

Freedom Fitness 615 - Portland

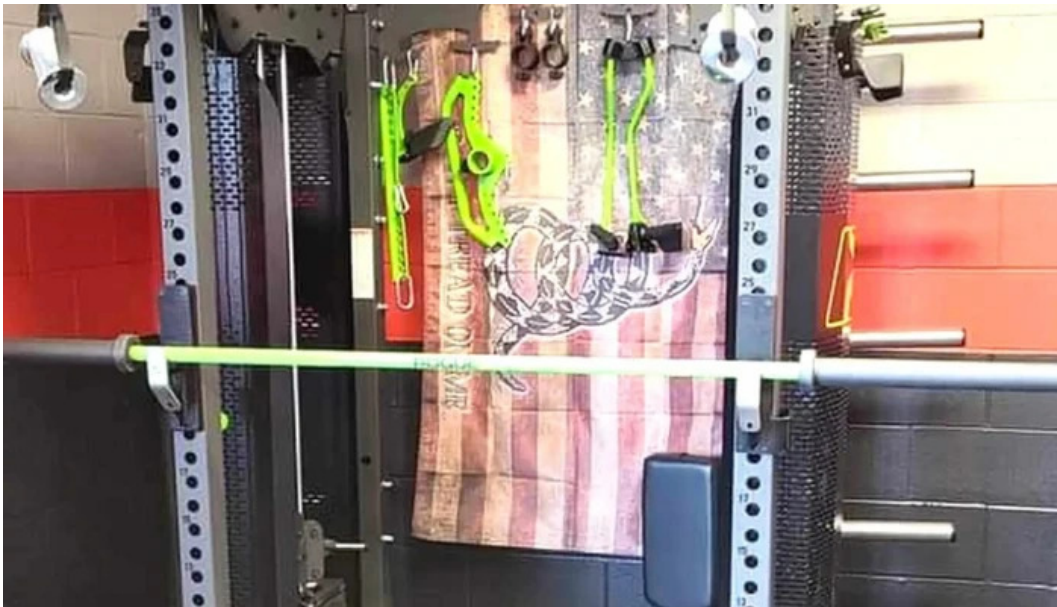
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Freedom Fitness 615 - Portland

Welcome to Freedom Fitness 615 in Portland, TN

If you're searching for a gym that offers a supportive environment, innovative training methods, and a sense of community, look no further than **Freedom Fitness 615**. This gym is more than just a workout space; it's a place where members become part of a fitness family.

Service Options

Freedom Fitness 615 provides a variety of service options to cater to different fitness levels and preferences. Whether you prefer **online classes**, 1-on-1 personal training, or group boot camp sessions, you'll find a program that suits your needs. The gym even offers classes tailored for youth athletes, yoga sessions, and strength training, ensuring everyone has something to engage with.

Membership Required

To fully enjoy the benefits of Freedom Fitness 615, a **membership is required**. This membership opens the door to all the amenities and specialized training programs designed to help each member thrive.

On-Site Services

The gym boasts **on-site services** that focus on individual needs. Coaches like Austin and Will provide personalized training programs and nutritional guidance, making sure you have all the tools necessary for success.

Amenities

Freedom Fitness 615 is equipped with top-notch amenities that enhance your workout experience. From state-of-the-art equipment to a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, the facilities are designed with inclusivity and comfort in mind. Members also enjoy high-speed **Wi-Fi** for easy access to online resources and classes.

Planning Your Workouts

One of the standout features of Freedom Fitness 615 is the careful **planning** that goes into every workout session. Coaches structure classes to ensure that workouts are not just about attendance but about genuine progress and growth. Each day presents a new challenge, keeping members engaged and motivated.

Accessibility

In addition to being **wheelchair-accessible**, Freedom Fitness emphasizes an inclusive atmosphere. The trainers are dedicated to accommodating all fitness levels, making it a welcoming space for everyone from beginners to seasoned athletes.

Appointment Required

For those seeking focused attention, an **appointment is required** for 1-on-1

training sessions. This ensures that trainers can provide personalized support tailored to individual goals.

Join the Family at Freedom Fitness 615

Members consistently rave about the supportive community, describing it as a **family**. You're not just a number but a valued part of a motivational culture that encourages you to succeed. Whether you're just starting out or looking to push past your limits, Freedom Fitness 615 has the right environment, coaching expertise, and facilities to help you reach your fitness goals!

Don't wait any longer; experience the difference at Freedom Fitness 615. Sign up today and take the first step towards a healthier, happier you!

We are at

115 E Knight St, 37148 Portland, Tennessee - United States (US)

The phone of the mentioned **Gym** is +1615-946-3114

And if you want to send a WhatsApp, you can do so at +1615-946-3114

We are open during the following hours:

Day Hours

Monday

5–11?AM 3:30–8?PM

Tuesday

5–11?AM 3:30–8?PM

Wednesday

5–11?AM 3:30–8?PM

Thursday

5–11?AM 3:30–7?PM

Friday

7?AM–12?PM

Saturday

Closed

Sunday

5–11?AM 3:30–8?PM

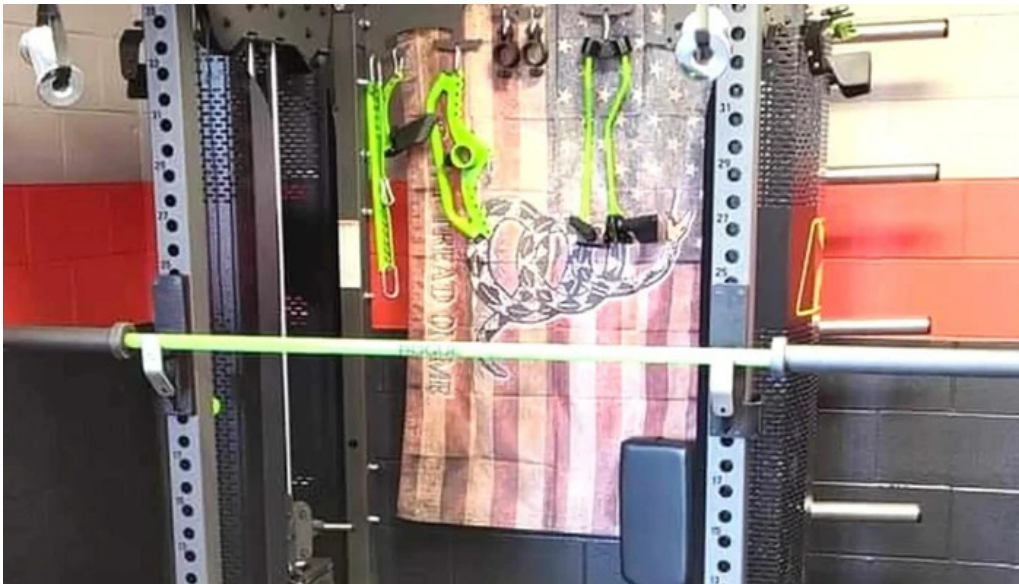
The website is Freedom Fitness 615

If you require to alter any element that you consider is not correct regarding this site, we urge you to forward a message so we can we will fix it at the earliest convenience. Thank you in advance thanks for your cooperation.

Images



Freedom fitness 615 street view 360deg



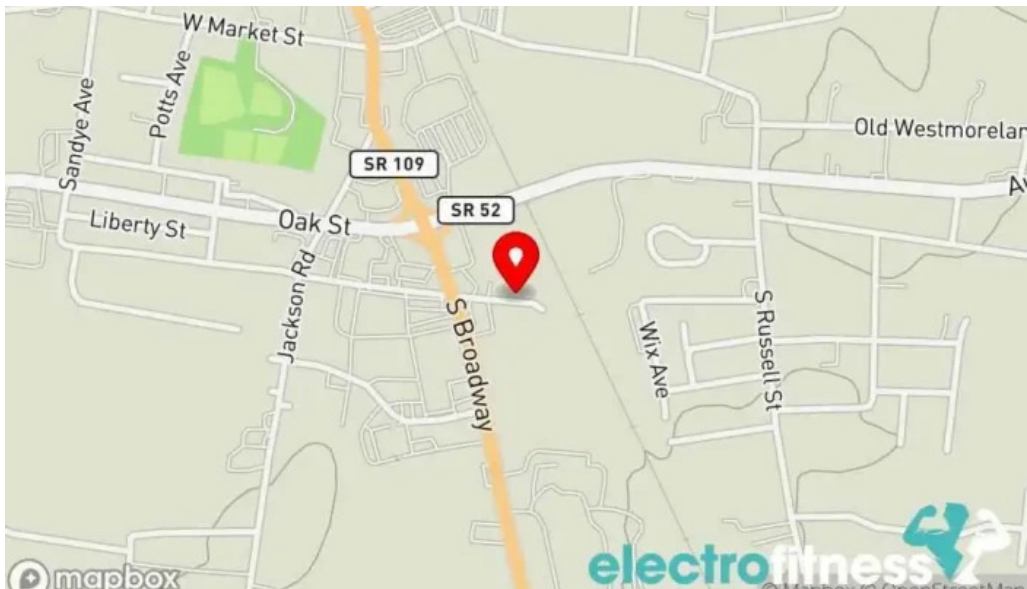
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Freedom fitness 615 phone



Freedom fitness 615 open now



Freedom fitness 615 map



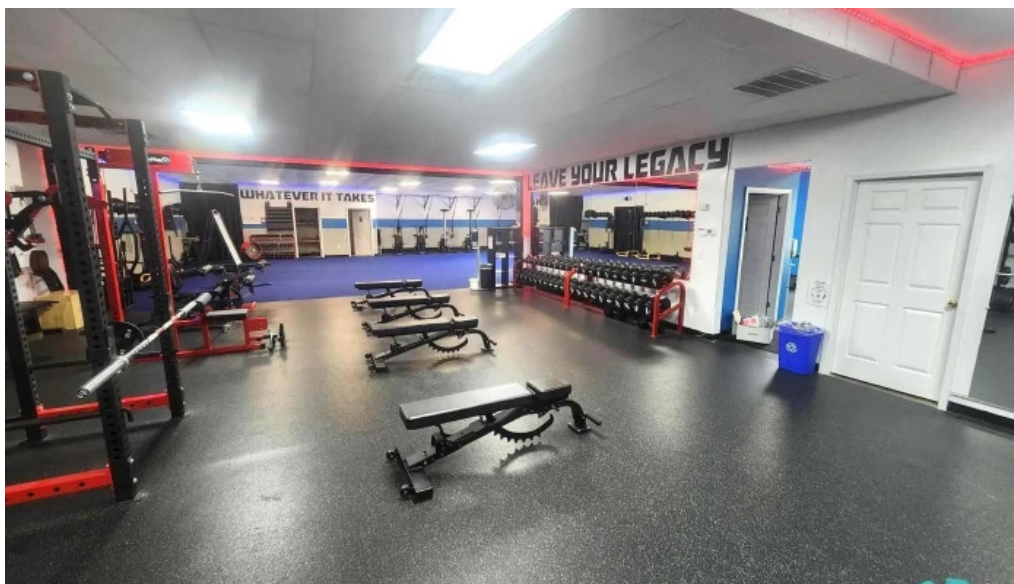
Freedom fitness 615 gym



Freedom fitness 615 comments



Freedom fitness 615 by owner



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Tags

Online classes, On-site services, Amenities, Planning, Wi-Fi, Accessibility, Wheelchair-accessible entrance, Membership required, Wheelchair-accessible car park, Appointment required, Service options

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Comments

Oh, mate, let me tell you about Austin's top-notch gym! The atmosphere is absolutely brilliant, with a real sense of community and camaraderie. And don't even get me started on the workouts - they're absolutely smashing! The boot camp style fitness program is top-notch, suitable for all levels but never failing to challenge me to push myself that extra bit. Without a doubt, one of the finest gyms in the area - can't recommend it enough!

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bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
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chiropractor
church
club
coffee shop
college
community center
convenience store
counselor
country club

coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
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elementary school
exercise equipment store
facial spa
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health food restaurant
health food store
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jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club

martial arts school
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massage therapist
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medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
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physical therapist
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psychotherapist
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public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
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spa and health club

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sports club
sports complex
sports massage therapist
sports medicine clinic
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swimming pool
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