

Row House Fitness North Hills - Pittsburgh

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Row House Fitness North Hills - Pittsburgh

Discover Row House Fitness North Hills in Pittsburgh, Pennsylvania

If you're searching for a welcoming and empowering fitness experience, look no further than Row House Fitness North Hills. Located in Pittsburgh, this studio offers a unique rowing workout that combines strength training and cardio for a complete body workout.

Service Options

Row House North Hills provides a range of service options tailored to meet the needs of all fitness levels. Whether you are a beginner or a seasoned athlete, there is a class for you. The flexibility of class scheduling allows you to find a time that suits your busy lifestyle. Plus, with **online classes** available, you can exercise from the comfort of your home.

Accessibility and Parking

Accessibility is a priority at Row House. The facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. For those driving to the gym, there's a **free parking lot**, a **free multi-storey car park**, and convenient **parking** options available.

Appointment Required

To ensure a personalized experience, classes require an appointment. This ensures that everyone receives the attention they need, particularly during busy hours.

On-Site Services

The on-site services provided by Row House North Hills enhance the overall workout experience. With knowledgeable coaches, each class is designed to push you beyond your limits while ensuring proper technique. Comments from members highlight the exceptional coaching, particularly from Senior Master Coach Michelle Parolini, who is renowned for her motivating style and form corrections that can transform your workout.

A Community of Support

One of the standout features of Row House North Hills is its community atmosphere. Members often express how welcomed and motivated they feel, thanks to the supportive staff and fellow participants. "The energy in each class is contagious, and I always leave feeling accomplished," shared a regular attendee.

Classes Offered

Row House offers a variety of classes, including Signature, Strength, and Restore sessions. Each class challenges your endurance and strength, providing a well-rounded workout experience. Many members have noted improvements in their fitness levels, stating that they've accomplished goals they never thought possible.

Women-Owned Business

Row House Fitness North Hills identifies as a women-owned business, fostering an inclusive environment where everyone is encouraged to succeed. The coaching staff is renowned for their expertise and genuine care for each member's journey. With a strong emphasis on empowering women, this gym has become a favorite among female fitness enthusiasts in Pittsburgh.

Conclusion

If you're ready to transform your fitness routine and want to be part of a supportive community, consider trying a class at Row House Fitness North Hills. Your first class is free, allowing you to experience the infectious energy and motivation firsthand. Don't miss out on the chance to find your new fitness home!

The address of our establishment is

6252A Northway Mall Dr, 15237 Pittsburgh, Pennsylvania - United States (US)

The phone number of the respective **Gym** is +1412-906-9564

And if you want to send a WhatsApp, you can do so at +1412-906-9564

We are open during the following hours:

Day Hours

Monday

5:15?AM–6:30?PM

Tuesday

7:15–10:30?AM

Wednesday

8–11?AM

Thursday

5:15?AM–8?PM

Friday

5:15?AM–8?PM

Saturday

5:15?AM–8?PM

Sunday

5:15?AM–8?PM

The website is Row House Fitness North Hills

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Images



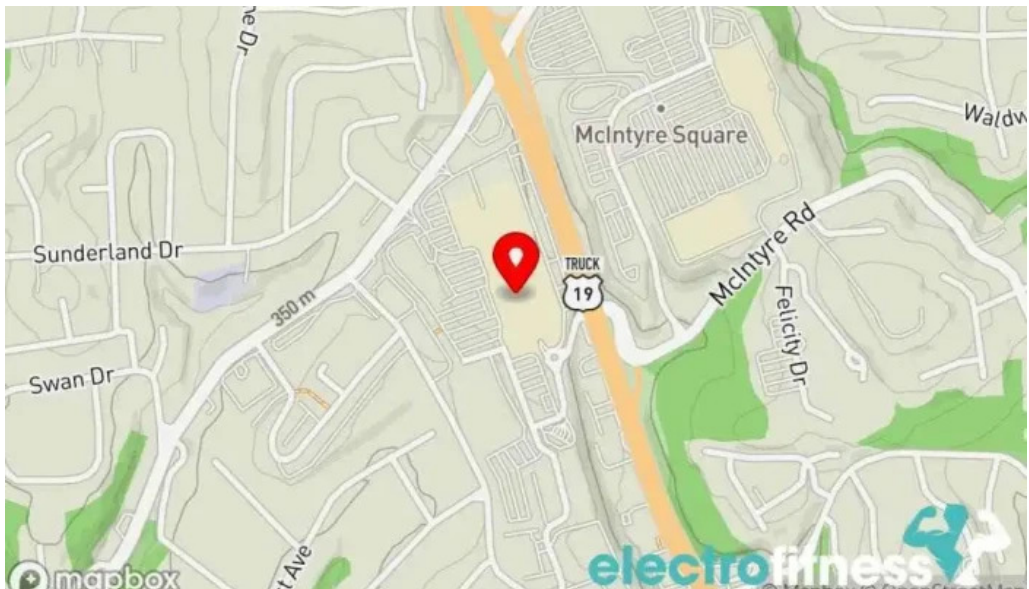
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Row house fitness north hills gym



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Tags

On-site services, Identifies as women-owned, Wheelchair-accessible car park, Appointment required, Free parking lot, Free multi-storey car park, From the business, Online classes, Parking, Accessibility, Wheelchair-accessible entrance, Planning, Service options

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