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Jeb Boxercise - Phoenix

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Jeb Boxercise - Phoenix

Gym Jeb Boxercise: A Unique Black-Owned Fitness Experience in Phoenix, Arizona

When it comes to fitness facilities in Phoenix, Arizona, **Gym Jeb Boxercise** stands out not only for its boxing classes but also for its identity as a **Black-owned** business. This aspect significantly enriches the community vibe and promotes diversity in the fitness industry.

From the Business: What Jeb Boxercise Offers

Jeb Boxercise offers a range of boxing and fitness classes suitable for all skill

levels. Whether you're a seasoned athlete or a complete beginner, the gym aims to provide a welcoming environment where everyone can thrive. Many attendees appreciate the inclusive atmosphere that encourages participation and personal growth in both mental and physical aspects.

Accessibility Considerations

A significant focus for Gym Jeb Boxercise is ensuring accessibility for all members of the community. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easier for individuals with mobility challenges to participate in classes without any hindrance.

User Reviews: Mixed Experiences

While many enjoy the services offered at Gym Jeb, it's important to consider the diverse feedback from patrons: - One individual who delivered a package to the gym reported feeling unwelcome and remarked on the **negative energy** within the space. Their experience highlighted a lack of positive communication skills from the staff, suggesting that customer service might need improvement. - Conversely, some users celebrate their experiences, noting the positive vibes and supportive community. One attendee expressed that they loved the environment and how **beginner-friendly** the classes are, emphasizing personal development and motivation. - Another review pointed out a concerning interaction involving disrespectful comments during a class, which raises questions about the culture and training around conflict resolution within the gym.

A Community Hub

Despite mixed reviews, Gym Jeb Boxercise remains a space for individuals seeking to release stress and improve their well-being. **Participants** have noted that stepping into the gym cultivates determination, and they leave feeling accomplished. Many recommend Jeb himself, acknowledging him as an experienced trainer who provides excellent workouts and maintains a cool demeanor.

Conclusion

In summation, Gym Jeb Boxercise embodies a blend of inclusivity, accessibility, and fitness training within the Phoenix community. Although there are varying opinions regarding the atmosphere and interactions, the gym's commitment to being **Black-owned** and accessible positions it as a unique player in the local fitness scene. Whether you're looking for intense boxing classes or a supportive community to grow in, Gym Jeb Boxercise is worth considering, but be prepared for a raw and unfiltered experience.

We are situated in

4747 E Elliot Rd A127, 85044 Phoenix, Arizona - United States (US)

The phone of the respective **Gym** is <u>+1602-775-2462</u> And if you want to send a WhatsApp, you can do so at<u>+1602-775-2462</u>

Our business hours are:

Day Hours
Monday
5–11?AM 12–4?PM 4:30–6?PM
Tuesday
5–11?AM 12–4?PM 4:30–6?PM
Wednesday
5–11?AM 12–4?PM 4:30–6?PM
Thursday
7?AM–11?PM
Eriday
Closed
Saturday
5–11?AM 12–4?PM 4:30–6?PM
Sunday
5–11?AM 12–4?PM 4:30–6?PM

The website is Jeb Boxercise

If you need to change any detail that you think is not precise concerning this portal, we ask send a message so we can we will adjust it as soon as possible. Thank you in advance thanks for your cooperation.

Images



Jeb boxercise street view 360deg



Jeb boxercise phoenix



Jeb boxercise map



Jeb boxercise all

Tags

Identifies as Black-owned, From the business, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park

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spa and health club
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sports complex
sports massage therapist
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sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor

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