

## Ahwatukee Foothills Family Ymca - Phoenix

phoenix

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## Ahwatukee Foothills Family Ymca - Phoenix

### Exploring Ahwatukee Foothills Family YMCA: A Community Hub in Phoenix, Arizona

The Ahwatukee Foothills Family YMCA is more than just a gym; it is a vibrant community hub that offers various **\*\*service options\*\*** for members of all ages. Located in the heart of Phoenix, Arizona, this facility boasts exceptional amenities designed to cater to families and fitness enthusiasts alike.

#### Facilities and Amenities

Whether you're looking to shoot some hoops on the **\*\*basketball court\*\***,

engage in a friendly match on the **\*\*volleyball court\*\***, or take a refreshing dip in the **\*\*swimming pool\*\***, the Ahwatukee YMCA has something for everyone. The facility features modern equipment, a spacious workout area, and even **\*\*outdoor services\*\*** like biking which provides residents with ample opportunities to stay active. Accessibility is a key focus at this YMCA. The **\*\*wheelchair-accessible car park\*\*** and **\*\*wheelchair-accessible entrance\*\*** ensure that everyone can enjoy the diverse programs offered. Members frequently express satisfaction about the cleanliness and upkeep of the facilities, noting that it is indeed a welcoming environment.

## **Community Engagement and Programs**

The Ahwatukee YMCA prides itself on fostering a sense of community. Many parents share positive experiences their children have had with various sports programs, such as the intramural volleyball league. Coaches like Kain England are recognized for their exceptional leadership, making sports not only competitive but also enjoyable and educational. Each game starts with a team creed that emphasizes respect and collaboration, which many parents appreciate. In addition to sports, the YMCA offers a variety of classes, including aqua and dry land activities. Feedback from members indicates that the variety of classes available meets the needs of individuals at all fitness levels, creating an inclusive atmosphere.

## **Childcare Services and Family Programs**

While the YMCA aims to provide excellent childcare services, it is worth noting that there have been mixed reviews regarding this aspect. Some parents have praised the staff for creating a nurturing space, while others have raised concerns regarding supervision and communication. The organization is actively working towards improving these areas to enhance the overall experience for families. For those who plan on making the YMCA a part of their routine, **\*\*membership is required\*\***. This membership opens doors to numerous activities, classes, and amenities tailored to the diverse community it serves.

## **Conclusion**

The Ahwatukee Foothills Family YMCA stands out as a fantastic option for individuals and families looking to maintain an active lifestyle while being part of a supportive community. With its range of **\*\*amenities\*\***, commitment to accessibility, and varied programming, it has become a cornerstone for fitness and family engagement in Phoenix, Arizona. Whether you're a seasoned athlete or just starting your fitness journey, this YMCA is committed to providing all members with a rewarding experience.

## **The location of our premises is**

1030 E Liberty Ln, 85048 Phoenix, Arizona - United States (US)

The phone number of this **Gym** is +1480-759-6762

And if you want to send a WhatsApp, you can do so at +1480-759-6762

## **Our opening hours are:**

| Day       | Hours     |
|-----------|-----------|
| Monday    | 5?AM–9?PM |
| Tuesday   | 5?AM–9?PM |
| Wednesday | 5?AM–9?PM |
| Thursday  | 7?AM–5?PM |
| Friday    | 7?AM–5?PM |
| Saturday  | 5?AM–9?PM |
| Sunday    | 5?AM–9?PM |

The website is Ahwatukee Foothills Family YMCA

If you require to alter any data that you think is incorrect related to this web, please send a message so that we will handle it as soon as possible. With anticipation we appreciate it.

## **Images**



*Ahwatukee foothills family ymca where*



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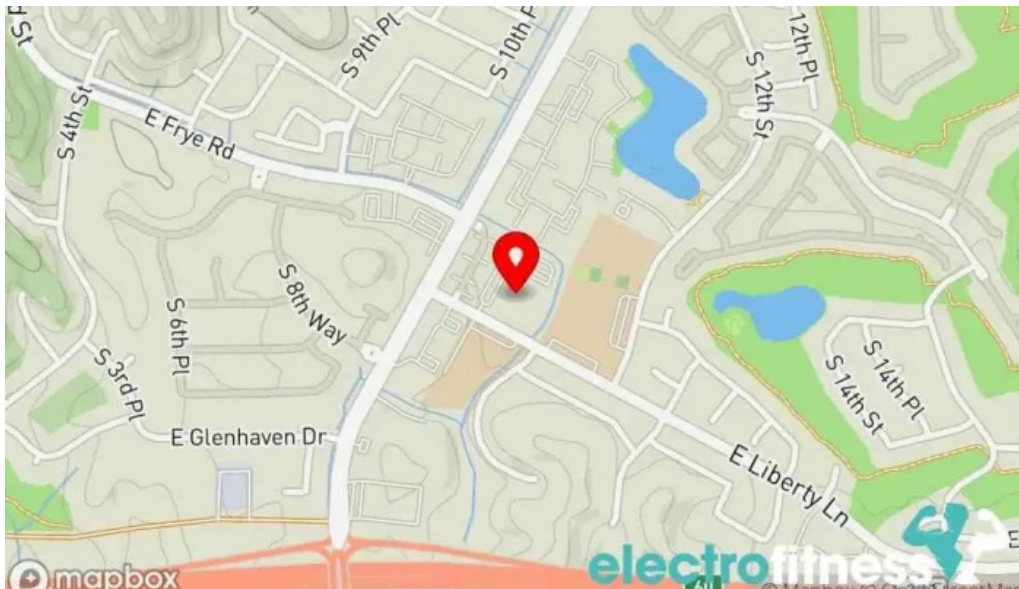


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*Ahwatukee foothills family ymca map*



*Ahwatukee foothills family ymca gym*





*Ahwatukee foothills family ymca by owner*



*Ahwatukee foothills family ymca area*



*Ahwatukee foothills family ymca all*

## Tags

*Basketball court, Volleyball court, Amenities, Planning, Outdoor services, Swimming pool, Wheelchair-accessible entrance, Accessibility, Membership required, Service options, Wheelchair-accessible car park*

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## Categories

|                              |
|------------------------------|
| academic department          |
| acupuncture clinic           |
| after school program         |
| amusement center             |
| amusement park ride          |
| animal feed store            |
| aquatic centre               |
| arena                        |
| association / organization   |
| athletic club                |
| auditorium                   |
| bar                          |
| basketball club              |
| basketball court             |
| body shaping class           |
| boot camp                    |
| boxing club                  |
| boxing gym                   |
| boxing ring                  |
| children's party service     |
| chiropractor                 |
| church                       |
| club                         |
| coffee shop                  |
| community center             |
| convenience store            |
| counselor                    |
| country club                 |
| coworking space              |
| cultural center              |
| dance company                |
| dance school                 |
| day spa                      |
| dollar store                 |
| educational institution      |
| elementary school            |
| exercise equipment store     |
| facial spa                   |
| firearms academy             |
| fitness                      |
| fitness center               |
| fitness equipment wholesaler |

|                           |
|---------------------------|
| food producer             |
| gated community           |
| golf club                 |
| golf course               |
| golf instructor           |
| grocery store             |
| gym                       |
| gymnasium school          |
| gymnastics center         |
| hair salon                |
| health consultant         |
| health food restaurant    |
| health spa                |
| hiking area               |
| hospital                  |
| hotel                     |
| indoor cycling            |
| jujitsu school            |
| karate club               |
| karate school             |
| kennel                    |
| kickboxing school         |
| kinesiologist             |
| kinesiotherapist          |
| martial arts club         |
| martial arts school       |
| massage spa               |
| massage therapist         |
| medical spa               |
| meditation center         |
| metaphysical supply store |
| muay thai boxing gym      |
| non-profit organization   |
| nutritionist              |
| park                      |
| parking lot               |
| personal trainer          |
| pharmacy                  |
| physical fitness program  |
| physical therapist        |
| physical therapy clinic   |
| pickleball court          |



|                                |
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| pilates studio                 |
| private golf course            |
| public educational institution |
| public swimming pool           |
| recreation center              |
| rehabilitation center          |
| rock climbing gym              |
| rv park                        |
| sauna                          |
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| self defense school            |
| senior citizen center          |
| shooting range                 |
| shopping mall                  |
| soccer club                    |
| spa                            |
| spa and health club            |
| sporting goods store           |
| sports club                    |
| sports complex                 |
| sports massage therapist       |
| sports medicine clinic         |
| sports nutrition store         |
| sports school                  |
| summer camp organizer          |
| supermarket                    |
| swimming facility              |
| swimming instructor            |
| swimming school                |
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| training centre                |
| vitamin & supplements store    |
| weight loss service            |
| weightlifting area             |
| wellness center                |
| wellness program               |
| women's personal trainer       |
| wrestling school               |
| yoga instructor                |
| yoga studio                    |
| youth organization             |