

Spectrum Performance & Physical Therapy - Orlando

orlando

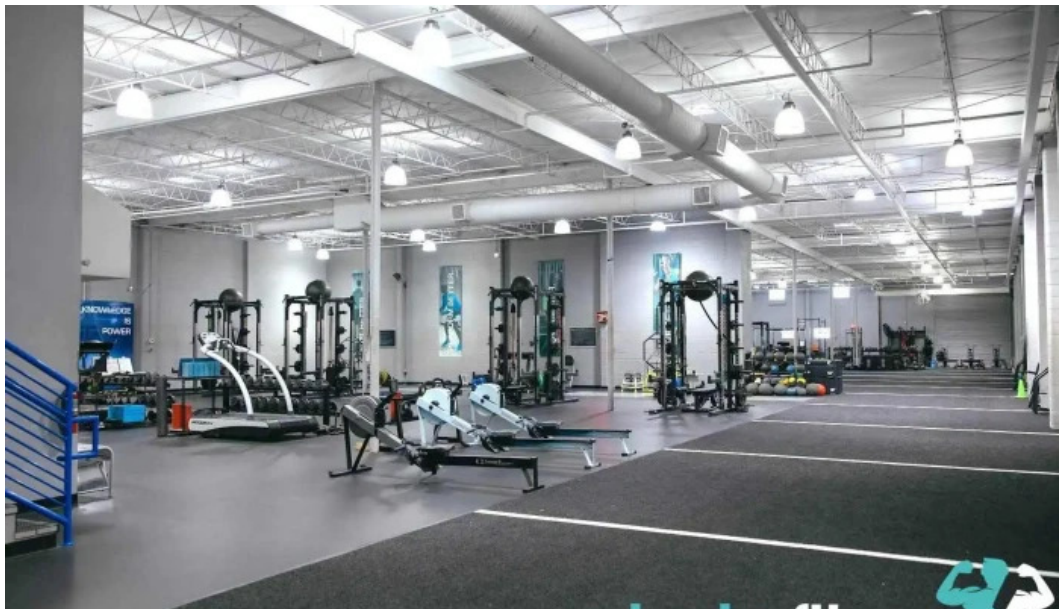
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orlando

Spectrum Performance & Physical Therapy - Orlando

Discover Spectrum Performance & Physical Therapy in Orlando, Florida

If you're looking for a premier fitness destination in Orlando, look no further than **Spectrum Performance & Physical Therapy**. This facility is dedicated to providing exceptional services, making fitness accessible for everyone. Here's what you can expect when planning your visit to this fantastic gym.

Planning Your Visit

When it comes to reaching your fitness goals, proper planning is essential. Spectrum offers various programs tailored to meet the needs of individuals at different fitness levels, including specialized therapy options like the “Return to Sport Program.” Visitors appreciate how this program successfully bridges the gap between physical therapy and getting back into activities you love.

Accessibility for Everyone

Spectrum understands the importance of accessibility. The gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that all members of the community can enjoy its facilities without any barriers. Feedback from members highlights the welcoming environment, where everyone—from beginners to seasoned athletes—can feel comfortable and supported.

Membership Benefits

While a **membership is required** to access the gym, many find it to be worth every penny. With well-trained staff and state-of-the-art equipment, members have shared experiences about their transformative journeys. From strength training to physical therapy, the services offered cater to a wide range of fitness needs, and many members noted the quality of trainers who guide and support them through their fitness journey.

Outstanding Facilities and Services

From group classes to personal training, Spectrum provides a variety of options to suit all fitness preferences. Clients rave about the professional staff and personalized approach. Many members report significant improvements in their health and fitness, thanks not only to the advanced equipment but also to the knowledgeable trainers who take a holistic approach, addressing not just isolated issues but overall well-being.

Community and Support

One of the standout features of Spectrum is the community atmosphere. Visitors frequently mention the supportive environment where everyone is encouraged to achieve their best. Whether you're participating in group fitness classes or engaging in one-on-one sessions, the camaraderie among members and staff alike creates a positive workout experience.

Conclusion

In conclusion, if you're considering a new gym in Orlando, **Spectrum Performance & Physical Therapy** should be at the top of your list. With its focus on accessibility, expertly designed programs, and a commitment to supporting every member's journey, it's a place where you can take significant steps towards your fitness goals. Remember, planning your visit will set you up for success, so don't hesitate to become a part of this thriving fitness community!

Our business is found at

4257 Daubert St, 32803 Orlando, Florida - United States (US)

The contact line of the respective **Gym** is +1321-218-0435

And if you want to send a WhatsApp, you can do so at +1321-218-0435

Our opening hours are:

Day	Hours
Monday	6?AM–7:30?PM
Tuesday	6?AM–7:30?PM
Wednesday	6?AM–7:30?PM
Thursday	6?AM–7:30?PM
Friday	6?AM–6:30?PM
Saturday	9–11?AM
Sunday	Closed

The website is SPECTRUM PERFORMANCE & PHYSICAL THERAPY

If you need to change any detail that you think is not accurate regarding this web, we ask send us a message and we will adjust it as soon as possible. With anticipation we appreciate it.

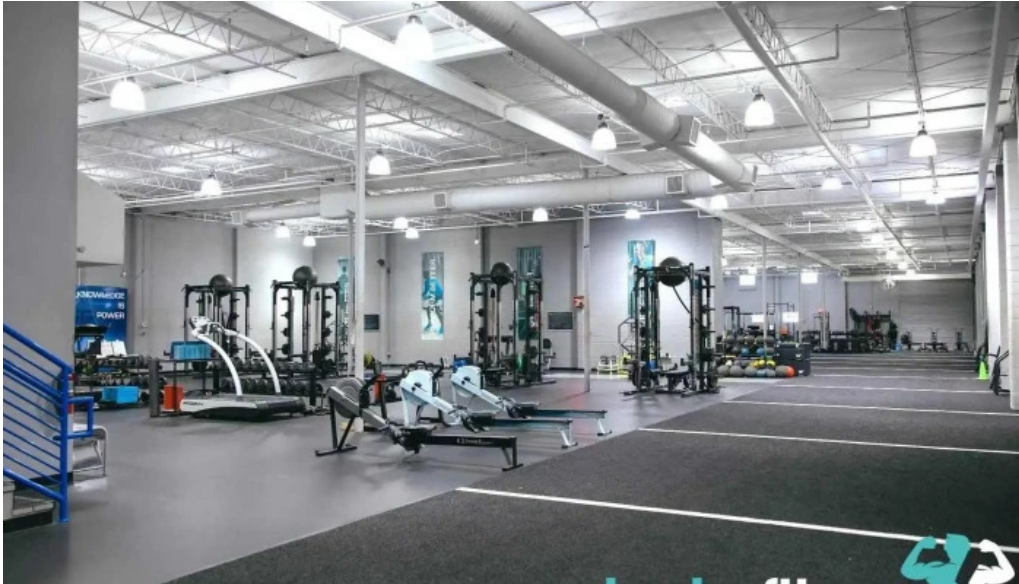
Images



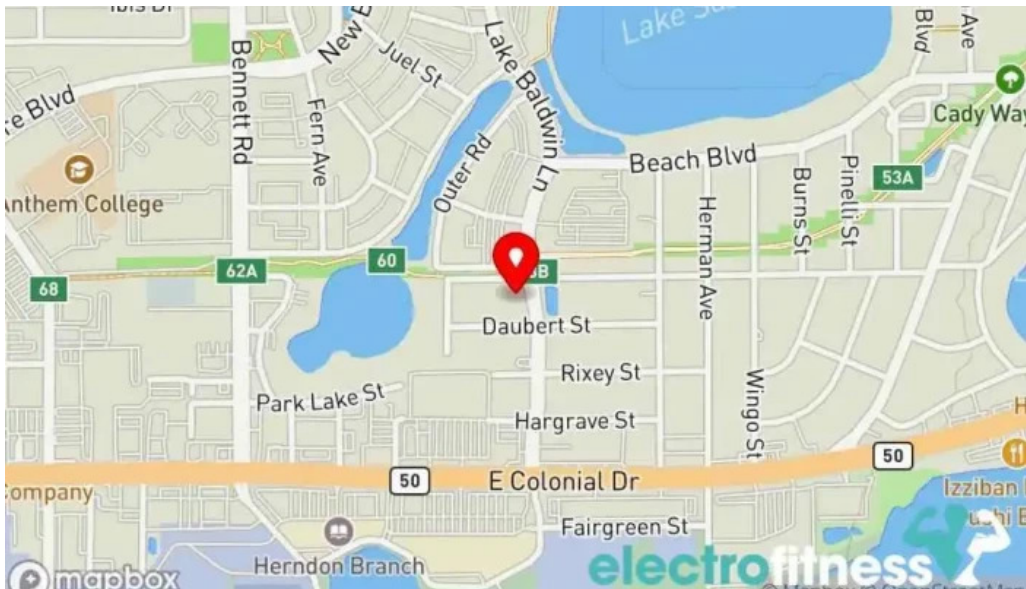
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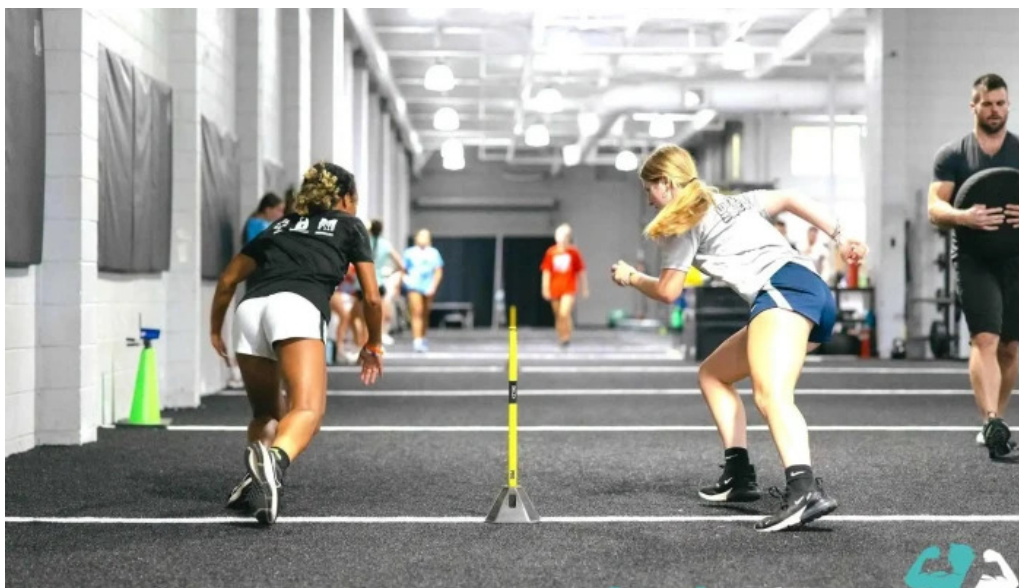
Spectrum performance physical therapy orlando



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Planning, Accessibility, Membership required

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physical fitness program
physical therapist
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pickleball court
pilates studio
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public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
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shopping mall
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