favorite music! We look forward to each session."

## **Supportive Atmosphere**

The supportive atmosphere at IM=X Pilates helps foster personal growth and transformation. Instructors are not just trainers; they are mentors who care about your fitness journey. As one member noted, "This is a Pilates studio for everyone regardless of ability! The instructors are caring and offer modifications to exercises as you build strength."

## **Commitment to Health and Wellness**

With a strong focus on health and wellness, many members have reported significant improvements in their physical well-being. Comments like, "IMX Pilates changed my overall health for life" reflect the profound impact this studio has on its clients. Members appreciate the attention to form and function, ensuring their safety while achieving their fitness goals.

## **Conclusion**

If you are looking for a place that prioritizes accessibility, community, and quality training, IM=X Pilates and Fitness in Orlando, Florida, is an excellent choice. The combination of exceptional instructors, a welcoming environment, and a dedication to fitness for all makes this studio truly special. Whether you are a seasoned athlete or just starting your fitness journey, IM=X Pilates is here to support you every step of the way.

## **You will find us at**

10743 Narcoossee Rd a21, 32832 Orlando, Florida - United States (US)

The phone of said **Gym** is +1407-793-5623

And if you want to send a WhatsApp, you can do so at +1407-793-5623

### **Our service hours are:**

Day Hours

Monday

6:30?AM–7:30?PM

Tuesday

6:30?AM–7:30?PM

Wednesday

6:30?AM–7:30?PM

Thursday

6:30?AM–7:30?PM

Friday

6:30?AM–7:30?PM

Saturday

8–11?AM

Sunday

8–11?AM

The website is IM=X Pilates and Fitness

If you need to alter any information that you feel is not precise about this site, we kindly request send us a message so we can we will correct it promptly. With anticipation we appreciate it.

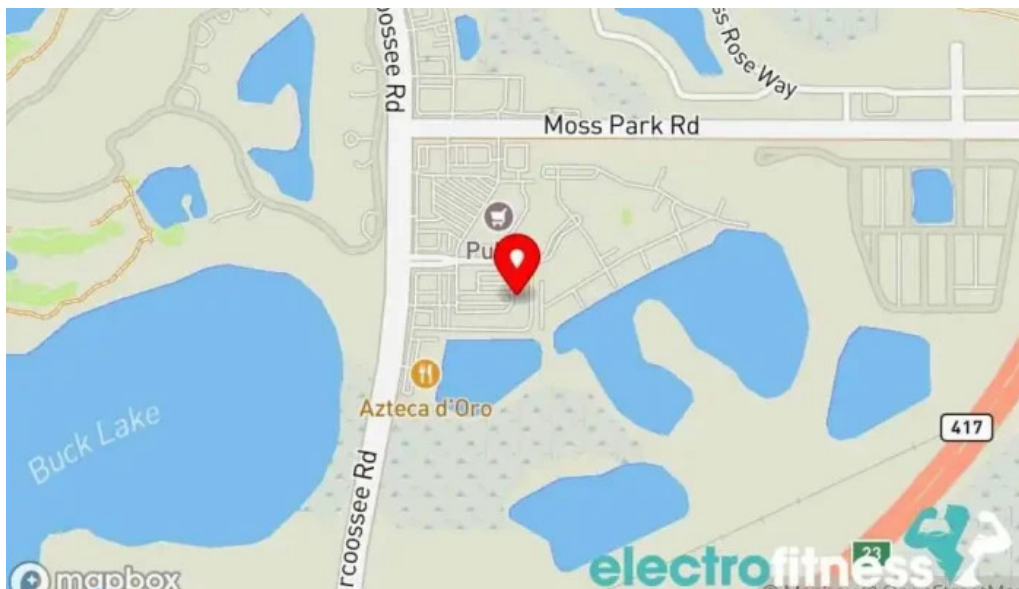
## **Images**



*Imx pilates and fitness street view 360deg*



*Imx pilates and fitness orlando*



*Imx pilates and fitness map*

some people use socks with grip on them. Bring water if you'd like.

## Similar businesses



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## Tags

*Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance*

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**5.0 \*** *The Pilates Den - Williston*

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<b>5.0 *</b>	<i>Core Dynamics-Pilates - Santa Fe</i>
<b>5.0 *</b>	<i>Twist Pilates and Fitness - Washington</i>
<b>4.9 *</b>	<i>Club Pilates - Waldorf</i>
<b>4.9 *</b>	<i>Core Pilates and Wellness - Spokane</i>
<b>5.0 *</b>	<i>Pilates Plus - Westlake Village Thousand Oaks - Thousand Oaks</i>

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academic department
acupuncture clinic
after school program
amusement center
amusement park ride
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apartment complex
aquatic centre
arena
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athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor

country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club



martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic

sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization