

Power Strength Gym - Orlando

orlando

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https://www.electrofitness.com/gym/orlando/power-strength-gym-orlando_269374.php



orlando

Power Strength Gym - Orlando

Power Strength Gym: Your Ultimate Fitness Destination in Orlando, Florida

If you're looking for a top-notch gym experience in Orlando, Florida, look no further than **Power Strength Gym**. Known for its extensive equipment selection and welcoming atmosphere, this gym caters to everyone, from beginners to advanced lifters. Here's everything you need to know about the services and amenities they offer.

Service Options

Power Strength Gym provides multiple **service options** to fit various workout preferences. With a focus on bodybuilding and powerlifting, they offer everything from free weights to specialized machines. Members can also take advantage of **online classes** that allow them to work out from the comfort of their home.

Amenities

The gym is fully equipped with modern amenities to enhance your workout experience. Key features include:

Wheelchair-accessible car park and entrance: Making it easy for all members to access the gym. **Clean restrooms and toilets:** Maintained regularly to ensure a hygienic environment. **Wi-Fi:** Stay connected while you work out. **On-site services:** Friendly staff available to assist with membership inquiries and personal training sessions.

Community and Atmosphere

Visitors often rave about the community feel at Power Strength Gym. Many guests have highlighted the friendly and knowledgeable staff, with individuals like Byron and Efrain frequently mentioned for their exceptional customer service. Leah was noted for her honesty regarding day passes, creating a welcoming introduction for newcomers.

One user shared, "The atmosphere is super motivational, and the staff is 100% available to assist with any questions, making it a family-oriented environment."

Equipment Variety

The gym prides itself on having a vast array of equipment that goes beyond the basics. You can find dumbbells that go up to **200 pounds**, along with stairmasters and other machines that cater to serious workouts. Although some visitors mentioned that weights were occasionally misplaced, many appreciated the old-school vibe and the extensive range of choices available for leg days and more.

Accessibility and Pricing

Power Strength Gym ensures that everyone can join, offering flexible pricing options. You can secure a week pass for just \$40 or enjoy a **membership** that fits your budget. For those concerned about accessibility, the **wheelchair-accessible car park and entrance** make it a welcoming choice for all fitness enthusiasts.

Conclusion

Overall, Power Strength Gym stands out as a premier spot for fitness lovers in Orlando. With its outstanding community, extensive equipment options, and supportive atmosphere, this gym promises a rewarding workout experience. Whether you're a seasoned bodybuilder or just starting, Power Strength Gym is ready to help you achieve your fitness goals!

You will find us at

730 W Sand Lake Rd #254, 32809 Orlando, Florida - United States (US)

The contact phone of said **Gym** is +1407-985-1059

And if you want to send a WhatsApp, you can do so at +1407-985-1059

Our public attention hours are:

| Day | Hours |
|-----------|------------|
| Monday | 5?AM–12?AM |
| Tuesday | 5?AM–12?AM |
| Wednesday | 5?AM–12?AM |
| Thursday | 5?AM–12?AM |
| Friday | 5?AM–12?AM |
| Saturday | 5?AM–12?AM |
| Sunday | 7?AM–11?PM |

The website is Power Strength Gym

If necessary to update any information that you believe is not correct related to this page, please deliver a message so we can we will handle it promptly. In advance we appreciate it.

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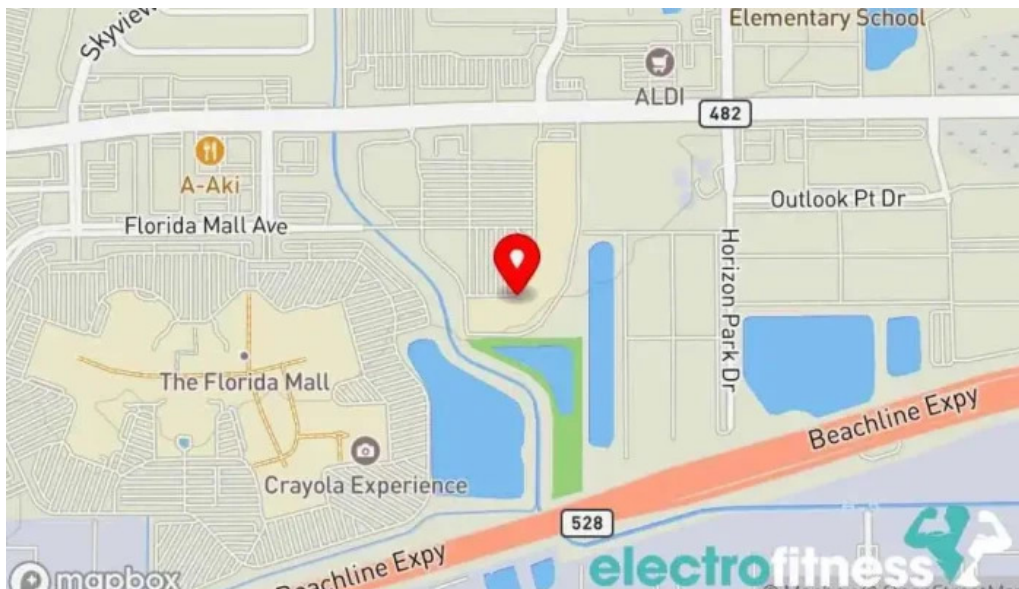
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Tags

Service options, Planning, Wi-Fi, On-site services, Wheelchair-accessible car park, Online classes, Wheelchair-accessible entrance, Membership required, Accessibility, Toilet, Amenities

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| boxing gym |
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| club |
| coffee shop |
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| kickboxing school |
| kinesiologist |
| kinesiotherapist |
| martial arts club |
| martial arts school |
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| massage therapist |
| medical spa |
| meditation center |
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| non-profit organization |
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