

Gold's Gym - Pharr

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Gold's Gym in Pharr, Texas: Accessibility and Amenities

Gold's Gym in Pharr, Texas, offers a variety of features designed to enhance the workout experience for all members. With **wheelchair-accessible entrances** and **toilets**, the facility prioritizes **accessibility** for everyone, ensuring that no one feels left out in their fitness journey.

Comprehensive On-Site Services

At this gym, **on-site services** include personal training, group classes, and a well-maintained **swimming pool**. Many users praise the friendly and

knowledgeable staff, with specific mention of trainers like Randy, who provides personalized training experiences. The **sauna** is another appreciated feature, although its consistency has been questioned due to occasional maintenance issues.

Planning Your Visit: Hours and Membership

For those looking to plan their workouts, Gold's Gym opens bright and early at **5 AM**, with employees like Ruben receiving commendations for their punctuality and welcoming attitude. However, a **membership is required** to access the facility, which some members have found frustrating due to cancellation policies and hidden fees they encountered.

Amenities: Beyond Just Equipment

While the gym boasts a variety of weight machines and free weights, critiques suggest that equipment could use some improvements. Members have pointed out that the **men's room** cleanliness needs attention and that overall maintenance, including broken machines and HVAC issues, should be addressed promptly. On the positive side, the gym offers numerous **amenities** such as: - **Sauna**: Ideal for post-workout relaxation. - **Swimming Pool**: A clean and maintained area for both lap swimming and leisure. - **Women's Section**: This space is highly valued for providing a comfortable environment for female members.

Customer Feedback: A Mixed Bag

Feedback on Gold's Gym in Pharr tends to be mixed. Some members rave about the atmosphere and class offerings, while others express dissatisfaction with the management and cleanliness issues. Reports of poorly managed member cancellations and equipment not working reliably are prominent among user feedback. Despite these criticisms, many still consider it a decent gym option in the Valley, noting the community feel and helpful staff.

Final Thoughts

In conclusion, Gold's Gym in Pharr presents a range of **service options** and amenities designed for an enjoyable and effective workout experience. While accessibility features cater to all members, ongoing management and maintenance improvements are essential for enhancing overall satisfaction. For anyone considering joining, it's important to weigh the positives against the reported drawbacks.

Our establishment is located at

1317 S Jackson Rd, 78577 Pharr, Texas - United States (US)

The contact phone of said **Gym** is +1956-781-4653

And if you want to send a WhatsApp, you can do so at [+1956-781-4653](https://wa.me/19567814653)

We open at the following schedule:

Day	Hours
Monday	8?AM–8?PM
Tuesday	5?AM–12?AM
Wednesday	5?AM–12?AM
Thursday	5?AM–12?AM
Friday	5?AM–12?AM
Saturday	5?AM–11?PM
Sunday	8?AM–8?PM

The website is [Gold's Gym](#)

In case you want to update any information that you believe is incorrect regarding this page, we urge you to send a message so that we will adjust it at the earliest convenience. With anticipation thank you very much.

Images



Golds gym website



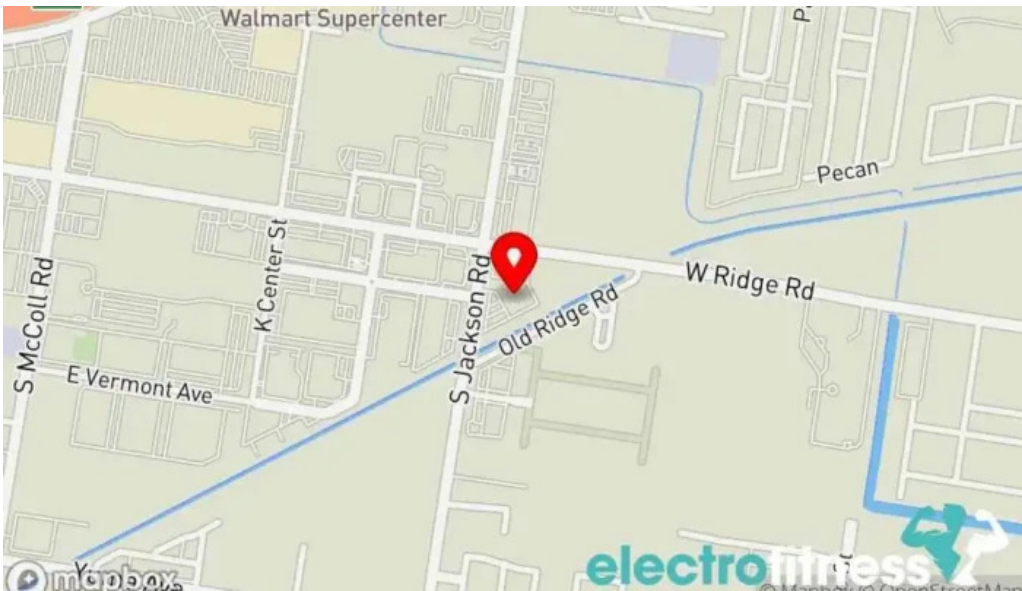
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